



# GURU NANAK COLLEGE

Postgraduate Multi Faculty Premier College  
KILLIANWALI, DISTT. SRI MUKTSAR SAHIB (Pb.) - 151211  
NAAC Accredited Grade "B"

Recognized by U.G.C. Under Section 2 (f) & 12 (B) & Permanently Affiliated to Panjab University Chandigarh

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## 1. Description

### 1. Soft skills:

Our college staff members always remain in touch with the students to motivate them how to speak, how to organize activities, developing the leadership qualities etc. as the soft skills matter a lot in the workplace. Listening, communication and delegation are all examples of soft skills.

Soft skill training is provided to the students to understand the role of listening skills in effective communication by conducting of Clean India Campaign, Role of Swami Vivekananda thoughts in present scenario, Vigilance awareness week etc. Seminars, Webinars and workshops are organized for the students to enhance their presentation skills, inter-personal skills, team building, emotional intelligence and decision making.

### 2. Language and communication skills:

The college always promotes the language and communication skills among the students by conducting various activities through different departments like writing, reading, class presentations through different subject topics, organize seminars, organizing role play in classes, group discussion etc. for the benefit of the students. Communicative English is a part of the regular curriculum in few programs which includes practical sessions in the language.

### 3. Life skills (Yoga, physical fitness, health and hygiene)

#### \*Yoga

In today's stressful world, every person wants mental peace for residing in the healthy environment. The college promotes the mental peace among the students through organizing different regular activities like yoga and meditation classes for students and faculty members in order to enhance their physical and mental health. Yoga camp is being organized regularly by NCC & NSS. Every year International Yoga Day is observed in the institution by the NCC cadets. The college also organizes the motivational extension lectures for the benefit of students.

#### \*Physical Fitness

To promote the physical fitness among the students, college has different facilities which are provided to the students. Institution is having two big grounds, swimming pool, badminton

  
Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



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indoor and outdoor, table tennis, Gym which is equipped with ultra-modern equipment's etc. Gym is open in College hours.

## Health and Hygiene

### (i) Health Centre-

Institution is having a first-aid room under the supervision of College Red Cross Society. College Women cell also organizes awareness lectures particularly on Girls/Women's centric health and hygiene issues.

The Institution has four Reverse Osmosis (RO) to provide drinking water to the students as well as the staff members. The campus is facilitated with water coolers in every block to cater to the need of pure and safe drinking water to all. A high level of maintenance attention and regular testing ensure the water is hygienic.

## 4. ICT/Computing Skills:

Today the modern world is converting from traditional to modern ICT facilities and the college doing its best to grab the opportunity to aware the students about these new facilities. ICT classes for faculty members have been arranged by Deptt. of Computer Science.

## 2. Soft Skills


Participation of Cadets in Govt. Prade at Govt. Rajindra College on 15-08-2021


123.

Participation of Seven Cadets in Govt. Prade  
HELD AT Govt. RAJINDRA COLLEGE, BATHINDA

Our Seven Cadets were selected in Govt. Prade held at Govt. Rajindra college, Bathinda. The Name and Enrolment Number of Cadets are as follows.

Sr.No.	Enrolment No.	Name of Student.
1.	PB/19/SW/A/196276	Gagandeep Kaur
2.	PB/19/SW/A/196278	Harpreet Kaur
3.	PB/19/SW/A/196275	Manpreet Kaur
4.	PB/20/SD/A/196298	Khushwinder
5.	PB/19/SD/A/196281	Gautam
6.	PB/20/SD/A/196292	Sahil
7.	PB/19/SD/A/196284	Sachdeep Motton

(Principal) 







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Online Extension Lecture on India's Freedom why it happened in 1947 and why not earlier

ONLINE Extension Lecture on 14 Aug. 2021 119.  
to celebrate 75th Anniversary of  
India's Independence (AZADI KA AMRIT MAHOTSAV)  
Newson - 19-Aug-2021

As per the instructions from DPS/Punjab Govt. received by email to organised online events in the memory of freedom fighters to commemorate 75th Anniversary of Independence of India. An online extension lecture was jointly organised by NCC & NSE on 14-Aug-2021 at 4:00 PM on Google Meet on the topic "India's Freedom: Why it happened in 1947, and why not earlier?"

In which MS Janny Chawala, Asst. Prof (History) from DAV College Amritsar, delivered the online lecture & enlightened the audience with the reason for date Independence.

**विषय पर एक ऑनलाइन विस्तार व्याख्यान का आयोजन**

उद्देश्य: भारत की स्वतंत्रता की 75वीं वर्षगांठ के अवसर पर, गुरु नानक कॉलेज किल्लियांवाली ने अपनी एक्सटेंशन इकाई और एम्पली इकाई के माध्यम से 'भारत की 1947 में स्वतंत्रता' विषय पर एक ऑनलाइन विस्तार व्याख्यान का आयोजन किया। विस्तार विभाग में महापाठक प्रोफेसर जियन केनेथ चवला ने मुख्य वक्ता के रूप में व्याख्यान दिया। एक्सटेंशन इकाई प्रोफेसर अशोक शर्मा ने मुख्य वक्ता के परिचय के साथ साथ की शुरुआत की और भारत की स्वतंत्रता की 75वीं वर्षगांठ के अवसर में सभी को बधाई दी। विभिन्न स्वतंत्रता संग्रामियों द्वारा स्वतंत्रता संग्राम के बारे में ऐतिहासिक घटनाओं के बारे में

प्रारंभ 1935 में भारत सरकार के लिए प्रतिष्ठित अर्थशास्त्री और इतिहास विद्वान जे. एच. मेन्स की अध्यक्षता में एक समिति के द्वारा किया गया था। इस समिति ने 1945 में भारत की स्वतंत्रता के बारे में एक रिपोर्ट प्रस्तुत की। इस रिपोर्ट के आधार पर 1947 में भारत की स्वतंत्रता की घोषणा की गई।

इतिहास को समझें और भारत को समझें। 1919 में जलियाँवाला बाग की घटना के बाद भारत की स्वतंत्रता संग्राम में एक नया मोड़ आया।

आज हम 75 वर्षों की स्वतंत्रता का आनंद ले रहे हैं। हमें अपने नागरिकों को शिक्षित करना चाहिए और उन्हें अपने अधिकारों और दायित्वों के बारे में जागरूक करना चाहिए।

About total 50 participants.

(Principal)







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Ref. No. 114/MISC/2021 Dated. 12-08-2021

Miss Fanny Chawla  
Assistant Professor in History  
D.A.V. College  
Abohar-152116  
Dist. Fazilka (Punjab)

Subject:- Invitation for Online Extension Lecture on 14<sup>th</sup> August, 2021 to celebrate 75<sup>th</sup> Anniversary of India's Independence (AZADI KA AMRIT MAHOTSAV).

Dear Mam,

As you know that our whole country will be celebrating its 75<sup>th</sup> Anniversary of Independence on 15<sup>th</sup> August, 2021 to remember the contribution of freedom fighters. We hereby cordially invite you to grace the occasion with your benign presence by delivering an Online Extension Lecture on the topic "India's Freedom: Why it happened in 1947, and not earlier?" at 04:00 PM on 14<sup>th</sup> August, 2021 (Saturday) jointly organised by N.S.S. and N.C.C. unit.

This session will be organized on Google Meet platform.

Thanking you

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)

N.S.S. (P.O.)

N.C.C. (C.T.O.)

Contact: 84273-60037, 01668-222345  
website: www.gnckillianwali.com email: gnckillianwali@gmail.com

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Ref. No. 115/M.S/2021-22

Dated. 16-08-2021

Miss Fanny Chawla

Assistant Professor in History

D.A.V. College

Abohar-152116

Dist. Fazilka (Punjab)

Subject:- Letter of Appreciation/Gratitude for Online Extension Lecture held on  
14<sup>th</sup> August, 2021 to celebrate 75<sup>th</sup> Anniversary of India's Independence.

Dear Mam,

We would like to thank you for being part of the celebrations of 75<sup>th</sup> Anniversary of India's Independence (Azadi Ka Amrit Mahotsav). We highly appreciate that you accepted our invitation to grace the occasion and enlightened us by delivering an Online Extension Lecture on the topic "India's Freedom: Why it happened in 1947, and not earlier?" at 04:00 PM on Google Meet on 14<sup>th</sup> August, 2021 (Saturday) jointly organised by N.S.S. and N.C.C.

We thank you for your cooperation and we would like to collaborate for such kind of activities in future as well.

Estd. 1956

Thanking you

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)

N.S.S. (P.O.)

N.C.C. (C.T.O.)

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)

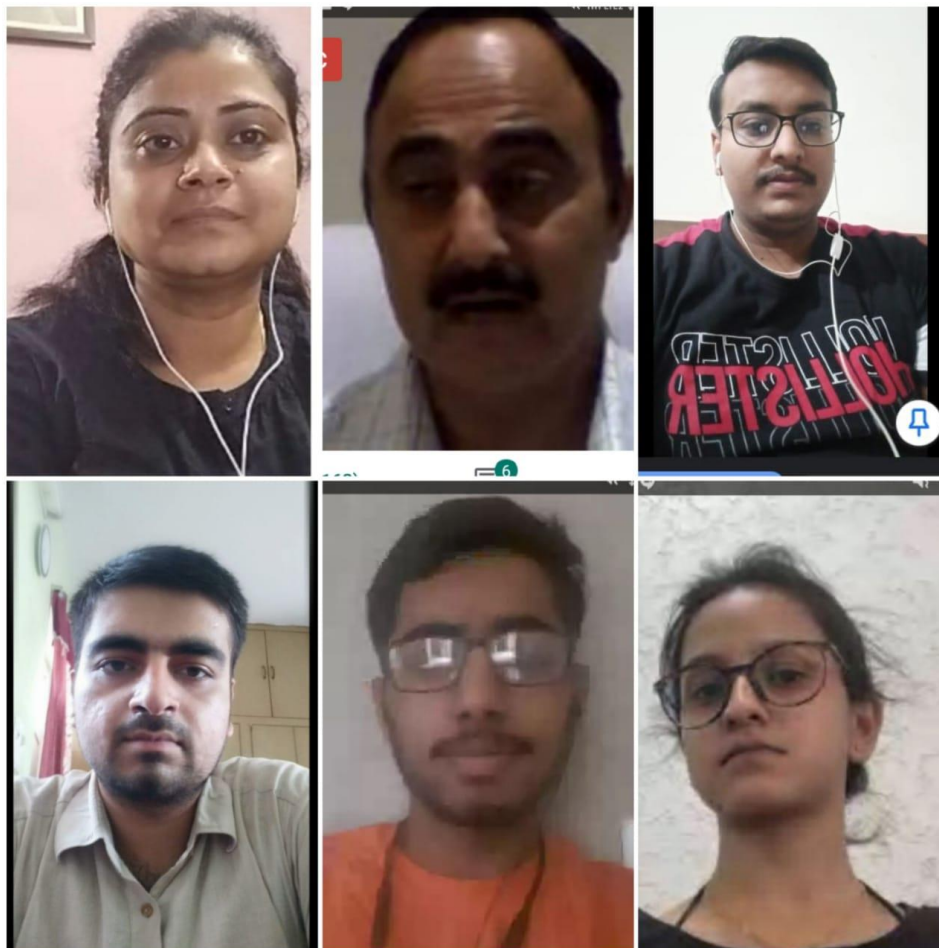




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seven day NCC camp 7 oct 21- 13 oct 21

Seven days NCC camp held at 134  
DAV College, Malout (From 07 Oct 2021 to 13 Oct 2021)

As per the directions from S.O. Br. NCC Bathinda, CTO Praveer Singh went with the students during camp at DAV College Malout from 7/10/21 to 12/10/21 and Mr. Manish Girdal on 13/10/21.

(PRINCIPAL)

135.

Seven day NCC camp ATC-117 is going to be held for the students who are appearing for BEE and CEG exam. The list of the students is attached alongwith. The camp will be held at DAV College, Malout from 07 October 2021 to 13 October 2021.

GURU NANAK COLLEGE KILLIANWALI (NOMINAL ROLL OF CADETS FOR ATTENDING CAMP ATC-117) BEE EXAM

Sr. No.	Regd. No.	Rank	Name of Cadet	Father's Name	DOB	College Name	Govt/Pvt	Bank IFSC Code	Bank Account Number	Bank Name
1	PB/20/SD/A/196292	Cadet	Sahi	Nirmal Kumar	10/26/2001	GNC KILLIANWALI	Govt. Aided	UBIN0563714	63102123000620	Union Bank of India
2	PB/20/SD/A/196293	Cadet	Harshpreet Singh	Kaldeep Singh	10/21/2002	GNC KILLIANWALI	Govt. Aided	SBN00017077	38676232997	State Bank of India
3	PB/20/SD/A/196294	Cadet	Gagandeep Singh	Baljinder Singh	9/6/2001	GNC KILLIANWALI	Govt. Aided	PUN00153410	1530100100000320	Punjab National Bank
4	PB/20/SD/A/196295	Cadet	Khushveer Singh	Simarjeet Singh	12/26/2002	GNC KILLIANWALI	Govt. Aided	PUN00101709	7709219101460	Punjab National Bank
5	PB/20/SD/A/196296	Cadet	Khushwinder Kumar	Kaldeep Kumar	6/18/2003	GNC KILLIANWALI	Govt. Aided	PUN00077100	0771000103016185	Punjab National Bank
6	PB/20/SD/A/196299	Cadet	Tajwinder Singh	Angrey Singh	2/23/2003	GNC KILLIANWALI	Govt. Aided	SBN00058392	65238634058	State Bank of India
7	PB/20/SD/A/196301	Cadet	Prince Sethi	Rajinder Kumar	8/13/2002	GNC KILLIANWALI	Govt. Aided	PUN00077100	0771001700156345	Punjab National Bank
8	PB/20/SD/A/196302	Cadet	Manveer Singh	Ramandeep Singh	1/10/2003	GNC KILLIANWALI	Govt. Aided	SBN00059479	65264442537	State Bank of India
9	PB/20/SD/A/196303	Cadet	Mohit	Lal Chand	1/8/2003	GNC KILLIANWALI	Govt. Aided	SBN00031021	61315512226	State Bank of India
10	PB/20/SD/A/196305	Cadet	Davinder Singh	Daldeep Singh	3/21/1999	GNC KILLIANWALI	Govt. Aided	SBN00050392	65232170827	State Bank of India
11	PB/20/SW/A/196308	Cadet	Jasmeen	Sargal	10/14/2002	GNC KILLIANWALI	Govt. Aided	PUN00077100	0771001700178432	Punjab National Bank
12	PB/20/SW/A/196309	Cadet	Neeru	Surinder Kumar	6/24/2003	GNC KILLIANWALI	Govt. Aided	PUN00077100	0771001700100200	Punjab National Bank

NCC CTO

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



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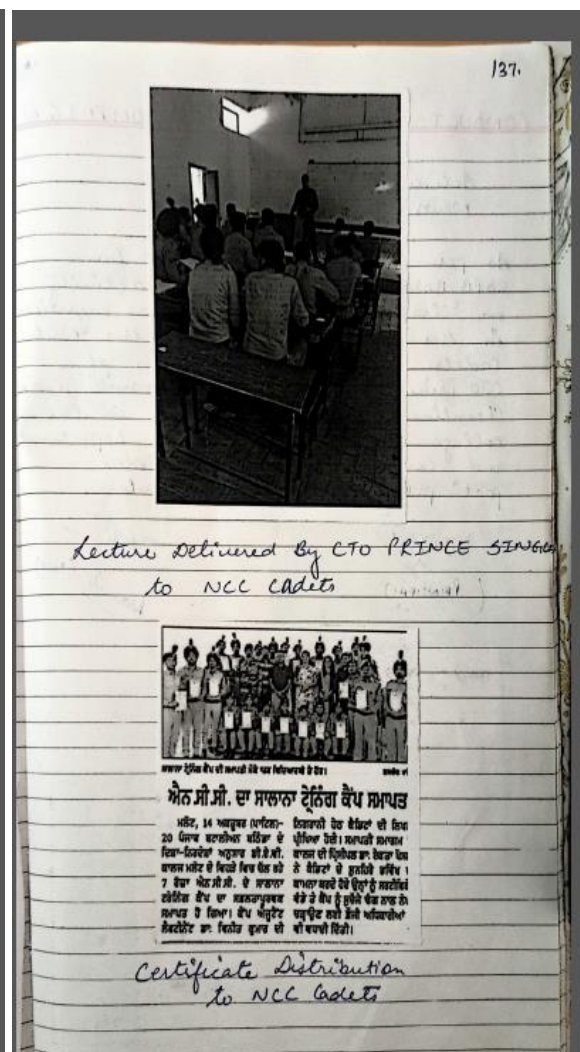
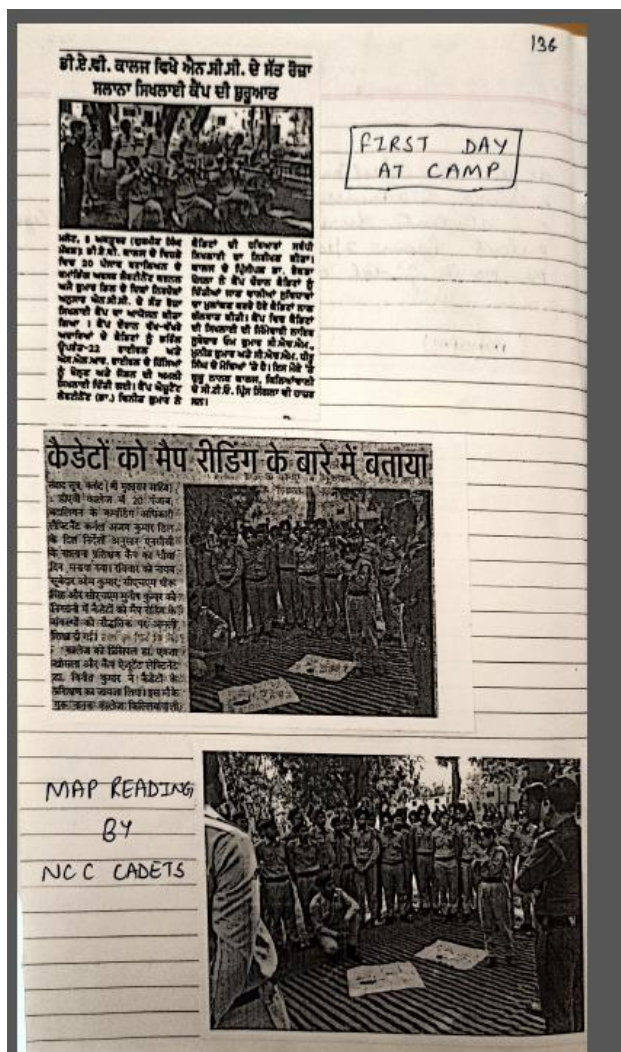
GURU NANAK COLLEGE, KILLIANWALI (NOMINAL ROLL OF CADETS FOR ATTENDING CAMP ATC-117) CEE EXAM										
S No	Regtl No.	Rank	Name of Cadet	Father's Name	DOB	College Name	Govt./Pvt	IFSC Code	Bank Account No.	Bank Name
1	PB/19/SW/A/196275	Cadet	Manpreet Kaur	Sh. Baldev Singh	15/11/2001	GNC, Killianwali	Govt. Aided	PSIB0000311	3111000104283	Punjab & Sind Bank
2	PB/19/SW/A/196276	Cadet	Gagandeep Kaur	Sh. Darshan Singh	20/7/1999	GNC, Killianwali	Govt. Aided	SBIN0002392	32499168876	State Bank of India
3	PB/19/SW/A/196277	Cadet	Harmandeep Kaur	Sh. Jasmail Singh	9/9/2002	GNC, Killianwali	Govt. Aided	PSIB0000311	3111000106692	Punjab & Sind Bank
4	PB/19/SW/A/196278	Cadet	Harpreet Kaur	Sh. Nachatar Singh	3/10/2001	GNC, Killianwali	Govt. Aided	SBIN0003194	32322433181	State Bank of India
5	PB/19/SD/A/196281	Cadet	Gautam	Sh. Sukhdyal	28/8/2001	GNC, Killianwali	Govt. Aided	PUNB00M001	81960100025204	Sarav Haryana Gramin Bank
6	PB/19/SD/A/196283	Cadet	Rahul	Sh. Suresh Kumar	31/3/2001	GNC, Killianwali	Govt. Aided	UCBA0001444	14440110068151	UCO Bank
7	PB/19/SD/A/196284	Cadet	Sachdeep Mottan	Sh. Ram Karan	8/1/2002	GNC, Killianwali	Govt. Aided	HDFC0002030	50100309860154	HDFC Bank
8	PB/19/SD/A/196286	Cadet	Prince	Sh. Narsi Singh	15/4/2001	GNC, Killianwali	Govt. Aided	PUNB0153010	15302413000318	Punjab National Bank
9	PB/19/SD/A/196287	Cadet	Rahul	Sh. Anun Kumar	4/11/2001	GNC, Killianwali	Govt. Aided	VUB0008323	832301111000697	Vijay Bank
10	PB/19/SD/A/196288	Cadet	Amardeep Singh	Sh. Mehnga Singh	25/3/2001	GNC, Killianwali	Govt. Aided	PSIB0002191	11911000004107	Punjab & Sind Bank
11	PB/19/SD/A/196289	Cadet	Sahil	Sh. Vijay Pal	4/11/2000	GNC, Killianwali	Govt. Aided	UBIN0824194	241910100054895	Union Bank of India
12	PB/19/SD/A/196290	Cadet	Ankit	Sh. Vinod Kumar	5/5/2000	GNC, Killianwali	Govt. Aided	HDFC0002030	50100225401116	HDFC Bank

NCC CTO

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### Conduct of Clean India Campaign (27 October 2021)

[illegible][illegible]



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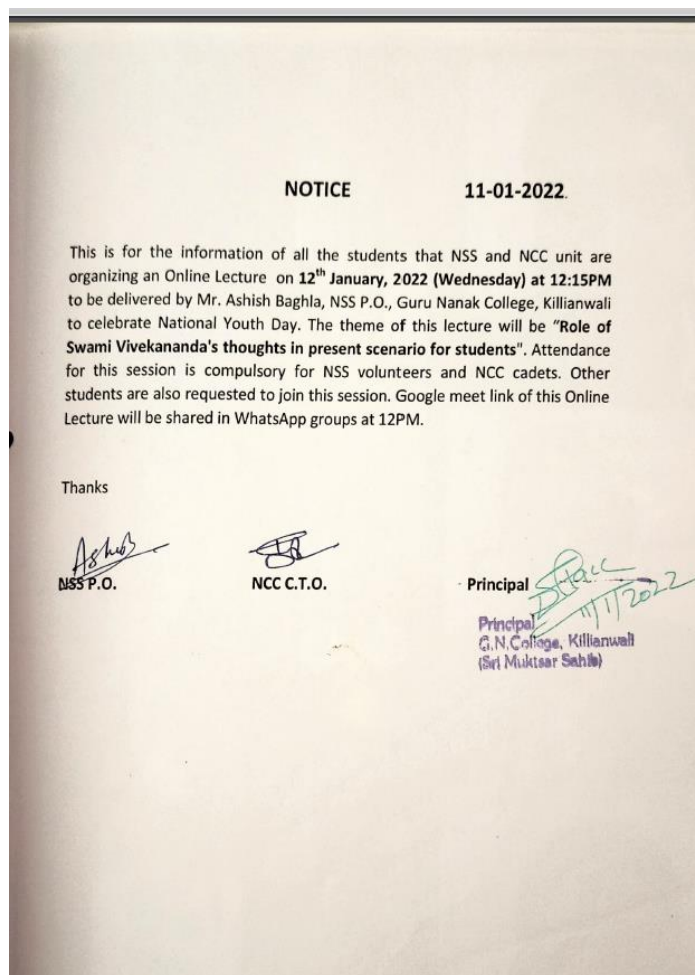


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## Online Lecture on Role of Swami Vivekananda Thoughts in Present Scenario for Students on 12th January 2022



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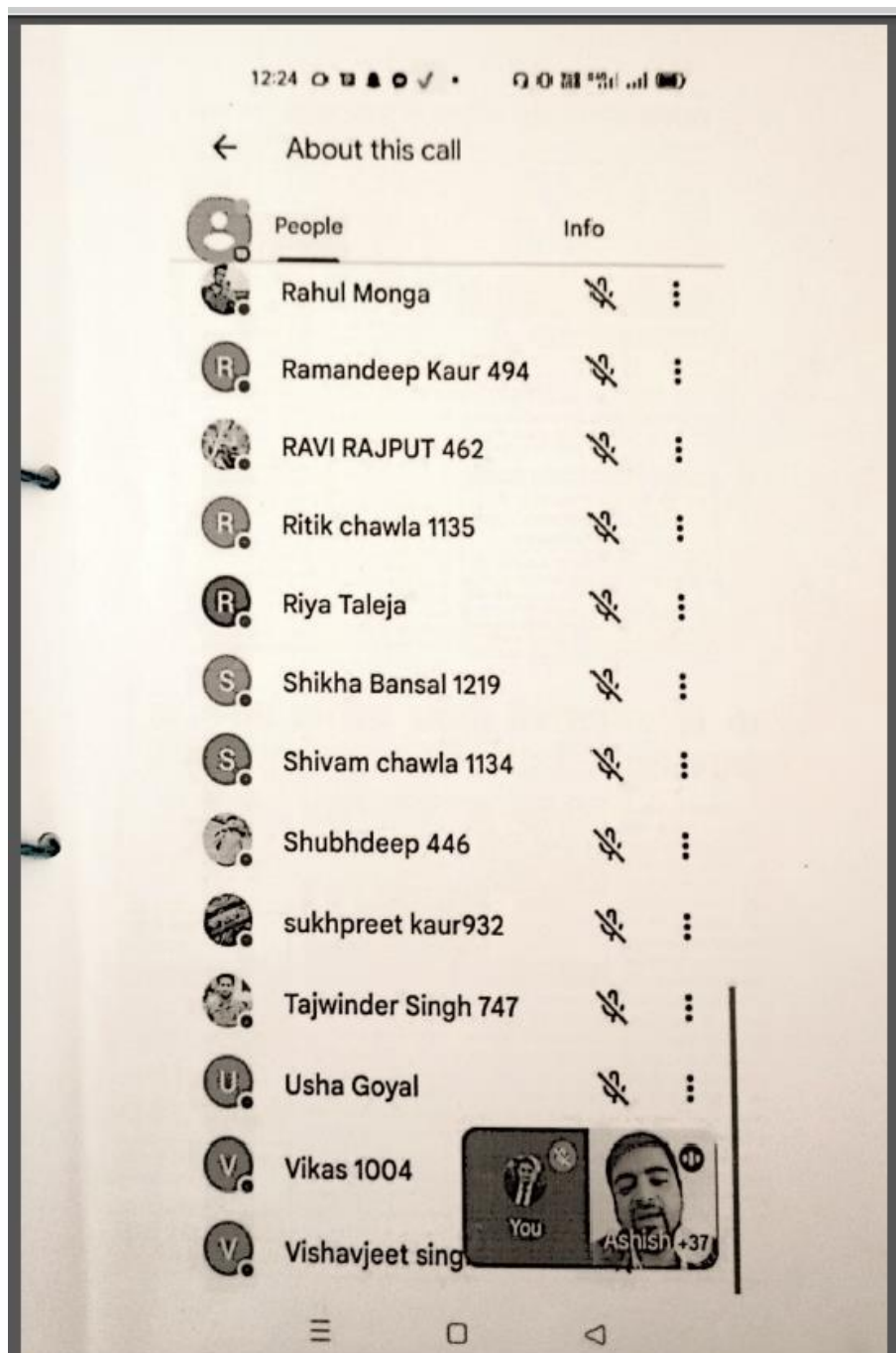
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## गुरु नानक कॉलेज स्वामी विवेकानंद जी के जन्मदिवस ऑनलाइन गतिविधियों के द्वारा मनाया

इलाहाबाद (विशेषी केसरी) गुरु नानक कॉलेज किल्लानवाली की ओर से स्वामी विवेकानंद जी के जन्मदिवस को समर्पित राष्ट्रीय युवा दिवस विभिन्न ऑनलाइन



गतिविधियों के द्वारा मनाया गया। कॉलेज की एनएसएस इकाई, युव लीडरशिप क्लब व रैड क्रॉस सोसाइटी की ओर से 11 और 12 जनवरी को एक राष्ट्रीय स्तर पर ऑनलाइन क्विज का आयोजन किया गया जिसमें विभिन्न संस्थाओं व कक्षाओं से कुल 231 प्रतिभागियों ने भाग लिया और उसने साफ 200 प्रतिभागियों को 80% अंक हासिल करते हुए प्रथम पुर जता कर दिया। 12 जनवरी को दोपहर 12:15 बजे एनएसएस व एनसीसी की ओर से गुल मीट के

आयोजन किया गया जिसमें युवा विभाग - विद्यार्थियों के जीवन में स्वामी विवेकानंद जी के विचारों का महत्व रखा। यह लेखर एनएसएस इकाई प्रो. आशीष भागल की ओर से दिया गया। कार्यक्रम की सुरुआत एन सी सी प्रभारी प्रो. प्रिंस सिंगल ने स्वामी विवेकानंद जी के जीवन का परिचय देते हुए किया व सबसे छोटी युवा दिवस की बधाई दी। इसके बाद प्रो. आशीष भागल ने लेखर को शुरू करते हुए विद्यार्थियों

को स्वामी विवेकानंद जी के जीवन से जुड़े 12 महत्वपूर्ण विचारों के बारे में विस्तृत जानकारी दी व जिंदगी में हमारे अग्रगण्य कर्म व दुष्ट मित्र के अंधार के बारे में व्यवहारिक उदाहरण देकर विद्यार्थियों को प्रोत्साहित किया। प्रिंसिपल डॉ. सुहिर सिंह ठकुर ने विद्यार्थियों को अपने जीवन में स्वामी विवेकानंद जी के विचारों व सिद्धांतों को अवसर बनाने की प्रेरणा दी। उन्होंने कहा कि हम सबको हर रोज अपने मूल्यों को बनाए रखना है। तर्क हम अपनी कर्मां पर ध्यान कर उन्हें दूर कर सकें व अपने तत्त्व को प्राप्त कर सकें। कार्यक्रम के अंत में एनसीसी सह प्रभारी प्रो. योगेश सिंह ने सभी उपस्थित लोगों को तब दिल से धन्यवाद किया और प्रिंसिपल डॉ. ठकुर जी को हमें ऐसे गतिविधियों करने के लिए प्रोत्साहित करने के लिए धन्यवाद किया।

## गुरु नानक कॉलेज में राष्ट्रीय युवा दिवस मनाया

इलाहाबाद (विशेषी केसरी) गुरु नानक कॉलेज किल्लानवाली की ओर से स्वामी विवेकानंद जी के जन्मदिवस को समर्पित राष्ट्रीय युवा दिवस विभिन्न ऑनलाइन गतिविधियों के द्वारा मनाया गया। कॉलेज की एनएसएस इकाई, युव लीडरशिप क्लब व रैड क्रॉस सोसाइटी की ओर से 11 और 12 जनवरी को एक राष्ट्रीय स्तर पर ऑनलाइन क्विज का आयोजन किया गया। जिसमें विभिन्न संस्थाओं व कक्षाओं से कुल 231 प्रतिभागियों ने भाग लिया और उसने साफ 200 प्रतिभागियों को 80% अंक हासिल करते हुए प्रथम पुर जता कर दिया। 12 जनवरी को दोपहर 12:15 बजे एनएसएस व एनसीसी की ओर से गुल मीट के आयोजन के माध्यम से एक ऑनलाइन लेखर का आयोजन किया गया। जिसमें युवा विभाग - विद्यार्थियों के जीवन में स्वामी विवेकानंद जी के विचारों का महत्व रखा। यह लेखर एनएसएस इकाई प्रो. आशीष भागल की ओर से दिया गया। कार्यक्रम की सुरुआत एन सी सी प्रभारी प्रो. प्रिंस सिंगल ने स्वामी विवेकानंद जी के जीवन का परिचय देते हुए किया व सबसे छोटी युवा दिवस की बधाई दी। इसके बाद प्रो. आशीष भागल ने लेखर को शुरू करते हुए विद्यार्थियों



को शुरू करते हुए विद्यार्थियों को स्वामी विवेकानंद जी के जीवन से जुड़े 12 महत्वपूर्ण विचारों के बारे में विस्तृत जानकारी दी व जिंदगी में हमारे अग्रगण्य कर्म

व दुष्ट मित्र के अंधार के बारे में व्यवहारिक उदाहरण देकर विद्यार्थियों को प्रोत्साहित किया। प्रिंसिपल डॉ. सुहिर सिंह ठकुर ने विद्यार्थियों को अपने जीवन में स्वामी विवेकानंद जी के विचारों व सिद्धांतों को अवसर बनाने की प्रेरणा दी। उन्होंने कहा कि हम सबको हर रोज अपने मूल्यों को बनाए रखना है। तर्क हम अपनी कर्मां पर ध्यान कर उन्हें दूर कर सकें व अपने तत्त्व को प्राप्त कर सकें। कार्यक्रम के अंत में एनसीसी सह प्रभारी प्रो. योगेश सिंह ने सभी उपस्थित लोगों को तब दिल से धन्यवाद किया और प्रिंसिपल डॉ. ठकुर जी को हमें ऐसे गतिविधियों करने के लिए प्रोत्साहित करने के लिए धन्यवाद किया।





# GURU NANAK COLLEGE

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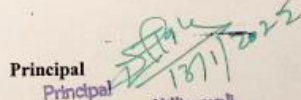
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## PROCEEDINGS OF CELEBRATION OF NATIONAL YOUTH DAY

On the occasion of National Youth Day, Guru Nanak College, Killianwali through its NSS and NCC unit organized an Online Lecture on **January 12<sup>th</sup> at 12:15 pm**, through **Google Meet** (Google Meet ID: rdk-yced-imq) the theme of which was **"Role of Swami Vivekananda's thoughts in present scenario for students"**. This lecture was delivered by NSS Incharge Prof. Ashish Baghla. The session was started by NCC incharge Prof. Prince Singla while giving introduction about the life of Swami Vivekananda and he congratulated everyone on National Youth Day. After that Prof. Ashish Baghla, while starting the lecture, gave detailed information to the students about **12 important thoughts** related to the life of Swami Vivekananda and he encouraged the students by giving practical examples about the basis of our spirituality, work and determination in life. Principal Dr. Surinder Singh Thakur inspired the students to become successful by adopting the thoughts and principles of Swami Vivekananda in their lives. He said that we all need to evaluate ourselves everyday so that we can identify our shortcomings and overcome them to achieve our goals. At the end, NCC co-incharge Prof. Manik Jindal heartily thanked all the people present and thanked Principal Dr. Thakur ji for encouraging us to do such kind of activities.

  
NSS

  
NCC  
Manik

  
Principal  
Principal  
G.N.College, Killianwali  
(Sri Muktsar Sahib)

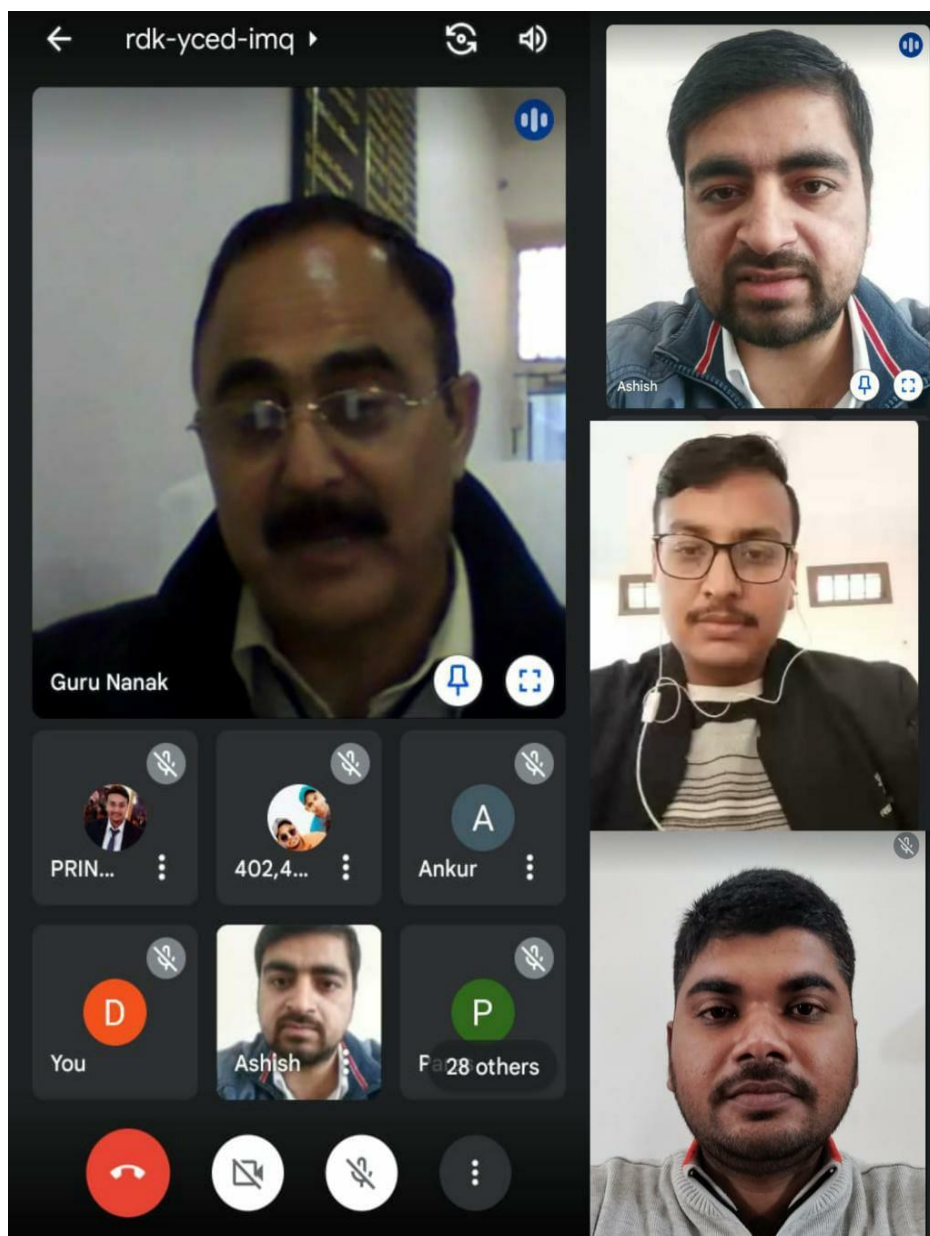
  
Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



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Republic Day on 26th January 2022

9

Date :- 26<sup>th</sup> January, 2022

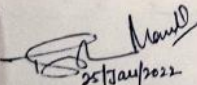
Celebration of 73<sup>rd</sup> Republic Day

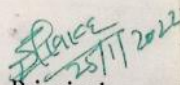
A notice regarding the celebration of the event was circulated to the cadets and they were informed to come to the college following the COVID Protocols.

**NOTICE**

Dated: 25<sup>th</sup> January, 2022

It is for the information of all the NCC Cadets that 73<sup>rd</sup> REPUBLIC DAY will be celebrated in the college premises at 9:00 AM sharp on 26<sup>th</sup> January, 2022. It is mandatory for all the cadets to reach by 8:45 AM and get their attendance marked. It is further informed that all the cadets will come in their NCC uniform.

  
25/Jan/2022  
NCC Incharge

  
25/1/2022  
Principal

  
Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



(PRINCIPAL



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Principal  
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Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



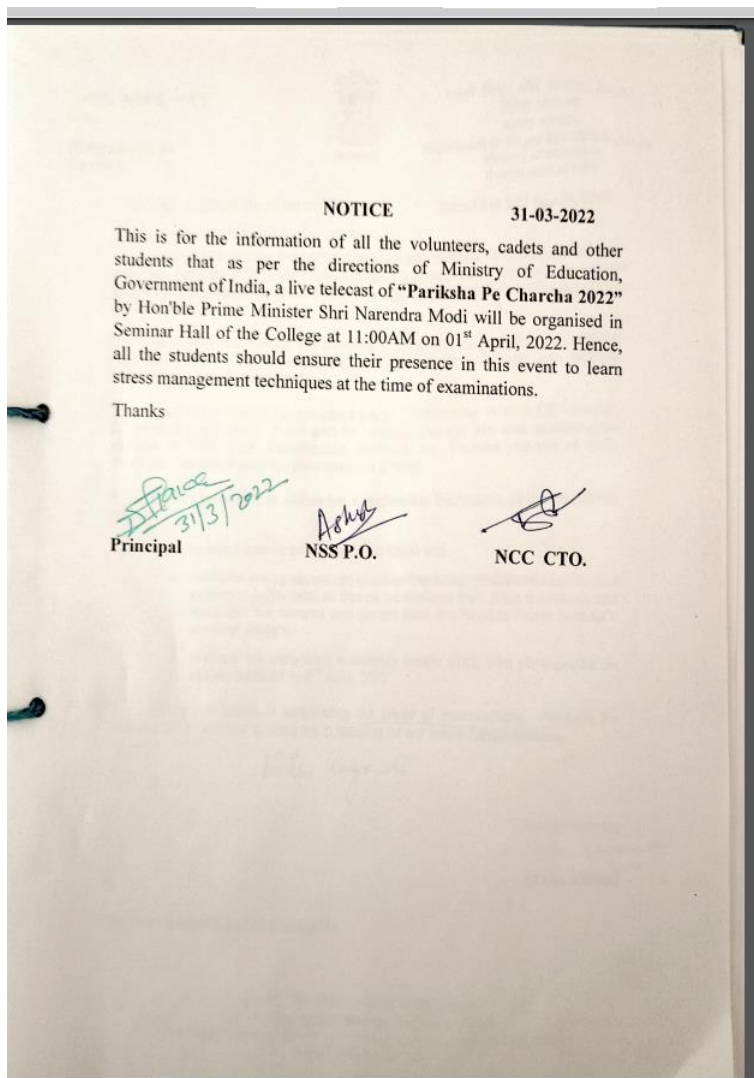


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Pariksha Pe Charcha 2022 on 01 April 2022



*[Signature]*  
Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



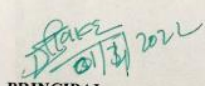
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## PROCEEDINGS OF LIVE TELECAST OF "PARIKSHA PE CHARCHA 2022" AT 11:00AM ON 01<sup>ST</sup> APRIL, 2022.

As per the instructions received from the Ministry of Education, Government of India, today students of Guru Nanak College Killianwali watched the live session of Prime Minister Shri Narendra Modi "Pariksha Pe Charcha 2022" in the seminar hall. The session was jointly conducted by the NSS unit and the NCC unit. Principal Dr. Surinder Singh Thakur, IQAC Coordinator Dr. Bharat Bhushan, NCC Incharge Assistant Professor Prince Singla, NSS Programme Officer Ashish Baghla, Assistant Professor Madam Neha Thakur, 34 NSS Volunteers, 15 NCC cadets and 22 other students watched the event. Prime Minister Shri Narendra Modi discussed online and offline methods of learning as a result of Corona. He said that online mode is for teaching and offline mode is for learning. He said that we should be clear with our studies and we should try to reduce the panic by ensuring that we are regular in our studies and the exam is not a tough job for us. He used the term fairy Examproof for students appearing in the class 10th and 12th exams. This should be taken as a regular activity and students should try the exam without stress. He also highlighted the role of National Education Policy 2020 according to a student's question. He said that this policy is designed keeping in mind every section of the society and is for the development of all students. Principal Dr. Surinder Singh Thakur said that this session was enlightening for the students as it discussed various issues which are helpful in managing stress at the time of examination. He further said that the central government under the leadership of Prime Minister Shri Narendra Modi is doing a good job for all sections of the society. Talking about the mental health of the students, it is worth appreciating that the leader of a nation is thinking for stress-free life of young minds in our schools, colleges etc.

  
PRINCIPAL

  
NSS P.O.

  
NCC CTO

  
Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



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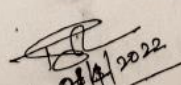
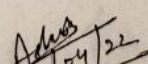
Guru Nanak College Killianwali

Attendance of NSS Volunteers

Name of Activity: Pavitra Pe Charcha' 2022 11:00 AM

Dated: 01/04/2022

S.No.	Name	Roll No	Class	Signature
1	Ayush Garg	1204	B.Com Final	Ayush Garg
2	Kashish Garg	1203	B.Com Final	Kashish Garg
3	Mohit Garg	1210	B.Com Final	Mohit Garg
4	Deesha K	1202	B.Com Final	Deesha K
5	Maidul	1225	"	Maidul
6	Nitin	1226	"	Nitin
7	Sandeep	1228	"	Sandeep
8	Aashdeep	1227	"	Aashdeep
9	Shreshth	1230	"	Shreshth
10	Parvesh	1209	B.Com Final	Parvesh
11	Vikas Kumar	1004	B.Com Ist	Vikas
12	Bhupinder	1008	B.Com Ist	Bhupinder
13	Mo HIT	1213	B.Com III	Mohit
14	Vikas Kamboj	1139	B.Com II	Vikas Kamboj
15	Abhishek	1211	B.Com III	Abhishek
16	Harsh Kaushal	1236	B.Com III	Harsh Kaushal
17	Abhishek Kumar	1126	B.Com II	Abhishek
18	Mohit Kumar	402	B.A Ist	Mohit
19	Aakash Khanna	403	B.A Ist	Aakash Khanna
20	Mandeep Singh	437	B.A Ist	Mandeep Singh
21	Soha	1281	B.Com - III	Soha
22	Ruhani	1017	B.Com - I	Ruhani
23	Sahajpreet	1212	B.Com - III	Sahajpreet Kaur
24	Radhika	1229	B.Com - III	Radhika

 01/04/2022
  01/04/22

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)





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## GURU NANAK COLLEGE KILLIANWALI

### Attendance of Students

Name of Activity: Live Telecast on  
Panksha Pe Chaucha 2022 11:41 AM  
Dated: 11/04/2022

Sr. No.	Name	Roll No	Class	Signature
1	Pankaj	1244	B.Com Fin	Pankaj
2	Aayush	1223	B.Com Fin	Aayush
3	Vaibhav Arora	1205	B.Com Fin	Vaibhav
4	Mohit Singh	1247	B.Com Fin	Mohit
5	Shubham	1009	B.Com 1st	Shubham
6	Naveen	1029	B.Com 1st	Naveen
7	Kamini Deep	441	B.A 1st	Kamini Deep
8	Rishabh Arora	1029	B.Com 1st	Rishabh
9	Gurpreet Singh	1045	B.Com 1st	Gurpreet Singh
10	Sukhmandeep Singh	1047	B.Com 1st	Sukhmandeep Singh
11	Harvinder Singh	1232	B.Com 1st	Harvinder
12	Harpreet Singh	1130	B.Com 1st	Harpreet
13	Ashu	1113	B.Com 1st	Ashu
14	Pankaj	1152	B.Com 1st	Pankaj
15	Rishi	1135	B.Com 1st	Rishi
16	Vishal	1107	B.Com 1st	Vishal
17	Keshav	1108	B.Com 1st	Keshav
18	Harshdeep	1235	B.Com 1st	Harshdeep
19	Harpreet	1210	B.Com 1st	Harpreet
20	Harpreet	1036	B.Com 1st	Harpreet
21	Rajandap	1018	B.Com 1st	Rajandap
22	Amandeep	459	B.A 1st	Amandeep

11/04/2022

11/04/22

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



## केंद्र सरकार समाज के सभी वर्गों के लिए अच्छा काम कर रही है-सुरेंद्र ठाकुर



डबवाली (त्रिवेणी केसरी)  
गुरु नानक कॉलेज किल्लियांवाली के सैमिनर हॉल में छात्रों ने भारत सरकार के शिक्षा मंत्रालय से प्राप्त निर्देशों के अनुसार 11:00 बजे «परीक्षा पे चर्चा 2022» विषय पर प्रधानमंत्री श्री नरेंद्र मोदी के लाइव सत्र को देखा।

इस सत्र का संचालन एनएसएस इकाई और एनसीसी इकाई ने संयुक्त रूप से किया।

प्रिंसिपल डॉ. सुरेंद्र सिंह ठाकुर, आईक्यूएमी कोऑर्डिनेटर डॉ. भारत भूषण, एनसीसी प्रभारी सहायक प्रोफेसर प्रिंस सिंगला, एनएसएस कार्यक्रम अधिकारी आशीष व्याघ्रला, सहायक प्रोफेसर मैडम

नेहा ठाकुर, 34 एनएसएस स्वयंसेवकों, 15 एनसीसी कैडेट और 22 अन्य छात्रों ने इस कार्यक्रम को देखा। प्रधानमंत्री श्री नरेंद्र मोदी ने कोरोना के परिणामस्वरूप सीखने के ऑनलाइन और ऑफलाइन तरीकों पर चर्चा की। उन्होंने कहा कि ऑनलाइन मोड टीचिंग के लिए है और ऑफलाइन मोड लर्निंग के लिए है।

उन्होंने कहा कि हमें अपनी पढ़ाई के साथ स्पष्ट होना चाहिए और हमें यह सुनिश्चित करके घबराहट को कम करने का प्रयास करना चाहिए कि हम अपनी पढ़ाई में नियमित हैं और परीक्षा हमारे लिए कठिन काम

नहीं है। उन्होंने 10 वीं और 12 वीं कक्षा की परीक्षा में बैठने वाले छात्रों के लिए परीक्षारक्षी सभ्य का इस्तेमाल किया।

इसे निष्पक्ष गतिविधि के रूप में लिया जाना चाहिए और छात्रों को बिना तनाव के परीक्षा का प्रयास करना चाहिए।

उन्होंने एक छात्र के एक प्रश्न के अनुसार राष्ट्रीय शिक्षा नीति 2020 की भूमिका पर भी प्रकाश डाला। उन्होंने कहा कि यह नीति समाज के हर वर्ग को ध्यान में रखकर बनाई गई है और सभी छात्रों के विकास के लिए है।

प्राचार्य डॉ. सुरेंद्र सिंह ठाकुर ने कहा कि यह सत्र छात्रों के लिए ज्ञानवर्धक रहा क्योंकि इसमें विभिन्न मुद्दों पर चर्चा की गई जो परीक्षा के समय तनाव के प्रबंधन में सहायक होते हैं।

उन्होंने आगे कहा कि प्रधानमंत्री श्री नरेंद्र मोदी के नेतृत्व में केंद्र सरकार समाज के सभी वर्गों के लिए अच्छा काम कर रही है। छात्रों के मानसिक स्वास्थ्य की बात करें तो यह कॉबिल-ए-तरीक है कि एक रात का नेता स्कूली, कॉलेजों आदि में पहुंचे याने हमारे युव मन के तनाव मुक्त जीवन के लिए सौख्य रहा है।



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Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



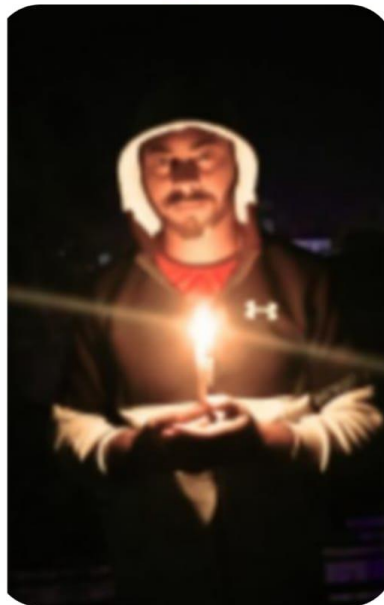
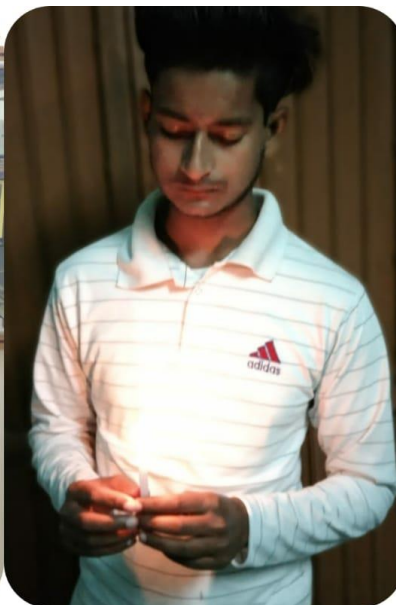


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Homage to the Bravehearts on 10-12-2021



Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



## Celebration of Constitution Day on 26 November 2021


1  
Date :- 10/12/2021

HOMAGE TO THE BRAVEHEARTS

As per the instructions received from ADG Directorate, all the cadets were informed to pay homage to all the Bravehearts who lost their lives in helicopter crash. All the NCC Cadets lighted candles at various public places and their residence between 6:30 PM to 7:00 PM.

*[Signature]*  
(Principal)

*[Signature]*  
NCC



10 Cadets + 1 teacher participated in this Activity.

(Principal)



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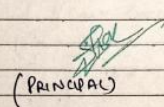
## Conduct of Vigilance Awareness Week -2021 (27 October 2021)

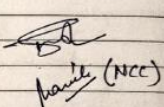
140.

CONDUCT OF : VIGILANCE AWARENESS

Activity on : 27/10/21  
News on : 30/10/21

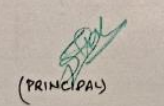
As per the letter received from  
20 PB BN NCC Bathinda, A Pledge  
by NCC Cadets was Taken on  
maintaining Integrity in Profession  
and in our daily lives. A Total  
of 14 NCC Cadets, 12 other students  
and 5 staff members were present.


  
(PRINCIPAL)

  
NCC

FEEDBACK  
VIGILANCE AWARENESS WEEK-2021  
Guru Nanak College Killianwali

Sr. NO.	DATE	ACTIVITY CARRIED OUT	NO. of ACTIVITIES CARRIED OUT	TOTAL CADETS PARTICIPATED	REMARKS
1.	27.10.21	Take Pledge	01	14	Other Students - 12 Staff Members - 5

  
(PRINCIPAL)

Sd/-xxxx  
  
Prince Singla  
ANO/CTO

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)





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Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



## Language and Communication Skills

20.10.2021

A meeting of English Department was held in the Department room regarding the activity which could be held in this month.

History

It was decided in the meeting that a Creative Writing Competition would be held by the Literary Society of English Department. The competition would be held in three languages - Hindi, English and Punjabi.

The competition would be based on the topics regarding Essay Writing, Story Writing and Poem Writing. The date which is decided to held it is 28<sup>th</sup> of October. The timing would be 10 o'clock in the morning. Students from various departments can join the competition.

This creative writing competition would also help the students to inspire them to join different competitions like Youth Festival. It helps in increasing the creative power of students.

History



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## Notice

### Guru Nanak College Killianwali Sri Muktsar Sahib

#### Notice

Dated: 26.10.2021

It is to inform to all the students of Arts and Commerce departments that there will be a Creative Writing Competition at 10.00 a.m. in Room No. 10 on 28<sup>th</sup> of October 2021 by English Literary Society. The competition will be held in three languages :- English, Hindi and Punjabi. It will include Essay Writing, Story Writing and Poem Writing.

  
Mrs. Surinder Kapila

  
Mrs. Galaxy Gupta

  
Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)

## गुरु नानक कॉलेज में क्रिएटिव राइटिंग प्रतियोगिता आयोजित

### डबवाली केसरी

डबवाली। आज गुरु नानक कॉलेज किलियांवाली की इंग्लिश लिटरेरी सोसायटी द्वारा विभागाध्यक्षा मैडम सुरिन्द्र कपिला और मैडम

महत्व, पानी का संकट, आतंकवाद, अहंकार, ईर्ष्या, नीम हकीम खतरा-ए-जान, कोविड 19 के प्रभाव, आदि नवीनतम व ज्वलंत विषयों पर विद्यार्थियों की लेखन कला को परखा गया। इसमें



गैलेक्सी गुप्ता के दिशा निर्देशन में क्रिएटिव राइटिंग प्रतियोगिता का आयोजन करवाया गया जिसमें 25 विद्यार्थियों ने भाग लिया। इसमें निबंध लेखन, संक्षिप्त कहानी और कविता लेखन आदि जैसे मुकाबले कराए गए जिसमें पुस्तकों का

विद्यार्थियों ने पूरी रुचि से बढ़ चढ़कर हिस्सा लिया। कॉलेज प्रिंसिपल डॉक्टर सुरेंद्र सिंह ठाकुर ने बच्चों के लिए ऐसी प्रतियोगिताएं करवाते रहने और विद्यार्थियों को उस में अधिक से अधिक सक्रिय रहने का सदेश दिया।





## गुरु नानक कॉलेज में क्रिएटिव राइटिंग प्रतियोगिता का आयोजन

डबवाली (लहू की लौ) बॉम्बर को गुरु नानक कॉलेज किलियांवली को इंग्लिश लिटरेरी सोसायटी द्वारा विभागाध्यक्षा मैडम सुनिंद कपिला और मैडम गैलेक्सी गुप्ता के दिशा निर्देशन में क्रिएटिव राइटिंग प्रतियोगिता का आयोजन करवाया गया। जिसमें 25 विद्यार्थियों ने भाग लिया। जिसमें निबंध लेखन, संक्षिप्त कहानी और कविता लेखन आदि जैसे मुकामले कराए गए जिसमें पुस्तकों का मूल्य, पानी का संकट, आतंकवाद, अहंकार, ईर्ष्या, नोप हकीम खतरा-ए-जान, कोविड 19 के प्रभाव, आदि नवीनतम व ज्वलंत



विषयों पर विद्यार्थियों की लेखन चतुर्ता हिस्सा लिया। कॉलेज प्रतियोगिताएं करवाते रहने और कला को परखा गया। इसमें प्रिंसिपल डॉक्टर सुरेंद्र सिंह तवकुर विद्यार्थियों को उसमें अधिक से अधिक सक्रिय रहने का संदेश

## गुरु नानक कॉलेज में क्रिएटिव राइटिंग प्रतियोगिता आयोजित

### डबवाली केसरी

डबवाली। आज गुरु नानक कॉलेज किलियांवाली की इंग्लिश लिटरेरी सोसायटी द्वारा विभागाध्यक्षा मैडम सुरिन्द्र कपिला और मैडम

महत्व, पानी का संकट, आतंकवाद, अहंकार, ईर्ष्या, नीम हकीम खतरा-ए-जान, कोविड 19 के प्रभाव, आदि नवीनतम व ज्वलंत विषयों पर विद्यार्थियों की लेखन कला को परखा गया। इसमें



गैलेक्सी गुप्ता के दिशा निर्देशन में क्रिएटिव राइटिंग प्रतियोगिता का आयोजन करवाया गया जिसमें 25 विद्यार्थियों ने भाग लिया। इसमें निबंध लेखन, संक्षिप्त कहानी और कविता लेखन आदि जैसे मुकाबले कराए गए जिसमें पुस्तकों का

विद्यार्थियों ने पूरी रुचि से बढ़ चढ़कर हिस्सा लिया। कॉलेज प्रिंसिपल डॉक्टर सुरेंद्र सिंह ठाकुर ने बच्चों के लिए ऐसी प्रतियोगिताएं करवाते रहने और विद्यार्थियों को उस में अधिक से अधिक सक्रिय रहने का संदेश दिया।

## गुरु नानक कॉलेज में क्रिएटिव राइटिंग प्रतियोगिता का आयोजन

डबवाली (लहू की ली) बीरवार को गुरु नानक कॉलेज किल्लियावाली की डीप्लोमा लिटरेरी सोसायटी द्वारा विभागाध्यक्ष मैडम सुरिन्दर कपिला और मैडम गैलेक्सी गुप्ता के दिशा निर्देशन में क्रिएटिव राइटिंग प्रतियोगिता का आयोजन करवाया गया। जिसमें 25 विद्यार्थियों ने भाग लिया। जिसमें निबंध लेखन, संक्षिप्त कहानी और कविता लेखन आदि जैसे मुकाबले कराए गए जिसमें पुस्तकों का महत्व, पानी का संकट, अतकवाद, अहंकार, ईर्ष्या, नीम हकीम खतरा-ए-जान, कोविड 19 के प्रभाव, आदि नवीनताय व ज्वलंत



विषयों पर विद्यार्थियों को लेखन कला को परखा गया। इसमें विजयपाल डीकर मुंद मिह ठकुर ने अधिक स्क्रिप्ट रचने का संदेश दिया।

### गुरु नानक कॉलेज में क्रिएटिव राइटिंग प्रतियोगिता आयोजित

डबवाली कैसरी

डबवाली। आज गुरु नानक कॉलेज किल्लियावाली की डीप्लोमा लिटरेरी सोसायटी द्वारा विभागाध्यक्ष मैडम सुरिन्दर कपिला और मैडम

गहन, पानी का संकट, अतकवाद, अहंकार, ईर्ष्या, नीम हकीम खतरा-ए-जान, कोविड 19 के प्रभाव, आदि नवीनताय व ज्वलंत विषयों पर विद्यार्थियों को परखा गया। इसमें



गैलेक्सी गुप्ता के दिशा निर्देशन में क्रिएटिव राइटिंग प्रतियोगिता का आयोजन करवाया गया जिसमें 25 विद्यार्थियों ने भाग लिया। इसमें निबंध लेखन, संक्षिप्त कहानी और कविता लेखन आदि जैसे मुकाबले कराए गए जिसमें पुस्तकों का

विद्यार्थियों ने पूरी स्क्रिप्ट में बहुत चढ़कर हिस्सा लिया। कॉलेज प्रिंसिपल डीकर मुंद मिह ठकुर ने बच्चों के लिए इसी प्रतियोगिता करवाते रहने और विद्यार्थियों को उस में अधिक से अधिक सक्रिय रहने का संदेश दिया।

Dialong





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Date: 2<sup>nd</sup> Nov, 2021

## RESULTS OF CREATIVE WRITING COMPETITION

This is to declare that following positions are secured by the students who participated in Creative Writing Competition held on 28-10-2021 by English Literary Society.

<u>positions</u>	<u>Name</u>	<u>Class</u>	<u>Roll No.</u>
1 <sup>st</sup>	Anamika	BA-1 <sup>st</sup> Year	432
2 <sup>nd</sup>	Piyush	BA-1 <sup>st</sup> Year	404
3 <sup>rd</sup>	Amandeep Kaur	BA-1 <sup>st</sup> Year	459

  
Incharge

English Literary Society

  
Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)

103

A meeting was held in the Department of English to discuss about the different activities to be done in near future.

April 20.4.22.

It was decided that English language day would be celebrated on 23.4.2022 by conducting Creative writing Competition of students of B.A. and B.com. This day is celebrated as birth & death anniversary of the great writer playwright & poet William Shakespeare. So, this anniversary of the great writer would be celebrated as English language day.

/s/



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20.4.2022

A Notice was served to the students of B.A./B.Com  
for Creative Writing Competition

NOTICE                      20-04-2022

All the students of B.A/B.Com are informed that English language day will be celebrated on 23-04-2022, by conducting 'Creative Writing Competition' at 10:45 A.M in Room No. 14. All the participants must give their names to Mrs. Surinder Kapila till 20-04-2022.

  
HOD

English department



25.4.2022

**NOTICE**

**25-04-2022**

All the students are informed that following students have taken positions in 'Creative Writing Competition' held on 23-04-2022.

Sr no.	Name	Roll no.	Class	Position
1	Piyush	404	B.A I <sup>st</sup>	I <sup>st</sup>
2	Pooja	723	B.A II <sup>nd</sup>	II <sup>nd</sup>
3	Radhika	1229	B.Com III <sup>rd</sup>	III <sup>rd</sup>
4	Jashandeep Kaur Sidhu	724	B.A II <sup>nd</sup>	III <sup>rd</sup>

Heartiest Congratulations to the Winners.

*[Signature]*  
HOD (English department)

The above mentioned students of B.A/B.Com have won the positions in Creative Writing Competition held on 23.4.2022 to celebrate the English language day in memory of William Shakespeare in which 14 students participated in Essay Writing, Story Writing and Poem Writing Competition.



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11 December 2021

A meeting was held in the Department of English regarding the activity which would be done by English Literary Society of the Department on 18<sup>th</sup> December 2021.

It was decided in the meeting that during such crucial times when people are stressed and not motivated to do work and give proper meaning to their life, there is a dire need to motivate the students and this would be done through showing a video by Mr. Sonu Sharma which would help students to get awareness about the hidden aspects related to strength of their life.


99

Proceedings

A meeting of English Department was held in the Department after the activity done by English Literary Society. This activity was a motivational video shown in the Seminar Hall. The video was by Mr. Sanu Kumar.

This motivational video was about the topic - Nothing is Impossible. The content was about the people whose life first gave them a failure and then they got to understand that they can't live like with their weakness. They have to create power in them to make the weakness their greatest strength. Examples were given of the famous personalities such as Franklin Roosevelt, Neil Armstrong, Beethoven, Ravinder Jain etc.

Mrs. Swinder Kapila (Head, Department of English) made the students understand the meaning minutely. Principal Dr. Swinder Singh Thakur inspired the students not to give up at any cost and make them understand that Nothing is impossible in life. 80 students and 10 teachers attended this activity.

  
 Swinder





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Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



## कॉलेज विद्यार्थियों को कुछ भी असंभव नहीं नामक प्रेरणात्मक वीडियो दिखाई



किलवाली (लहू की लौ) गुरु नानक कॉलेज किलियांवाली के अंग्रेजी विभाग की लिटरेरी सोसायटी द्वारा आज कॉलेज विद्यार्थियों को प्रसिद्ध मोटिवेटर सोनू शर्मा द्वारा रचित कुछ भी असंभव नहीं नामक एक प्रेरणात्मक वीडियो दिखाई गई। इसके बारे में विस्तृत जानकारी लेते हुए अंग्रेजी विभाग की प्रो. गोलैक्सी गुप्ता ने बताया कि इस

वीडियो में प्रत्यक्ष प्रमाण देकर इस बात को समझाने का प्रयास किया गया है कि यदि आप जीवन में कुछ करने का निश्चय करें तो कुछ भी असंभव नहीं है। इसमें फ्रेंकलीन रूजवेल्ट, नील आर्मस्ट्रॉंग, बीथोवन, रविंद्र जैन आदि महान व्यक्तित्व दिखलाए गए हैं जिन्होंने अपनी कमजोरी को अपनी ताकत बना कर असंभव को संभव कर दिखाया।

कॉलेज प्रधानाचार्य डॉ. सुरिंदर सिंह ठाकुर ने विद्यार्थियों को प्रेरित किया कि वे अपने जीवन में किसी भी काम को मुश्किल या असंभव न समझें। विभागाध्यक्षा मैडम सुरिंदर कपिला ने विद्यार्थियों को वीडियो का अर्थ विस्तार से समझाते हुए असंभव को संभव करने की शिक्षा दी। इस कार्यक्रम में विभिन्न कक्षाओं के 80 विद्यार्थी



विद्यार्थियों को असंभव नहीं नामक वीडियो दिखाते प्रोफ़ेसर। (छाया : कृष्ण गिलोतरा)

## अपने जीवन में किसी भी काम को मुश्किल या असंभव न समझें: डॉ. सुरिन्दर ठाकुर

डबवाली, 13 दिसंबर (कृष्ण गिलोतरा): गुरु नानक कॉलेज किलियावाली के अंग्रेजी विभाग की इंटरनेट सोसायटी द्वारा विद्यार्थियों को सिद्ध मोटिवेटर सोनू शर्मा द्वारा रचित कुछ भी असंभव नहीं नामक एक एकात्मक वीडियो दिखाई गई। इसके बारे में विस्तृत जानकारी देते हुए अंग्रेजी विभाग की प्रो. गैलेक्सी गुप्ता ने बताया कि इस वीडियो में प्रत्यक्ष प्रमाण देकर उस बात को समझाने का प्रयास किया गया है कि यदि आप जीवन में कुछ करने का निश्चय कर लें तो कुछ भी असंभव नहीं है। इसमें फ्रैंकलीन

रुजवेल्ट, नील आर्मस्ट्रांग, बीथोवन, रविंद्र जैन आदि महान व्यक्तित्व दिखाए गए हैं जिन्होंने अपनी कमजोरी को अपनी ताकत बना कर असंभव को संभव कर दिखाया। कॉलेज प्रधानाचार्य डॉ. सुरिन्दर सिंह ठाकुर ने विद्यार्थियों को प्रेरित करते हुए कहा कि वे अपने जीवन में किसी भी काम को मुश्किल या असंभव न समझें। विभागाध्यक्षा सुरिंदर कपिला ने विद्यार्थियों को वीडियो का अर्थ विस्तार से समझाते हुए असंभव को संभव करने की शिक्षा दी। इस कार्यक्रम में विभिन्न कक्षाओं के 80 विद्यार्थी उपस्थित थे।

**अजीत समाचार**

14-Dec-2021



## गुरु नानक कॉलेज में विद्यार्थियों को प्रेरणात्मक वीडियो दिखाई

**पब्लिक मंच, डबवाली**

गुरु नानक कॉलेज किलियावाली के अंग्रेजी विभाग की लिटरेरी सोसायटी द्वारा कॉलेज विद्यार्थियों को प्रसिद्ध मोटिवेटर सोनू शर्मा द्वारा रचित कुछ भी असंभव नहीं नामक एक प्रेरणात्मक वीडियो दिखाई गई। इसके बारे में विस्तृत जानकारी देते हुए अंग्रेजी विभाग की प्रो. गैलेक्सी गुप्ता ने बताया कि इस वीडियो में प्रत्यक्ष प्रमाण देकर इस बात को समझाने का प्रयास किया गया है कि यदि आप जीवन में कुछ करने का निश्चय कर लें तो कुछ भी असंभव नहीं है। इसमें फैंकलीन रुजवेल्ट,

नील आर्मस्ट्रॉंग, बीथोवन, रविंद्र जैन आदि महान व्यक्तित्व दिखलाए गए हैं जिन्होंने अपनी कमजोरी को अपनी ताकत बना कर असंभव को संभव कर दिखाया।

कालेज प्रधानाचार्य डॉ. सुरिन्दर सिंह ठाकुर ने विद्यार्थियों को प्रेरित किया कि वे अपने जीवन में किसी भी काम को मुश्किल या असंभव न समझें। विभागाध्यक्षा मैडम सुरिंदर कपिला ने विद्यार्थियों को वीडियो का अर्थ विस्तार से समझाते हुए असंभव को संभव करने की शिक्षा दी। इस कार्यक्रम में विभिन्न कक्षाओं के 80 विद्यार्थी उपस्थित थे।

गुप्ता ने बताया कि इस वीडियो में प्रत्यक्ष प्रमाण देकर इस बात को समझाने का प्रयास किया गया है कि यदि आप जीवन में कुछ करने का निश्चय कर लें तो कुछ भी असंभव नहीं है। इसमें फ्रैंकलीन रुजवेल्ट, असंभव न समझें। विभागाध्यक्षा मैडम सुरिंदर कपिला ने विद्यार्थियों को वीडियो का अर्थ विस्तार से समझाते हुए असंभव को संभव करने की शिक्षा दी। इस कार्यक्रम में विभिन्न कक्षाओं के 80 विद्यार्थी उपस्थित थे।

## जीवन में कुछ करने का निश्चय कर लें तो कुछ भी असंभव नहीं-प्रो. गैलेक्सी गुप्ता

डबवाली(त्रिवेणी केसरी) गुरु नानक कॉलेज किलियांवाली के अंग्रेजी विभाग की लिटरेरी सोसायटी द्वारा आज कॉलेज विद्यार्थियों को प्रसिद्ध मोटिवेटर सोनू शर्मा द्वारा रचित कुछ भी असंभव नहीं नामक एक प्रेरणात्मक वीडियो दिखाई गई। इसके बारे में विस्तृत जानकारी देते हुए अंग्रेजी विभाग की प्रो. गैलेक्सी गुप्ता ने बताया कि इस वीडियो में

प्रत्यक्ष प्रमाण देकर इस बात को समझाने का प्रयास किया गया है कि यदि आप जीवन में कुछ करने का निश्चय कर लें तो कुछ भी असंभव नहीं है। इसमें फ्रैंकलीन रुजवेल्ट, नील आर्मस्ट्रांग, बीथोवन, रविंद्र जैन आदि महान व्यक्तित्व दिखलाए गए हैं जिन्होंने अपनी कमजोरी को अपनी ताकत बना कर असंभव को संभव कर दिखाया।

कालेज प्रधानाचार्य डॉ. सुरिंदर सिंह ठाकुर ने विद्यार्थियों को प्रेरित किया कि वे अपने जीवन में किसी भी काम को मुश्किल या असंभव न समझें। विभागाध्यक्षा मैडम सुरिंदर कपिला ने विद्यार्थियों को वीडियो का अर्थ विस्तार से समझाते हुए असंभव को संभव करने की शिक्षा दी। इस कार्यक्रम में विभिन्न कक्षाओं के 80 विद्यार्थी उपस्थित थे।

### तुरंत सूचना दें

आपके आसपास कोई खबर या समस्या है या कहीं गलत होता देख रहे हैं तो 'त्रिवेणी केसरी' बनेगा आपकी आवाज संपादक वासुदेव मेहता के नंबर 94162-16650, 90509-16650 पर फोन करें या ई-मेल

कालेज प्रधनाचार्य डॉ. सुरिन्द्र सिंह ठक्कर ने विद्यार्थियों को प्रेरित किया कि वे अपने जीवन में किसी भी काम को मुश्किल या असंभव न समझें। विभागाध्यक्ष मंडम सुरेंद्र कपिला ने विद्यार्थियों को वीडियो का अर्थ विस्तार से समझाते हुए असंभव को संभव करने की शिक्षा दी। इस कार्यक्रम में विभिन्न कक्षाओं के 80 विद्यार्थी उपस्थित थे।





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## Guru Nanak College Killianwali Attendance of Students

Name of Activity: Motivational Video

Dated: 13/12/2021

S.No.	Name	Roll No	Class	Signature
1	HARPAL SINGH	735	B.A 2nd sem-3	Harpal Singh
2	Narinder Singh	737	B.A 2nd sem-3	Narinder
2	Vikrant Bansal	705	B.A 2nd sem-3	Vikrant
4	Chhokar Kumar	764	B.A 2 Sem-3	Chhokar Kumar
5	Ayush Garg	1204	B.Com Final	Ayush Garg
6	RAHUL MONGA	1242	B.Com final	RH
7	Manpreet Singh	922	BA Final	Manpreet
8	Maninder Singh	923	BA Final	Maninder Singh
9	Sachdeep Mathan	945	BA Final	Sachdeep
10	Harsh Kaushal	1236	B.Com final	Harsh
11	Yogish	1244	B.Com final	Yogish
12	Sahajpreet Singh	937	B.A. final	Sahaj
13	Kulpreet Singh	776	B.A 2nd year	Kulpreet Singh
14	Palwinder Singh	769	B.A 2nd year	Palwinder Singh
15	Khushpreet Singh	774	BA 2nd year	Khushpreet Singh
16	Ankit	784	B.A 2nd year	Ankit
17	Pagush	404	BA 1st year	Pagush
18	Armaan	470	BA 1st year	Armaan
19	Sandeep Singh	1228	B.Com final	Sandeep Singh
20	Aashdeep Singh	1227	B.Com final	Aashdeep
21	Shreshth	1230	B.Com final	Shreshth
22	Nitin	1226	B.Com final	N. Sandhu
		486	B.A. 1st	Rohit

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**Guru Nanak College Killianwali**

Attendance of Students

Name of Activity: Motivational ~~Student~~ Video

Dated: 13/12/2021

S.No.	Name	Roll No	Class	Signature
1.	Jaspal Singh	442	Ba 1st	Jaspal Singh
2	Abhishek Dhar	412	Ba 1st	Abhishek Dhar
3	Sarbjit	441	B. Com 1st	Sarbjit
4	Lakhpreet	529	BA 1st	Lakhpreet
5	Harbans Singh	831	BA 1st	Harbans Singh
6	Randeep Singh	445	BA 1st	Randeep Singh
7	Dharvinder Singh	433	BA 1st	Dharvinder Singh
8	Jasmeet Kaur	448	B.A. 1st	Jasmeet Kaur
9	Satveer Kaur	453	B.A. 1st	Satveer Kaur
10	Shikha Bansal	1219	B. Com 3rd year	Shikha
11	Manpreet Kaur	1218	B. Com 3rd year	Manpreet
12	Mandeep Rani	930	BA Final	Mandeep
13	Sukhpreet Kaur	932	BA Final	Sukhpreet Kaur
14	Sahajpreet Kaur	1217	B. Com final	Sahajpreet Kaur
15	Gurpreet	1216	B. Com final	Gurpreet
16	Rachika	1229	B. Com final	Rachika
17	Jaina	1231	B. Com final	Jaina
18	Harmanjeet Singh	416	BA 1st	Harmanjeet Singh
19	Sharmdeep Singh	518	BA 1st	Sharmdeep Singh
20	Ravinder Singh	1044	B. Com 1st	Ravinder Singh
21	Lovedeep Singh	536	B.A. 1st	Lovedeep Singh
22	Manpreet Singh	415	BA 1st	Manpreet Singh
23	Satvinder Singh	720	BA 1st	Satvinder Singh

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## Guru Nanak College Killianwali

Name of Activity:

Attendance of Students

Dated:

S.No.	Name	Roll No	Class	Signature
1	Bhupendra Ram	454	B.A 1st	Bhupendra Ram
2	Mandeep Singh	500	B.A 1st	Mandeep Singh
3	Kamal Deep	441	B.A 1st	Kamal Deep
4	Rushinder Singh	513	B.A 1st	Rushinder Singh
5	Mohi Kumar	461	B.A 1st	Mohi Kumar
6	Shubham Sharma	417	B.A 1st	Shubham Sharma
7	Mohit	402	B.A 1st	Mohit
8	Rohit	430	B.A 1st	Rohit
9	Aakash Khanna	408	B.A 1st	Aakash Khanna
10	Jasdeep Singh	304	B.A 1st	Jasdeep Singh
11	Kashik	743	B.A 1st	Kashik
12	Suresh Singh	729	B.A 1st	Suresh Singh
13	Mandeep Singh	754	B.A 1st	Mandeep Singh
14	Mukesh Kumar	912	B.A 1st	Mukesh Kumar
15	Ranjat Singh	913	B.A 1st	Ranjat Singh
16	Vishal Singh	427	B.A 1st	Vishal Singh
17	Raghav Singh	428	B.A 1st	Raghav Singh
18	Harshad Singh	502	B.A 1st	Harshad Singh
19	Anshu Singh	961	B.A 1st	Anshu Singh
20	Anjali Gargal	707	B.A 1st	Anjali Gargal
21	Narinder Kumar	765	B.A 1st	Narinder Kumar

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## Guru Nanak College Killianwali

Name of Activity:

Attendance of Students

Dated:

S.No.	Name	Roll No	Class	Signature
1.	Ansh Singla	485	B.A Ist	Ansh
2.	Ansh Grover	504	B.A Ist	Ansh
3.	Amam	440	B.A Ist	Amam
4.	SHUBHDEEP	446	B.A Ist	Shubhdeep
5.	Yash Sethi	921	B.A 3rd	Yash Sethi
6.	Reshma Kaur	495	B.A Ist	Reshma Kaur
7.	Ramandeep - Kaur	494	BA Ist	Ramandeep - Kaur
8.	Amandeep kaur	459	B.A Ist	Amandeep kaur
9.	Archana	702	BA II <sup>nd</sup>	Archana
10.	Amandeep Kaur	725	B.A IInd	Amandeep Kaur
11.	Santosh	408	B.A Ist	Santosh
12.	Nandeep Kaur	1013	B.Com Ist year	Nandeep
13.	Rajandeep	1012	B.Com Ist year	Rajandeep

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Killianwali (Sri Muktsar Sahib)



# GURU NANAK COLLEGE

Postgraduate Multi Faculty Premier College  
KILLIANWALI, DISTT. SRI MUKTSAR SAHIB (Pb.) - 151211  
NAAC Accredited Grade "B"

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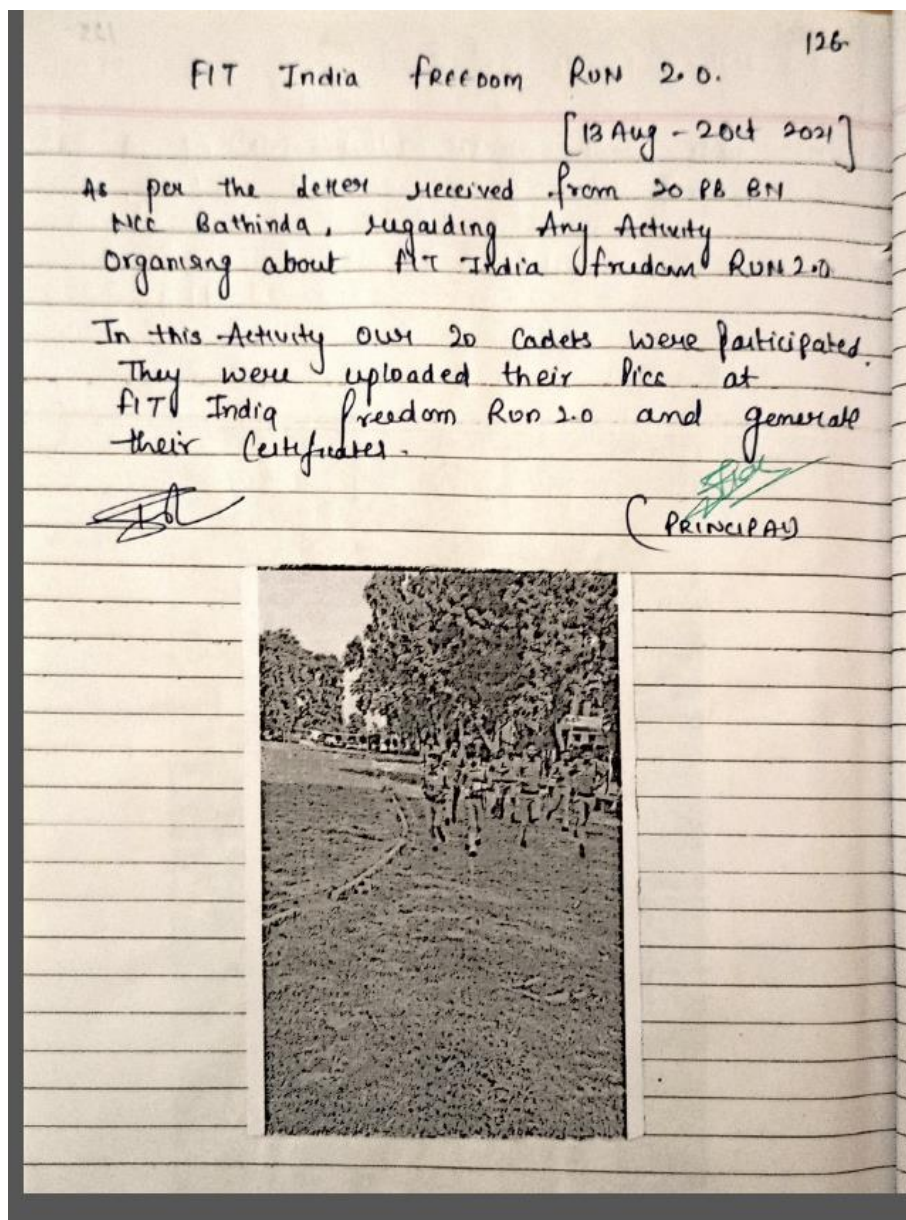
## Guru Nanak College Killianwali

Name of Activity: Motivational Video  
Dated: 13/12/2021

S.No.	Name	Designation	Signature
1.	Shivinder Kapila		
2.	Galaxy Gupta		
3.	Gurprender Kaur	Asst. Prof	
4.	Neha Thakur	Asst. Prof.	
5.	Manik Jindal	Asst. Prof.	
6.	Usha Goyal	Associate Prof.	
7.	Dr. Seema Kaur	Associate Prof.	
8.	PRINCE SINGH	Assistant Prof	
9.	Manpreet Kaur	Asst. Prof.	
10.	Dr. Khushnasib Kaur	Asst. Prof	

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)

- Physical Fitness







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Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)

## Conduct of Clean India Campaign

CONDUCT OF: CLEAN INDIA CAMPAIGN


Activity on 27/10/21  
News on 28/10/21

As per the letter received from  
20PB BN NCC Bathinda, an activity  
on 'Clean India Campaign' was organised  
in the college premises by the NCC  
cadets under the directions of  
C/O Prince Singh and Mr. Manik Jindal.  
Cleanliness of various places in the  
college such as NCC office, Department  
and Corridors was done. Total  
participation was 14 in number.

(Principal) Manik (NCC)

**स्वच्छता अभियान के तहत कॉलेज के विभिन्न हिस्सों में की सफाई**

इसकाशी दर्शन  
गुरु नानक कॉलेज किल्लियानवाली में स्वच्छता अभियान के तहत 27/10/21 को एक कार्यक्रम आयोजित किया गया। इस कार्यक्रम में NCC कादतों की अध्यक्षता में प्रिंस सिंह और मनीक जंदल की अध्यक्षता में कार्यक्रम आयोजित किया गया। कार्यक्रम में NCC कादतों की अध्यक्षता में प्रिंस सिंह और मनीक जंदल की अध्यक्षता में कार्यक्रम आयोजित किया गया।



139.

**FEEDBACK  
CLEAN INDIA CAMPAIGN  
(01-31 OCTOBER 2021)  
GURU NANAK COLLEGE, KILLIANWALI**


Sr. NO.	DATE	ACTIVITY CARRIED OUT	NO. of ACTIVITIES CARRIED OUT	TOTAL CADETS PARTICIPATED	REMARKS
1.	27.10.21	Cleanliness Drive	01	14	

(Principal)

Sd/-xxxx  
Prince Singla  
ANO/CTO

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**सीसी कैडिट ने स्वच्छता अभियान  
त कॉलेज के विभिन्न हिस्सों में की सफ**



सीसी कैडिट ने स्वच्छता अभियान त कॉलेज के विभिन्न हिस्सों में की सफ। यह कार्यक्रम 27 अक्टूबर 2021 को हुआ। इसमें 14 कैडिट्स और 01 स्टाफ सदस्य शामिल थे। उन्होंने कॉलेज के विभिन्न हिस्सों में गंदगी को हटाया और स्वच्छता का संदेश दिया।

अन्य बातें: 27 अक्टूबर (शुक्रवार) को मुकुंद कालीन चिन्मयवती में दसवीं ईकाई द्वारा सफाई की गई। इस दिन के निर्देशों के अनुसार स्वच्छता अभियान के तहत कालीन परिसर में सफाई की गई।

कॉलेज परिसर में सफाई करते हुए सीसी कैडिट्स, और अन्य स्टाफ सदस्य शामिल थे। उन्होंने दसवीं ईकाई के निर्देशों के अनुसार स्वच्छता अभियान के तहत कालीन परिसर में सफाई की गई।





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Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



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## One Day Camp Cum workshop on Yoga and Meditation for Good Mental Health on 01-12-2021

Organisation of One Day Camp cum Workshop on "Yoga and Meditation for Good Mental Health". 143.

A meeting of NCC and NSS Unit of Guru Nanak College, Killianwali was conducted on 29/11/2021 to discuss the recommendation of Principal Sir to organise ONE DAY CAMP CUM WORKSHOP ON "YOGA AND MEDITATION FOR GOOD MENTAL HEALTH". Analysing the schedule the camp was decided to be organised in the College Seminar Hall on 01/12/2021.

[Signature] [NCC] [Signature] (NSS) [Signature] (Principal)

**NOTICE** 30-11-2021.

This is for the information of all the students that NSS and NCC unit of Guru Nanak College, Killianwali is organizing One Day Camp cum Workshop on "Yoga and Meditation for Good Mental Health" at 9:15 AM on 01-December, 2021 (Wednesday) in which Shri Jai Muni Goyal Ji from Mandi Dabwali will be the Resource Person.

The attendance of NSS volunteers and NCC cadets is compulsory for this session.

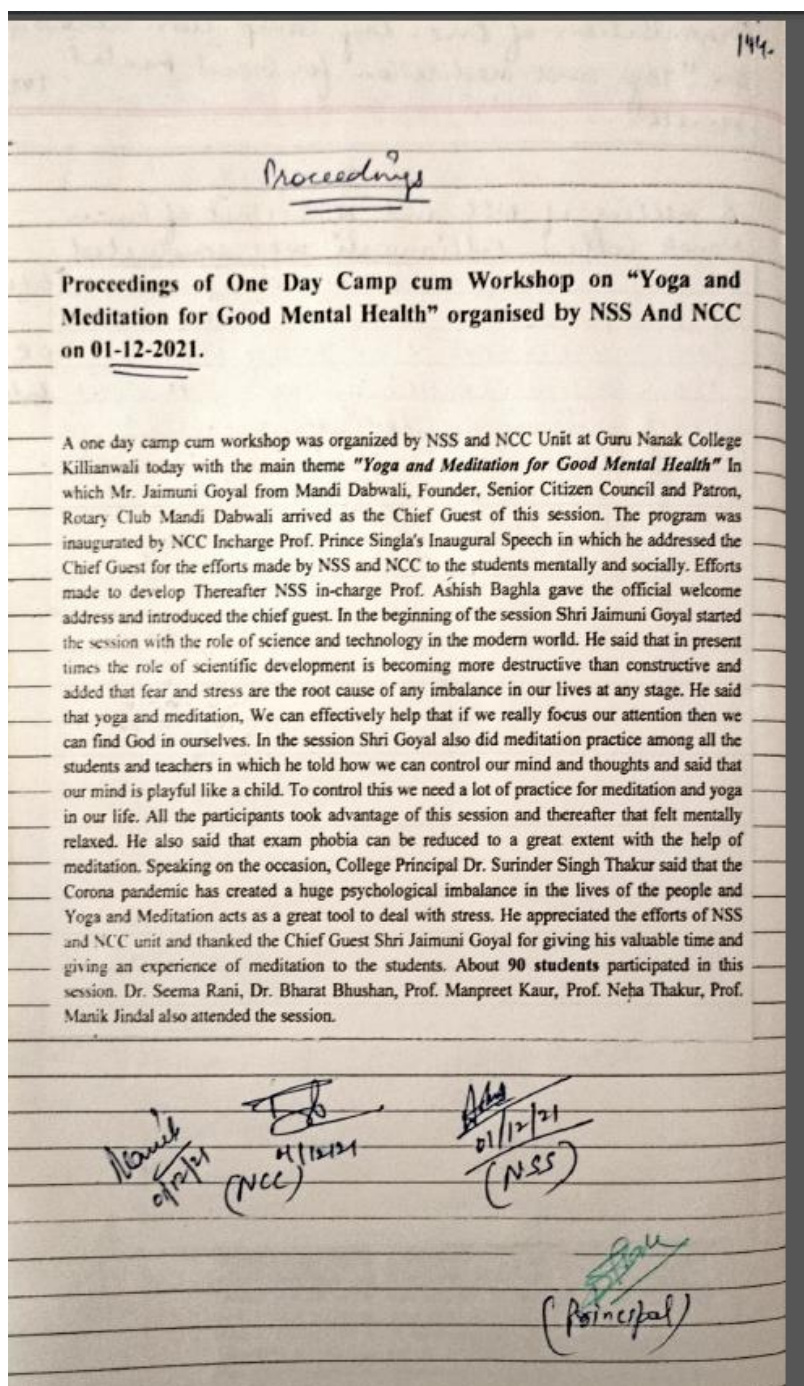
Please be on time and take benefit of this session.

Thanks

NSS [Signature] 30/11/21  
NCC [Signature] 30/11/21  
Principal [Signature] 30/11/21  
Principal  
G.N. College, Killianwali  
(Sri Muktsar Sahib)

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)











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Ref. No. 239A/Misc./2021-22

Dated. 29/11/2021

Shri Jaimuni Goyal  
Custodian  
Rotary Club  
Mandi Dabwali- 125104  
Dist. Sirsa (HR)

Subject:- Invitation for One Day Camp cum Workshop on "Yoga and Meditation for Good Mental Health"

Respected Sir,

As you know that present time is creating lot of stress among people and it is harming the mental peace and happiness of people, so we are arranging One Day Camp cum Workshop on "Yoga and Meditation for Good Mental Health" jointly through N.S.S. and N.C.C. unit on 01-December, 2021 (Wednesday) at 9:15AM. We cordially invite you as Resource Person to this session for enlightening us with your great knowledge.

Estd. 1956

Thanking you

Principal  
G.N. College, Killianwali  
(Sri Muktsar Sahib)

N.S.S. (P.O.)

N.C.C. (C.T.O.)

Contact: 84273-60037, 01668-222345

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



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## Guru Nanak College Killianwali

Attendance of NCC Cadets

Name of Activity: ONE DAY CAMP COM WORKSHOP ON 'YOGA AND MEDITATION FOR GOOD MENTAL HEALTH'  
Dated: 01-DECEMBER-2021

S.No.	Name	Roll No	Class	Signature
1	Amrinder Singh	952	BA 3rd	Amrinder Singh
2	RAHUL MANGA	1242	B.Com 2nd	Rahul
3	Twinder Singh	747	B.A 2nd	Twinder Singh
4	MAHIT	739	B.A 2nd	Mahit
5	Kushwinder Kaur	1106	B.Com 2nd	Kushwinder
6	Divinder Singh	758	B.A 2nd	Divinder
7	Tarun Singh	767	B.A 1st	Tarun
8	Rahul	970	B.A 2nd	Rahul
9	Sahil	969	B.A 2nd	Sahil
10	Nilesh	493	B.A 1st	Nilesh
11	Swati	411	B.A 1st	Swati
12	Ruhani	1017	B.Com 1st	Ruhani
13	Harpreet Kaur	960	B.A 3rd	Harpreet Kaur
14	Gargandeep Kaur	954	B.A 2nd	Gargandeep Kaur
15	Santosh	408	B.A 1st year	Santosh
16	Rishma Kaur	495	B.A 1st year	Rishma Kaur
17	Ramandeep Kaur	494	B.A 1st year	Ramandeep Kaur
18	Harmandeep Kaur	938	BA 3rd Year	Harmandeep Kaur
19	Neeru	782	BA 2nd Year	Neeru
20	Manpreet Kaur	950	BA 3rd Year	Manpreet Kaur
21	Jaspreen	736	B.A 2nd year	Jaspreen
22	Shubdeep	446	B.A 1st	Shubdeep
23	Ravi	462	B.A 1st	Ravi

*[Signature]*  
01/Dec/2021

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)





## Guru Nanak College Killianwali

### Attendance of NSS Volunteers

Name of Activity: One day Camp on Yoga and Meditation for Good Mental Health  
Dated: 01-Dec-2021

S.No.	Name	Roll No	Class	Signature
01	Deepika Rani	1206	Bcom 3rd	Deepika
02	Santosh	408	B.A. 1st	Santosh
03	Priyanka	401	B.A. 1st	Priyanka
04	Satvinder Kaur	463	B.A. 1st	Satvinder
05	Jashampreet	1026	B.A. 1st	Jashampreet
06	Nardeep	1013	B.com 1st	Nardeep
07	Nisha	1039	B.com 1st	Nisha
08	Bhagpreet Kaur	1217	B.com 1st	Bhagpreet Kaur
09	Gurjani	1216	B.com 1st	Gurjani
10	Jyoti	1220	B.com 1st	Jyoti
11	Priyanka	902	B.A. 3rd	Priyanka
12	Sukhpreet Kaur	937	B.A. 3rd	Sukhpreet Kaur
13	Khushbu	1102	B.com 2nd	Khushbu
14	Simran	1145	B.com 2nd	Simran
15	Diksha	1116	B.com 2nd	Diksha
16	Orshan Monga	1101	B.com 2nd	Orshan Monga
17	Kamraj Kaur	1132	B.com 2nd	Kamraj Kaur
18	Shikha Bansal	1219	B.com 2nd	Shikha
19	Nampreet Kaur	1218	B.com 2nd	Nampreet
20	Rohini	1017	B.com 1st	Rohini
21	Sahil	969	B.A. Final	Sahil
22	Rahul	970	B.A. Final	Rahul
23	Harsh Kaur	1231	B.com 1st	Harsh
24	Sahil Sedhi	1233	B.com 1st	Sahil

01/12/21  
(NSS)



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## Guru Nanak College Killianwali

Attendance of NSS Volunteers  
Name of Activity: One day Camp on Yoga and Meditation for Good Mental Health  
Dated: 01-Dec-2021

S.No.	Name	Roll No	Class	Signature
25	Happy Jindal	1201	B.Com Final	Happy Jindal
26	Kamleshwinder	1106	B.Com 2nd	Kamleshwinder
27	Keshv Singh	1401	M.Com 1st	Keshv Singh
28	Bhupinder	1002	B.Com 1st	Bhupinder
29	Vikas Kumar	1004	B.Com 1st	Vikas Kumar
30	Navinder	1003	B.Com 1st	Navinder
31	Kamal Deep	441	B.A. 1st	Kamal Deep
32	RAHUL MONICA	1242	B.Com 2nd	RAHUL MONICA
33	Gourdam	727	B.A. 2nd	Gourdam
34	Anson	440	B.A. 1st	Anson
35	Mahi	461	B.A. 2nd	Mahi
36	Mandeep Singh	437	B.A. 1st	Mandeep Singh
37	Jasdeep	304	B.A. 2nd	Jasdeep
38	Ranvir Singh	919	B.A. 1st	Ranvir Singh
39	Keshav Gang	1203	B.Com 1st	Keshav Gang
40	Mahit Garg	1212	B.Com 1st	Mahit Garg
41	Deepak	1202	B.Com 1st	Deepak
42	Naveen	1027	B.Com 1st	Naveen
43	Mohit	1217	B.Com 1st	Mohit
44	Sandeep Singh	1228	B.Com 1st	Sandeep Singh
45	Nitin	1226	B.Com 1st	Nitin
50	Maidul	1225	B.Com 1st	Maidul
51	Shreshth	1230	B.Com 1st	Shreshth
52	Abhishek	1227	B.Com 1st	Abhishek
53	Suraj	927	B.A. Final	Suraj

01/12/21  
(NSS)

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)









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Ref. No. 843A/Misc/2021-22 Dated. 08/12/2021

Shri Jaimuni Goyal  
Custodian  
Rotary Club  
Mandi Dabwali- 125104  
Dist. Sirsa (HR)

Subject- Letter of Gratitude for One Day Camp cum Workshop on "Yoga and Meditation for Good Mental Health" held on 01-Dec. 2021.

Respected Sir,

We thank you for sparing your valuable time for One Day Camp cum Workshop on "Yoga and Meditation for Good Mental Health" jointly organised by N.S.S. and N.C.C. unit on 01<sup>st</sup> December, 2021 (Wednesday) at 9:15AM. We are sure that the teachers and students must have got enlightened with your great knowledge and meditation session.

We hope to have such collaboration in future as well.

Thanking you

Principal [Signature] N.S.S. (P.O.) N.C.C. (C.T.O.)  
Principal  
G.N.College, Killianwali  
(Sri Muktsar Sahib)

Contact: 84273-60037, 01668-222345  
website: [www.cnckillianwali.com](http://www.cnckillianwali.com) email: [cnccollegekillianwali@yahoo.co.in](mailto:cnccollegekillianwali@yahoo.co.in)

Principal [Signature]  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)





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Killianwali (Sri Muktsar Sahib)

## Sawachta Drive against use of Plastic on 09 August 2022

117.

**Sawachta Drive against use of Plastic.**  
Activity on → 09-Aug-2021  
News on - 13-Aug-2021.

As per the letter No. 109/Tg/2021-22 received from  
Dr. P. B. N. N. C. Bathinda regarding SSCD Activities: 75 years  
of Independence & Sawachta Drive on 09/Aug/2021  
organised.

Our NCC Cadets awareness drive to save  
environment from harmful effects of  
use of Plastic. In which they cleaned their  
surroundings and appealed to people  
to minimize use of plastic in daily life.

In this Activity. Total 10 NCC Cadets were  
participated.

(Principal)

**एनसीसी कैडेट ने प्लास्टिक के उपयोग के खिलाफ चलाया स्वच्छता अभियान**

इन्दौर (एन.पी.टी.) 20 पंचायत समिति के निदेशानुसार एन सीसी कैडेटों ने 09 अगस्त को, जिस दिन विश्व पर्यावरण दिवस है, गुरु नानक कॉलेज, किल्लानवाली में एनसीसी कैडेटों द्वारा स्वच्छता अभियान चलाया गया। इसमें 10 एनसीसी कैडेटों ने भाग लिया और अपने आस-पास के पर्यावरण को स्वच्छ बनाने के लिए उन्होंने प्लास्टिक के उपयोग के खिलाफ अभियान चलाया। उन्होंने कहा कि हमें अपने दैनिक जीवन में प्लास्टिक के उपयोग को कम करना चाहिए।

इस अवसर पर, एनसीसी कैडेटों ने लोगों को प्लास्टिक के उपयोग के नुकसान के बारे में जागरूक किया। उन्होंने कहा कि प्लास्टिक का उपयोग हमारे स्वास्थ्य और पर्यावरण के लिए हानिकारक है। उन्होंने कहा कि हमें अपने दैनिक जीवन में प्लास्टिक के उपयोग को कम करना चाहिए।

**पर्यावरण संरक्षण विषय पर पेंटिंग**

**गुरु नानक कॉलेज के एनसीसी कैडेट्स ने चलाया स्वच्छता अभियान**

एनसीसी कैडेटों ने 09 अगस्त को, जिस दिन विश्व पर्यावरण दिवस है, गुरु नानक कॉलेज, किल्लानवाली में एनसीसी कैडेटों द्वारा स्वच्छता अभियान चलाया गया। इसमें 10 एनसीसी कैडेटों ने भाग लिया और अपने आस-पास के पर्यावरण को स्वच्छ बनाने के लिए उन्होंने प्लास्टिक के उपयोग के खिलाफ अभियान चलाया। उन्होंने कहा कि हमें अपने दैनिक जीवन में प्लास्टिक के उपयोग को कम करना चाहिए।

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Principal  
Guru Nanak College  
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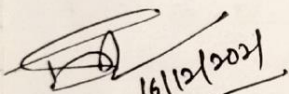
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## Statue Cleaning and Swatch Bharat

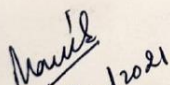
### NOTICE

DATE: 16<sup>th</sup> December, 2021

In reference to the letter received by 20 Punjab Battalion NCC Bathinda, all the NCC cadets are informed to gather near NCC office on 17<sup>th</sup> December, 2021 at 10:30AM to participate in the activities of **STATUE CLEANING** and **SWATCH BHARAT**. It is compulsory for all the students.

  
16/12/2021  
NCC CTO

  
(PRINCIPAL)

  
16/12/2021

  
Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



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## PROCEEDINGS

As per the instructions received from 20 Punjab Battalion Bathinda by the NCC unit of Guru Nanak College, Killianwali, a cleanliness drive was organized under the social service and community development programme. This activity was done under the guidance of NCC in-charge Prof. Prince Singla and co-in-charge Prof. Manik Jindal. As part of this activity, the cadets cleaned the statue of the founder President of the college, Late Sardar Gurraj Singh Dhillon and the NCC Park. College Principal Dr. Surinder Singh Thakur said that NCC cadets should actively participate in such social activities and said that the increasing number of cases of Omicron variant of Corona is a matter of concern and for this we should maintain cleanliness, Masks should be worn and social distancing should be maintained for maximum protection. A total of 21 cadets participated in this activity.

(PRINCIPAL)

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



# GURU NANAK COLLEGE

Postgraduate Multi Faculty Premier College  
KILLIANWALI, DISTT. SRI MUKTSAR SAHIB (Pb.) - 151211  
NAAC Accredited Grade "B"

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## SOCIAL SERVICE AND COMMUNITY DEVELOPMENT PROGRAMME

### Feedback:

Sr. No.	Name of Activity	Name of Institute	No. of ANO/CTO/Staff participated	No. of Cadets participated	Remarks
(A)	Statue Cleaning	Guru Nanak College Killianwali	2	21	-
(B)	Swatch Bharat	Guru Nanak College Killianwali	2	21	-

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



## एनसीसी इकाई ने स्वच्छता अभियान चलाया

पवित्रक पंच, डबवाली

गुरु नानक कॉलेज किलियावाली की एनसीसी इकाई द्वारा 20 पंजाब बटालियन बटिंडों से प्राप्त निर्देशों के अनुसार समाज सेवा एवं सामुदायिक विकास कार्यक्रम के तहत स्वच्छता अभियान का आयोजन किया गया। यह गतिविधि एनसीसी प्रभारी प्रो. प्रिंस सिंगला और सह प्रभारी प्रो. माणिक जिंदल के मार्गदर्शन में करवाई गई। इस गतिविधि के तहत कैडेटों ने कॉलेज के संस्थापक अध्यक्ष स्व. स. गुरराज सिंह दिवों की प्रतिमा व एनसीसी पार्क को सफाई की। कॉलेज प्राचार्य डॉ. सुरिंदर सिंह ठाकुर ने कहा कि

एनसीसी कैडेट्स को इस प्रकार की सामाजिक गतिविधियों में बढ चढ़ कर हिस्सा लेना चाहिए व कहा कि

कोरोना के ओमिक्रोन वैरिएंट के मामलों की बढ़ती संख्या चिंता का विषय है और इसके लिए हमें स्वच्छता बनाए रखना चाहिए, मास्क पहनना चाहिए और अधिकतम सुरक्षा के लिए सामाजिक दूरी बनाए रखनी चाहिए। इस गतिविधि में कुल 21 कैडेट्स ने भाग लिया।

### सार समाचार

#### कॉलेज की एनसीसी इकाई ने चलाया स्वच्छता अभियान

पल पल न्यूज: डबवाली, 17 दिसंबर। गुरु नानक कॉलेज किलियावाली की एनसीसी इकाई द्वारा 20 पंजाब बटालियन बटिंडों से प्राप्त निर्देशों के अनुसार समाज सेवा एवं सामुदायिक विकास कार्यक्रम के तहत स्वच्छता अभियान का आयोजन किया गया। यह गतिविधि एनसीसी प्रभारी प्रो. प्रिंस सिंगला और सह प्रभारी प्रो. माणिक जिंदल के मार्गदर्शन में करवाई गई। इस गतिविधि के तहत कैडेटों ने कॉलेज के संस्थापक अध्यक्ष स्वर्गीय सरदार गुरराज सिंह दिवों की प्रतिमा व एनसीसी पार्क को सफाई की। कॉलेज प्राचार्य डॉ. सुरिंदर सिंह ठाकुर ने कहा कि एनसीसी कैडेट्स को इस प्रकार की सामाजिक गतिविधियों में बढ चढ़ कर हिस्सा लेना चाहिए व कहा कि कोरोना के ओमिक्रोन वैरिएंट के मामलों की बढ़ती संख्या चिंता का विषय है और इसके लिए हमें स्वच्छता बनाए रखना चाहिए, मास्क पहनना चाहिए और अधिकतम सुरक्षा के लिए सामाजिक दूरी बनाए रखनी चाहिए। इस गतिविधि में कुल 21 कैडेट्स

## Guru Nanak College Killianwali

### Attendance of NCC Cadets

Name of Activity: *Statue Cleaning and Swachh Bharat*  
Dated: *17<sup>th</sup> December, 2021*

S.No.	Name	Roll No	Class	Signature
1.	Harpreet Kaur	PG/19/SW/A/196278		Harpreet Kaur
2.	Gagandeep Kaur	PG/19/SW/A/196276		Gagandeep Kaur
3.	Kamal	PG/21/SW/A/196310		Kamal
4.	Rishma Kaur	PG/21/SW/A/196312		Rishma Kaur
5.	Hondalpi	PG/21/SW/A/196313		Hondalpi
6.	Ramandeep Kaur	PG/21/SW/A/196314		Ramandeep Kaur
7.	Santosh	PG/21/SW/A/196315		Santosh
8.	Rohit	PG/21/SW/A/196316		Rohit
9.	Randeep Singh	PG/21/SW/A/196318		Randeep Singh
10.	Lowpreet	PG/21/SW/A/196320		Lowpreet
11.	Lowpreet Kaur	PG/21/SW/A/196321		Lowpreet Kaur
12.	Tanveer Singh	PG/21/SW/A/196322		Tanveer Singh
13.	Shubhdeep	PG/21/SW/A/196323		Shubhdeep
14.	Nandeep Singh	PG/21/SW/A/196324		Nandeep
15.	Kheerchand Kaur	PG/21/SW/A/196328		Kheerchand
16.	Ankit	PG/19/SW/A/196290		Ankit
17.	Manpreet Kaur	PG/19/SW/A/196295		Manpreet Kaur
18.	Garvans	PG/19/SW/A/196281		Garvans
19.	Amrinder Singh	PG/19/SW/A/196282		Amrinder Singh
20.	Hardeep Singh	PG/21/SW/A/196325		Hardeep Singh
21.	Nilesh Kumar	PG/21/SW/A/196326		Nilesh

*(NCC CTO)*









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International day of yoga

## NOTICE


20-06-2022

This is for the Information of all the volunteers and cadets that NSS and NCC unit of our college is going to organise a "Yoga Practice Session" on the eve of International day of Yoga on **21<sup>st</sup> June 2022 at 9:15AM** in the College Seminar Hall.

You all are required to attend this session.

Thanks

  
NSS

  
NCC

  
Principal

  
Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



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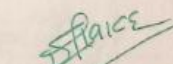
## PROCEEDINGS OF INTERNATIONAL DAY OF YOGA CELEBRATED ON 21-06-2022

Under the direction of College Principal Dr. Surinder Singh Thakur, today a One day yoga camp was organized under Ek Bharat Shreshtha Bharat series at Guru Nanak College, Killianwali by NSS and NCC unit to celebrate International Yoga Day, in which Mr. Davinderjeet Singh from the college office informed the teachers and students about various yoga asanas and pranayama and got them practiced. **21 NSS volunteers. 15 NCC cadets,** college teachers and Principal Madam Sunita Sharma from Guru Nanak Collegiate School and her school teachers participated in this event. Dr. Khushnasib Kaur Surya, Nodal Officer of Ek Bharat Shreshtha Bharat informed about the importance of Yoga and Mr. Prince Singla, Assistant Professor and in-charge of NCC Unit, motivated the students to be aware of their health. During yoga practice, students were practised and made aware about various asanas and pranayama to avoid diseases like sugar, cervical, high blood pressure etc.

After the Yoga practice session .NSS in-charge Assistant Professor Ashish Baghla organized an extension lecture on the main theme "Yoga: Another name for Milaap". He said that Yoga Pranayama and Asanas help our body to remain healthy and our mind needs constant meditation to remain healthy. He further said that Yoga is a valuable gift of ancient history of India. According to the Sanskrit language, the word Yuj means yoga or union. According to its deeper meaning, Yoga has been described as the way of union of our soul with God because Yoga helps in controlling our mind. Principal Dr Surinder Singh Thakur said that in today's time, Yoga acts as a panacea for living a stress free life. He said that it is necessary to make yoga a part of our daily routine for the health of both our mind and body. He congratulated everyone on International Day of Yoga and appealed for taking this initiative in our lives.

  
NSS

  
NCC

  
PRINCIPAL

Principal  
GURU NANAK COLLEGE  
Killianwali (Sri Muktsar Sahib)

  
Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)

## GURU NANAK COLLEGE KILLIANWALI

### Attendance of Students

Name of Activity: Celebration of International Yoga Day - 2022

Dated: 21<sup>st</sup> June 2022.

Sr. No.	Name	Roll No	Class	Signature
1	Grawarn	PB/19/SD/A/14205	B.A. III	Grawarn
2	Nandee Singh	196324 PB/21/SD/A/196324	B.A. I	Nandee
3	Randeep Singh	PB/21/SD/A/196324	B.A. I	Randeep
4	Gurpreet Kaur	PG/21/SD/A/196324	B.A. I	Gurpreet
5	Baljinder Singh	PG/21/SD/A/196324	B.A. I	Baljinder
6	RAHUL	PG/21/SD/A/196324	B.A. I	RAHUL
7	Harpreet Kaur	PG/21/SD/A/196324	B.A. I	Harpreet Kaur
8	Randeep Kaur	PB/21/SD/A/196324	B.A. I	Randeep Kaur
9	Rashmi Kaur	PB/21/SD/A/196324	B.A. I	Rashmi Kaur
10	Gurpreet Kaur	PB/19/SD/A/196324	B.A. III	Gurpreet Kaur
11	Manpreet Kaur	PB/19/SD/A/196324	B.A. III	Manpreet Kaur
12	Alvina	PB/20/SD/A/196324	B.A. II	Alvina
13	Sachdeep	PG/21/SD/A/196324	B.A. I	Sachdeep
14	Rohit	PB/21/SD/A/196324	B.A. I	Rohit
15	Lovepreet	PB/21/SD/A/196324	B.A. I	Lovepreet

21/6/22



## त्रिवेणी केसरी

3

### गुरु नानक कॉलेज किलियावाली में योगा दिवस की रही धूम



इकादशी (विद्यार्थी केसरी)

गुरु नानक कॉलेज में विद्यार्थियों के बीच योग दिवस का आयोजन किया गया। इस अवसर पर विद्यार्थियों को योग के फायदों के बारे में बताया गया।

विद्यार्थियों को योग के फायदों के बारे में बताया गया। इस अवसर पर विद्यार्थियों को योग के फायदों के बारे में बताया गया।

योगा दिवस की शुरुआत होती है। इस अवसर पर विद्यार्थियों को योग के फायदों के बारे में बताया गया।

योगा दिवस की शुरुआत होती है। इस अवसर पर विद्यार्थियों को योग के फायदों के बारे में बताया गया।

### अंतर्राष्ट्रीय योग दिवस पर एक भारत श्रेष्ठ भारत श्रृंखला में एक दिवसीय योग शिवर आयोजित

इकादशी (विद्यार्थी केसरी) 21 जून (इकादशी) को गुरु नानक कॉलेज किलियावाली में अंतर्राष्ट्रीय योग दिवस का आयोजन किया गया।



योगा दिवस की शुरुआत होती है। इस अवसर पर विद्यार्थियों को योग के फायदों के बारे में बताया गया।

योगा दिवस की शुरुआत होती है। इस अवसर पर विद्यार्थियों को योग के फायदों के बारे में बताया गया।



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Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



Buddy 21-22







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## PROCEEDINGS OF ANTI-DRUG E-PLEDGE CAMPAIGN (24-28 February, 2022) organised by N.S.S. and Buddy Group.

NSS unit of Guru Nanak College Killianwali and Buddy Group organized an e-pledge campaign on anti-drug movement from 24 to 28 February, 2022 as per instructions received from Narcotics Control Bureau, New Delhi and DPI (Colleges) Punjab. The main objective of this activity was to make students aware on the topic "Yes to life and not to drugs. N.S.S. and Buddy Programme in charge Asst. Prof. Ashish Bagha told the media that in this campaign he himself, NCC in-charge Asst. Prof. Prince Singla, a total of 46 volunteers and 55 other students participated on the e-pledge activity. Principal Dr. Surinder Singh Thakur said that when it comes to stress management, then current generation needs proper guidance and advice while moving further in the career. Often some students go on the wrong path of drugs and other social evils but the government, appropriate steps taken by teachers and parents can control students to go on the right track in their lives.

Principal  
G.N.College, Killianwali  
(Sri Muktsar Sahib)

NSS & Buddy Group

NCC

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)

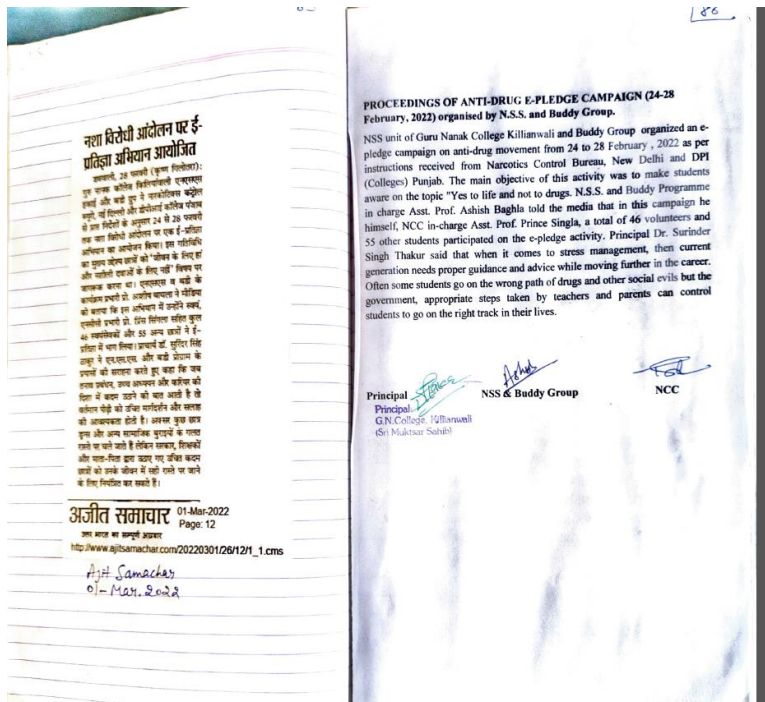


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Hygiene



Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)

### एनाएसस कैंप में विभिन्न गतिविधियों का आयोजन




आजकल की दुनिया में कोरोना वायरस का खतरा हमारे सामने है। इसे रोकने के लिए हमें अपने आसपास की सफाई और स्वच्छता को बनाए रखना है। हमें अपने हाथों को धोना और सामान्य वस्तुओं को साफ रखना है। हमें अपने घरों में भी सफाई और स्वच्छता को बनाए रखना है। हमें अपने घरों में भी सफाई और स्वच्छता को बनाए रखना है।

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26-March, 2022

**2nd DAY:- Lecture on "Jai Shakti Abhiyan", Oath taking and Survey by volunteers in Village Killianwali on Corona Awareness cum Management and Jai Shakti Abhiyan aspects.**

Various activities were organized on the second day of NSS camp at Guru Nanak College Killianwali. The camp was started with prayers by all the volunteers in the seminar hall followed by the Lecture on "Jai Shakti Abhiyan" by Programme officer Ashish Bagla. He told the students that the Government is working on Jai Shakti Abhiyan at three levels, the first where the groundwater level is depleting, second where groundwater level is at danger level and third where drinking water supply is not appropriate. Principal Dr. Surinder Singh Thakur said that water is the basis of our living, hence we should conserve water as best as possible and work according to the policies of the government to keep the water clean and safe to drink. He said that we should use water in a sustainable way to take care of our natural resources. Later an oath was taken by all the volunteers and Programme officer Ashish Bagla in which everyone ensured that we would take care of the guidelines of the water power campaign and others will lead to safe use of water. After this, the village was surveyed with the permission of Sarpanch Shri Lal Chand Lali. Volunteers collected responses from about 250 respondents as a sample and reports were prepared for further action. The survey was carried out on two parameters - awareness of Jai Shakti Abhiyan, quality of water supply services in Village Killianwali, and Corona management related aspects.



*Amish (NSS P.O.)*  
*Shikha (Principal)*

### एनाएसस स्वयंसेवक इस तरह से करे सेवा को लोग गर्व महसूस करे: दायर



आजकल की दुनिया में कोरोना वायरस का खतरा हमारे सामने है। इसे रोकने के लिए हमें अपने आसपास की सफाई और स्वच्छता को बनाए रखना है। हमें अपने हाथों को धोना और सामान्य वस्तुओं को साफ रखना है। हमें अपने घरों में भी सफाई और स्वच्छता को बनाए रखना है। हमें अपने घरों में भी सफाई और स्वच्छता को बनाए रखना है।

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27-March, 2022

**3rd DAY:- Chairlifters drive in Government Senior Secondary School, Killianwali.**

The NSS unit of Guru Nanak College Killianwali launched the third day of the camp today with a prayer to God that the camp continued uneventfully. Programme Officer Ashish Bagla instructed the volunteers on moral values and certain aspects of our duties. He said that our actions take us to the next life and everyone has to bear the fruits of their actions. Therefore, as NSS volunteers, we should try to be examples for other people that our discipline and our noble behavior should be strictly adhering to the necessary norms. He also said that as men we should respect women as much as possible because it is taught in different religions. Value etc. The first volunteers cleaned the stage, chairs and tables in the auditorium hall. Principal Dr. Surinder Singh Thakur wished the volunteers for today's activities and said that NSS volunteers should serve the society in such a way that they, their parents, teachers and society should be proud of how well they behave. He said that there is a great need for education today where students can shape their future with the right guidelines of their mentors. Yesterday's survey results on water supply and corona management in the village were also presented in Sarpanch Shri Lal Chand Lali and whenever he found deficiencies, aimed to do the way with complete dedication. Volunteers cleaned the school campus in 3 groups. Each group was allocated a specific area of the school in which they picked up bricks and disposable bottles to clean the premises. They also cleaned corridors, grounds, platform, volleyball courts, drinking water area and connecting roads. After cleaning a particular area, volunteers continued to clean all areas with full dedication and teamwork. Finally, Principal Dr. Surinder Singh Thakur said that corona management is necessary for all people to try to keep their area and public places clean regularly so that others People should avoid throwing garbage in public places or on the streets.



*Amish (NSS P.O.)*  
*Shikha (Principal)*



## महिला सशक्तिकरण विषय पर समूह चर्चा का आयोजन



सकारण करते सचयलोक व अम्य  
(छात्रा: कुलम मिलेसरा)

इकावली, 28 मार्च (कुलम मिलेसरा): गुरु नानक कॉलेज किल्लानवाली की पदचालिका इकावली द्वारा वन से शिक्षा के चौथे दिन का शुभारंभ ईश्वर से प्रार्थना के साथ किया गया। स्वयंसेवकों के लिए "महिला सशक्तिकरण" विषय पर एक समूह चर्चा का आयोजन किया गया। स्वयंसेवकों ने अपने देश में महिला सशक्तिकरण के मुद्दे और चुनौतियों पर अपनी राय दी और उन्होंने कहा कि वे इस पहलुस से खुश हैं कि शिक्षा, उद्योग, समाज और निजी क्षेत्र के विभिन्न क्षेत्रों में महिलाओं की भागीदारी बढ़ रही है। स्वयंसेवकों ने कहा कि जहाँ एक ग्रामीण देश है वहाँके लगभग 70 प्रतिशत आबादी ग्रामीण क्षेत्रों में रहती है, इसलिए वह अपना महत्त्वपूर्ण है कि किसी भी समाजवादी कदम की शुरुआत गाँवों से होनी चाहिए। कार्यक्रम अधिकांश को इस तरह की विचारोत्तेजक चर्चाओं के लिए प्रेरित किया। इन तरह की चर्चा गाँव विहीनतावादी में आमजन के साथ की गई। स्वयंसेवकों ने जोर देकर कहा कि प्रत्येक परिवार को समाज की बेहारी के लिए महिला सशक्तिकरण के माध्यम को समर्थन चाहिए। इसके बाद महाविद्यालय में उपयोगिता और के राष्ट्रीय स्तरों की समर्थन गतिविधियों में भी स्वयंसेवकों ने अपनी सेवाएँ दीं और उन्होंने क्लियरेन्स क्षेत्रों और कक्षाओं के अभ्यन्तन से क्षेत्र की सफाई की।

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[http://www.ajitsamachar.com/20220329/2648/1\\_1.cms](http://www.ajitsamachar.com/20220329/2648/1_1.cms)

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## 4th DAY: Group Discussion on "Women Empowerment" and Cleanliness drive in College premises.

The NSS unit of Guru Nanak College Killianwali launched the fourth day of the camp with a prayer to God that the camp continues to be uninterrupted. A group discussion on the topic "Women Empowerment" was organized for volunteers. The volunteers gave their opinion on the issues and suggestions of women empowerment in our country and they said that they are happy with the scenario that Participation of women in education, industry, various government organisations and private sector is increasing. Further volunteers said that India is a rural country as about 70% of the population lives in rural areas. Therefore it is very important that any positive change should begin with villages. Programme Officer Ashish Bagla inspired volunteers for such enlightening discussions. This discussion was done in Village Killianwali. The volunteers stressed that every family should understand the importance of women empowerment for the betterment of society. Volunteers then cleaned the college campus, auditorium hall and cleaned the area by picking up solid waste. Principal Dr. Surinder Singh Thakur said that the camp is going in the right direction and we hope that with the effort of our NSS unit on women empowerment and sanitation in the village Killianwali and all others, there will be positive change in the people. Later volunteers also served in the concluding activities of today's national seminar held in college and they managed disposable bottles and cups to clean the area.




(NSS P.O.)

(Principal)





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**पौधरोपण कले गुरु नानक कॉलेज (कृष्ण गिल्लेवाली) (कृष्ण गिल्लेवाली)**

**एनएसएस स्वयंसेवकों ने शिविर के छठे दिन किया पौधरोपण**

किल्लियावाली, 30 मार्च (कृष्ण गिल्लेवाली): बुधवार को गुरु नानक कॉलेज किल्लियावाली की एनएसएस इकाई के स्वयंसेवकों ने शिविर के छठे दिन की शुरुआत प्रार्थना के साथ की और निरंतर शक्ति गतिविधियों के लिए ईश्वर को धन्यवाद दिया। उन्होंने अपने जीवन को बेहतर और यादगार बनाने के लिए इस तरह की गतिविधियों से अधिक सीखने की प्रार्थना की। प्राचार्य डॉ. सुरिंदर सिंह ठाकुर ने स्वयंसेवकों और कार्यक्रम अधिकारी आशीष बापला को गांव किल्लियावाली जाने का कष्ट जहाँ राजकीय वरिष्ठ माध्यमिक विद्यालय में कृषासेवा अभियान पंचायत सदस्य सरदार सुखदेव सिंह के सहयोग से आयोजित किया गया। प्रधानाचार्य सरदार अक्तर सिंह ने कार्यक्रम अधिकारी आशीष बापला और सभी स्वयंसेवकों का स्वागत किया। तत्पश्चात उनके निर्देशानुसार स्वयंसेवकों द्वारा विद्यालय के विभिन्न भागों में सभी समूहों द्वारा टीम वर्क और आपसी सहयोग से पौधरोपण किया गया। इस कार्य में स्कूल के स्टाफ ने भरपूर सहयोग दिया। प्राचार्य डॉ. सुरिंदर सिंह ठाकुर ने राजकीय वरिष्ठ माध्यमिक विद्यालय किल्लियावाली के प्रधानाचार्य और पंचायत सदस्यों को उनके समर्थन और सहयोग के लिए धन्यवाद दिया।

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उत्तर भारत का सम्पूर्ण अखबार  
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30th-March-2022

**6th DAY:- Tree Plantation in Government Senior Secondary Smart School, Killianwali**

Today the volunteers of the NSS unit of Guru Nanak College Killianwali started the sixth day of the camp with prayer and thanked God for the continuous camp activities. Principal Dr. Surinder Singh Thakur sent volunteers and Programme officer Ashish Bagla to Village Killianwali where plantation campaign was to be organized in the Government senior secondary smart school with the support of member Panchayat Sardar Sukhdev Singh Ji. Further Principal Sardar Avatar Singh welcomed Programme Officer Ashish Bagla and all the volunteers. He was happy that Guru Nanak College is thinking for environmental sustainability and school development in village Killianwali. Thereafter plantations were done in various parts of the school by volunteers as per his instructions. This plantation was done by all groups with teamwork and mutual support. The purpose of this plantation campaign is to motivate students studying in school to be sensitive towards our environment and to think about their future keeping in mind environmental protection. The school staff cooperated extensively in this task. Principal Dr. Surinder Singh Thakur thanked the Principal of Government Senior Secondary Smart School Killianwali and Panchayat members for their support and cooperation. He further said that the current situation in the international landscape is detrimental to environmental degradation. Increasing tensions between Russia, Ukraine and related countries pose a threat to the quality of our natural environment. Therefore, we should always think in the best possible way for the environment and keep working in a dedicated way for it.



Adms  
(NSS P.D.)

Stace  
(Principal)



लड़कियों में गुंजन, लड़का में हप्पा जिदल  
वाला वालंटियर घोषित

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The 70-year-old activist and alumnus of the school, Singh said that he was not wrong in his achievement. Various members of the NSS Unit and the school hall in Goyalpur, Jammu, volunteered to help him save water in the days after the flood. Singh said that this was a noble deed and he was proud to be a member of the school.

day NSS camp. The day began with the volunteers taking a pledge to be forgiven and to live. Programme continued with a prayer that God bless us, second while speaking such a situation, these activities were of Thakur. First the camp was led by volunteers. The head of PG Department, in tree plantation, which Programme of Commerce Department and thanked Panjab University, College Management, Sri Lal Chaudhary camp is like a sacrifice. One should give...

by Guru Nanak Chahal with the usual prayer thanked God for this and that the whole was Officer Ashish Bagga controls us on the making something we can live a proper organized in the college auditorium hall was Thereafter, Principal Department of Business. This was followed by Officer Ashish Bagga Department and volunteer University Chandigarh, Principal S. and Lali for their contribution for all volunteer used to cleaning

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## एनएसएस शिविर विभिन्न गतिविधियों के साथ सम्पन्न

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He congratulated camp. B.Com final Principal Dr. Surant Professor Prineha Thakur, Program towards the end the group - Coordinator Happy the camp, discipline and Kanwaljit M.Com final year volunteer Rakesh Kumar Dikshit, B.Com. Final Year's Happy successfully.

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so that we can fulfil our Ashish Baghla award presented a short play, Madam Usha Gaur, Professor Manik Jaiswal. Ashish Baghla started the volunteers of this camp. The group title. Volunteer, Dr. Jai Singh, Mandeep Singh, Happy Jindal, Ramandeep for their disinterested role as an volunteer. Most Sincere NSS Volunteer title of Most Sincere NSS Volunteer was awarded the Best NSS Volunteer.

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7<sup>th</sup> DAY:- Closing of 7-Days NSS Camp with Tree Plantation and Cleanliness drive in College campus.

The 7 day NSS camp by Guru Nanak College Killanwali concluded today with various activities. The day began with the usual prayer in which Programme Officer Ashish Baghla and all the volunteers thanked God for this camp and activities. He further prayed that their hearts be forgiven and that the whole world should have a peaceful environment with a happy life. Programme Officer Ashish Baghla highlighted aspects of good deeds/karmas. He said that we pray that God controls us on these three levels - first while thinking something wrong and then while speaking something wrong and third while doing something wrong. If we are always in such a situation, we can live a peaceful life without worry and misunderstanding. Various activities were organized in the college campus as directed by Principal Dr. Surinder Singh Thakur. First the auditorium hall was cleaned and then the college parking area was cleaned by volunteers. Thereafter, Principal Dr. Surinder Singh Thakur and Madam Usha Goyal, head of PG Department of Business Management and Commerce supported the hall in which Programme Officer Ashish Baghla presented report of 7 days to Principal, staff days and thanked Panjab University Chandigarh for the successful organization of this camp, and Sarpanch Sri Lal Chand Lal for their cooperation and support. Madam Usha Goyal said save water, One should get used to cleaning our house and neighbouring areas so that we can this camp and wishes for their future. Principal Dr. Surinder Singh Thakur said that due to the bound earlier situation in our country this camp could be organized in offline mode which was so lockdown period. He said that NSS camp teaches us how to work in groups, how to have said that the present generation is forgetting the old culture, when there was more respect for each member in the joint family. Now segregation and socialization of independent small-sized families have diminished the traditional values. He said that such camps teach us how to socialize. He said that volunteers continue to regularly care for the plants they plant in the college. He further stated that our parents are the first God for the plants they plant in the therefore, we should respect them and take care of them properly so as after taking birth responsibilities towards them. He congratulated Programme Officer Ashish Baghla and the volunteers for organizing this camp. B.Com final year student Shikha presented a short poem on "save water". Thereafter Principal Dr. Surinder Singh Thakur, Madam Usha Goyal, Madam Dr. Seema Rani, Assistant Professor Prince Singh, Assistant Professor Manish Goyal, Assistant Professor Madam Neha Thakur, Programme Officer Ashish Baghla started the division into 5 groups. So in the end group - 1<sup>st</sup> got the best group title. Volunteers were praised by giving gifts to Group Coordinator Hriday Jindal, Jashpreet Singh, Mandeep Singh, Ashika, Sandeep Singh. During the camp, discipline in-charge Happy Jindal, Ramandeep Singh, Mandeep Singh, Shreshth and Kanwaljit Kaur were honored for their discipline assistant in this camp. BA-second year volunteer Rahul got title of Most Sincere NSS Volunteer (Boys) and B.Com, Second Year Volunteer Diksha was awarded the title of Most Sincere NSS Volunteer (Girls). To conclude, B.Com Final Year's Ganjan was awarded the Best NSS Volunteer (Girls) and B.Com Final Year's Happy Jindal with the Best NSS Volunteer (Boys). With this, today's camp ended successfully.

## NSS Life Skills

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23<sup>rd</sup> - 24<sup>th</sup> Sept. 2021.

*Dakshini Dasgupta*  
25-9-21

### गुरु नानक कॉलेज में परिचयात्मक सत्र आयोजित

प्रकाशनी (सू) पत्रिका के अनुसार, गुरु नानक कॉलेज में 23-9-21 को एक कार्यक्रम आयोजित किया गया। इसमें 100 प्री-प्राइमरी के छात्रों ने भाग लिया। इसका विषय 'गुरु नानक कॉलेज में परिचयात्मक सत्र' था। कार्यक्रम में छात्रों को आचार्य श्री अशोक बगले ने संबोधित किया। उन्होंने छात्रों को बताया कि गुरु नानक कॉलेज में पढ़ने वाले छात्रों को अपने जीवन में अच्छे मानविकी के गुणों को विकसित करना चाहिए। उन्होंने छात्रों को बताया कि गुरु नानक कॉलेज में पढ़ने वाले छात्रों को अपने जीवन में अच्छे मानविकी के गुणों को विकसित करना चाहिए। उन्होंने छात्रों को बताया कि गुरु नानक कॉलेज में पढ़ने वाले छात्रों को अपने जीवन में अच्छे मानविकी के गुणों को विकसित करना चाहिए।

कॉलेज में एनएसएस डे पर परिचयात्मक सत्र का आयोजन

प्रकाश, विद्युत और कार्यवाही के प्रति अपनी जिम्मेदारियों के निर्वाह के लिए वे कहते हैं। उन्होंने छात्रों से भी कहा कि वे अपने जीवन में अच्छे मानविकी के गुणों को विकसित करना चाहिए। उन्होंने छात्रों को बताया कि गुरु नानक कॉलेज में पढ़ने वाले छात्रों को अपने जीवन में अच्छे मानविकी के गुणों को विकसित करना चाहिए। उन्होंने छात्रों को बताया कि गुरु नानक कॉलेज में पढ़ने वाले छात्रों को अपने जीवन में अच्छे मानविकी के गुणों को विकसित करना चाहिए।


25<sup>th</sup> Sept. 2021  
Lahoo Ki Lau.

Celebration of NSS Day.  
(Both in Online and Offline Mode).

On the occasion of NSS Day, Firstly an Online Pledge Campaign was organised from 23<sup>rd</sup> to 24<sup>th</sup> Sept. 2021, in which a total of 107 people participated. The theme of Online pledge was conservation of natural resources and their optimal utilisation. Further, in Offline Mode, an Introductory session was organised on 24<sup>th</sup> Sept. in College premises on the Motto of NSS :- "Not Me, but You". This session focused on Introduction about the Aim and Objectives of NSS. Programme officer Ashok Bagla made it clear to the students about the benefits and importance of NSS in our career and life. Principal Dr. Swinder Singh Thakur urged the students to work for the welfare of society in best possible manner and with full sincerity and dedication.


(NSS P.O.)  
(Principal)





**लहू की लॉ**  
 लड़कियों न केवल बराबर बल्कि लड़कों से ऊपर ऑन लाइन विस्तार व्याख्यान आयोजित

*Lahoo Ki Law  
 12<sup>th</sup> Oct. 2021*



**दलवादी दर्पण**  
 बालिका दिवस पर ऑनलाइन विस्तार व्याख्यान आयोजित

*Dalwadi Darpan  
 12-Oct-2021*

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11<sup>th</sup> Oct. 2021

Online Extension lecture on the topic "Girls are not only equal, but above boys" to celebrate International Day of the Girl Child 2021, at 4:30 PM on Google Meet

NSS unit of Guru Nanak College, Killianwali organised an Online Extension lecture on the occasion of International Day of the Girl Child 2021 on 11<sup>th</sup> Oct., 2021 at 4:30 PM on Google Meet. Miss Venika Sushita, Certified Life coach from Seraphic Green, Abhar, shared her views on the topic "Girls are not only equal but above boys" as Keynote Speaker. Miss Venika clarified the students that we must have a clear vision, support from family, positive attitude, determination and a balanced approach to our life to be at our objectives. She also said that life a coal struggles a lot to become diamond, then similarly the life of a student is. She gave references from various religious thoughts and gave meaning of Universe as our energies that we channelize. Principal Dr. Surinder Singh Thakur thanked Miss Venika for this session and said despite Govt. efforts, we all must make sincere efforts for better women education and empowerment. Total 56 participants attended the session.

*(NSS)*  
*(Principal)*





01-Nov. 2021,  
 Aajit Samachar


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
31st Oct-2021


Online Celebration of National Unity Day 2021 at 4PM on Google Meet, jointly organised by Deptt. of Political Science through Thinkers' Society and NSS unit.

National Unity Day was celebrated by Guru Nanak College, Killianwali through joint efforts of Thinkers' Society or Deptt. of Political Science and NSS unit using Google Meet at 4 PM in which various students of Political Science presented their views about Sardar Vallabhbhai Patel and shared the message of National Unity and Integrity. In this event, Shri Krishan Kumar Nihalgi Ti from M. Dabwali arrived in the college as Chief Guest and blessed the students with his valuable words of wisdom. At the end, the students were motivated and motivated to participate in such kind of activities.

Principal Dr. Gurinder Singh Thakur said that S. Vallabhbhai Patel had worked for Unity of Nation and we all should follow the practices to promote National Unity at maximum level.

  
 Ashutosh  
 (NSS)

  
 Anshu  
 (Thinkers' Society)

  
 Shikha  
 (NSS)

**ऑन लाईन प्रतिज्ञा अभियान आयोजित**

*Lahoo Ki Lau*  
05-Nov-2021

इस वर्ष (1956) लाहौ की लाहौ ने एन.एस.एस. के प्रयासों की प्रशंसा की और से 3 से 4 वर्षों में हमें पर्यावरण के अनुकूल दिवाली के अवसर पर एक प्रयासों का विवरण देना चाहिए। पर्यावरण हम सभी के जीवन का स्रोत है और इसलिए हम सभी को इसको बेहतर तरीके से रखा जाना चाहिए। अलग-अलग प्रकार के पदार्थों को अलग-अलग तरीके से उपयोग करने के लिए प्रयत्न करना चाहिए। इस प्रक्रिया में अलग-अलग प्रतिज्ञा अभियान में पर्यावरण का भी ध्यान रखा जाना चाहिए।

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03-04-Nov-2021

Online Pledge Campaign on "Eco-friendly Diwali 2021" by NSS.

To Celebrate Diwali 2021 in an Environmental friendly manner and to aware people on the aspect of Environment pollution, NSS unit organised an Online Pledge Campaign on 3rd and 4th Nov, 2021 on the topic "Eco-Friendly Diwali".

Total 80 people participated in this campaign. Principal Dr. Surinder Singh Thakur said on this occasion that we must check and analyze the human intervention in natural resources and we should celebrate various Festivals by minimising the harmful impacts of our processes on the environment. Dr. Thakur congratulated all on the occasion of Diwali and prayed for the happiness of all.

*Arshu (NSS)*

*Thakur (Principal)*



**गुरु नानक कॉलेज में मनाव सविधान गठन दिवस**

27-Nov-2021  
Ajit Samachar

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26-Nov.-2021

Celebration of Constitution Day by NSS and NCC.

On 26<sup>th</sup> November 2021, Constitution day was celebrated / observed jointly by NSS and NCC unit of Guru Nanak College, Killianwali under the supervision of Prof. Ashish Baghla and Prof. Manoj Sindal. Firstly, a total of 40 students took part in Online streaming of President's address on Youtube and then Oath taking ceremony was done by Ashish Baghla in which all the students took pledge to work for the efficient implementation of basic rights given by Constitution in its Preamble. The students also shared the preamble images on social media. (total 20 students)

Principal Dr. Surinder Singh Thakur congratulated all on this occasion and appealed the teachers and students to stay dedicated towards the duties defined by our Indian Constitution.

(NSS)

(NCC)

(Principal)



**एक दिवसीय शिविर आयोजित**

गुरु नानक कॉलेज में आयोजित एक दिवसीय शिविर का समाचार

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**अजीत समाचार**

गुरु नानक कॉलेज में आयोजित एक दिवसीय शिविर का समाचार

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**गुरु नानक कॉलेज में 'अच्छी मानसिक सेहत के लिए योग और ध्यान' विषय पर कार्यशाला का आयोजन**

गुरु नानक कॉलेज में आयोजित एक दिवसीय शिविर का समाचार

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**Public Manch, 02-Dec-2021**

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01-Dec-2021

**One day Camp cum-Workshop on "Yoga and Meditation for Good Mental Health"**  
by Shri Jai Muni Goyal Ji, M. Dabwali,  
jointly organized by NSS and NCC.

**Proceedings of One Day Camp cum Workshop on "Yoga and Meditation for Good Mental Health" organised by NSS And NCC on 01-12-2021.**

A one day camp cum workshop was organized by NSS and NCC Unit at Guru Nanak College Killianwali today with the main theme "Yoga and Meditation for Good Mental Health". In which Mr. Jaimuni Goyal from Mandi Dabwali, Founder, Senior Citizen Council and Patron, Rotary Club Mandi Dabwali arrived as the Chief Guest of this session. The program was inaugurated by NCC Incharge Prof. Prince Singla's Inaugural Speech in which he addressed the Chief Guest for the efforts made by NSS and NCC to the students mentally and socially. Efforts made to develop Thereafter NSS in-charge Prof. Ashish Bagla gave the official welcome address and introduced the chief guest. In the beginning of the session Shri Jaimuni Goyal started the session with the role of science and technology in the modern world. He said that in present times the role of scientific development is becoming more destructive than constructive and added that fear and stress are the root cause of any imbalance in our lives at any stage. He said that yoga and meditation, We can effectively help that if we really focus our attention then we can find God in ourselves. In the session Shri Goyal also did meditation practice among all the students and teachers in which he told how we can control our mind and thoughts and said that our mind is playful like a child. To control this we need a lot of practice for meditation and yoga in our life. All the participants took advantage of this session and thereafter that felt mentally relaxed. He also said that exam phobia can be reduced to a great extent with the help of meditation. Speaking on the occasion, College Principal Dr. Surinder Singh Thakur said that the Corona pandemic has created a huge psychological imbalance in the lives of the people and Yoga and Meditation acts as a great tool to deal with stress. He appreciated the efforts of NSS and NCC unit and thanked the Chief Guest Shri Jaimuni Goyal for giving his valuable time and giving an experience of meditation to the students. About 90 students participated in this session. Dr. Seema Rani, Dr. Bharat Bhushan, Prof. Manpreet Kaur, Prof. Neha Thakur, Prof. Manik Jindal also attended the session.

**Arshu (NSS)**  
**NCC**  
**Principal**

**गुरु नानक कॉलेज में राष्ट्रीय युवा दिवस मनाया**

राष्ट्रीय युवा दिवस को भी गुरु नानक कॉलेज में गुरु नानक जयन्ती के अवसर पर मनाया गया। इस अवसर पर छात्रों ने गुरु नानक की जीवनी और उनके योगदान को लेकर प्रस्तुतियाँ दीं। छात्रों ने गुरु नानक की जीवनी और उनके योगदान को लेकर प्रस्तुतियाँ दीं। छात्रों ने गुरु नानक की जीवनी और उनके योगदान को लेकर प्रस्तुतियाँ दीं।

*Lahoo Ki Lay*  
13-Jan-2022

80 11-12-Jan-2022

**PROCEEDINGS OF CELEBRATION OF NATIONAL YOUTH DAY**

National Youth Day dedicated to the birthday of Swami Vivekananda ji was celebrated by various online activities by Guru Nanak College, Killianwali. A national level online quiz competition was jointly organized by N.S.S. unit, Youth Leadership Club and Red Cross Society on 11th and 12th January, in which a total of 231 participants from various institutions and states participated and in which e-certificates were issued to about 200 participants securing at least 80% marks.

Quiz Theme : Life events of Swami Vivekananda.

NSS *Ashish*  
Youth Leadership Club *Principle*  
Red Cross Society *Principle*

Principal  
G.N. College, Killianwali  
(Sri Muktsar Sahib)

**गुरु नानक कॉलेज स्वामी विवेकानंद जी के जन्मदिवस ऑनलाइन गतिविधियों के द्वारा मनाया**

स्वामी विवेकानंद जी के जन्मदिवस को गुरु नानक कॉलेज में ऑनलाइन गतिविधियों के द्वारा मनाया गया। छात्रों ने स्वामी विवेकानंद जी के जीवन और उनके योगदान को लेकर प्रस्तुतियाँ दीं। छात्रों ने स्वामी विवेकानंद जी के जीवन और उनके योगदान को लेकर प्रस्तुतियाँ दीं। छात्रों ने स्वामी विवेकानंद जी के जीवन और उनके योगदान को लेकर प्रस्तुतियाँ दीं।

*Tsivoni*  
*Kesri*  
13-1-22

**PROCEEDINGS OF CELEBRATION OF NATIONAL YOUTH DAY**


On the occasion of National Youth Day, Guru Nanak College, Killianwali through its NSS and NCC unit organized an Online Lecture on January 12<sup>th</sup> at 12:15 pm, through Google Meet (Google Meet ID: rdk-yced-imq) the theme of which was "Role of Swami Vivekananda's thoughts in present scenario for students". This lecture was delivered by NSS Incharge Prof. Ashish Bagla. The session was started by NCC incharge Prof. Prince Singh while giving introduction about the life of Swami Vivekananda and he congratulated everyone on National Youth Day. After that Prof. Ashish Bagla, while starting the lecture, gave detailed information to the students about 12 important thoughts related to the life of Swami Vivekananda and he encouraged the students by giving practical examples about the basis of our spirituality, work and determination in life. Principal Dr. Surinder Singh Thakur inspired the students to become successful by adopting the thoughts and principles of Swami Vivekananda in their lives. He said that we all need to evaluate ourselves everyday so that we can identify our shortcomings and overcome them to achieve our goals. At the end, NCC co-incharge Prof. Manik Jindal heartily thanked all the people present and thanked Principal Dr. Thakur ji for encouraging us to do such kind of activities. 31 students participated in this.

NSS *Ashish*  
NCC *Prince*

Principal  
G.N. College, Killianwali  
(Sri Muktsar Sahib)



**गुरु नानक कॉलेज में राष्ट्रीय बालिका दिवस मनाया**



24 जनवरी, 2022 को गुरु नानक कॉलेज, किल्लियनवाली में राष्ट्रीय बालिका दिवस मनाया गया। छात्रावास के छात्रों ने विभिन्न विषयों पर पोस्टर तैयार किए और सोशल मीडिया पर साझा किए। इस अवसर पर प्राचार्य डॉ. सुरेंद्र सिंह थकुर ने छात्रों को संबोधित किया और उन्हें शिक्षा के माध्यम से समाज में बदलाव लाने के लिए प्रोत्साहित किया।

*Lahoo Ki Lazo*  
*25-Jan-2022*

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**PROCEEDINGS OF CELEBRATION OF NATIONAL GIRL CHILD DAY (24<sup>TH</sup> JANUARY 2022)**


Guru Nanak College Killianwali celebrated National Girl Child Day through its NSS unit on 24th January, 2022. On this occasion, NSS volunteers prepared posters on various topics while remaining at their homes and shared it on social media. The purpose of this activity was to sensitize the people towards issues like Girl Education, Ratio of girls in population, Promoting spending on education of girls than marriages etc. NSS incharge Prof Ashish Baghla appealed the people to stop discrimination and promote girl education to let them live a equal life in this society. Principal Dr. Surinder Singh Thakur appreciated the efforts of N.S.S. and said that our Government is doing a lot of efforts for bringing equality of girls in the society but our social factors like restricting girls from moving outside for education or jobs are few major problems in our society. Every change needs support from all dimensions of the system and we all must work for promoting equal rights to girls for better future of our country. He congratulated all on the occasion of National Girl Child Day and prayed for better Economic and social status of girls in our society.

*Ashish*  
 N.S.S.

Principal  
*[Signature]*  
 Principal  
 G.N.Collage, Killianwali  
 (Sri Muktsar Sahib)

*Ajit*  
*25-1-22*

**जीएन कॉलेज की एनएसएस इकाई ने मनाया राष्ट्रीय बालिका दिवस**



24 जनवरी (गुरु नानक जयन्ती) के अवसर पर जीएन कॉलेज, किल्लियनवाली में राष्ट्रीय बालिका दिवस मनाया गया। छात्रावास के छात्रों ने विभिन्न विषयों पर पोस्टर तैयार किए और सोशल मीडिया पर साझा किए। इस अवसर पर प्राचार्य डॉ. सुरेंद्र सिंह थकुर ने छात्रों को संबोधित किया और उन्हें शिक्षा के माध्यम से समाज में बदलाव लाने के लिए प्रोत्साहित किया।

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**गुरु नानक कॉलेज ने गुगल मीट पर राष्ट्रीय मतदाता दिवस मनाया**

*Lahoo ki Lau*  
26-Jan-2022

**गुरु नानक कॉलेज में एनएसएस इकाई ने गुगल मीट पर राष्ट्रीय मतदाता दिवस मनाया**

*Public Manch*  
26-Jan-2022

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**PROCEEDINGS OF CELEBRATION OF NATIONAL VOTERS DAY (25<sup>TH</sup> JANUARY, 2022)**

Guru Nanak College, Killianwali through its NSS unit celebrated National Voters Day on Google Meet (Meeting ID: spw-mhdc-ytw). In this Online event, the teaching staff and students participated and took Online pledge to cast vote without any fear, greed or on the basis of religion or caste. The event started with introduction of National Voters Day and its importance explained by NSS incharge Prof. Ashish Bagla. Then Online Pledge taking ceremony was held in which Prof. Ashish Bagla started reading the pledge and the participants repeated the words to be a part of pledge words. The Participants ensured that they shall abide the dignity of democracy and will cast independent votes in favour of betterment of our country. The students also shared the image of National Voters Day on social media for awareness purpose. College Principal Dr. Surinder Singh Thakur said that India as a democratic country provides us right to choose our representatives and we all should be thankful to our freedom fighters who fought for this right and with their hard efforts we could get Independence from British Government. He said that we all should encourage a fearless type of voting in our area as far as possible and we should encourage other eligible voters also to cast vote on the day of elections.

About 30 participants attended this session.

*Ashish*  
NSS

Principal  
Principal  
G.N.College, Killianwali  
(Sri Muktsar Sahib)

**गुरु नानक कॉलेज में अंतर्राष्ट्रीय महिला दिवस के उपलक्ष में 2 दिवसीय ऑनलाइन प्रतिज्ञा अभियान का आयोजन**

कलकत्ता (विशेषी केसरी) गुरु नानक कॉलेज किल्लियांवाली में आयोजित एनएसएस इकाई के माध्यम से अंतर्राष्ट्रीय महिला दिवस 2022 मनाते के लिए 2 दिवसीय ऑनलाइन प्रतिज्ञा अभियान का आयोजन किया। यह अभियान युवा कार्यक्रम और खेल मंत्रालय, भारत सरकार से प्राप्त निर्देशों के अनुसार 7 से 8 मार्च 2022 तक आयोजित किया गया।

एनएसएस प्रभारी आशीष बाघला ने मीडिया को बताया कि भारत के विभिन्न राज्यों से इस ऑनलाइन प्रतिज्ञा अभियान में कुल 387 प्रतिभागियों ने हिस्सा लिया। उन्होंने

कहा कि यह ई-प्रतिज्ञा तीन मानकों पर आधारित था - पहला लैंगिक समानता को बढ़ावा देना, दूसरा महिलाओं के समाज को बढ़ावा देना और तीसरा आत्मनिरीक्षण करना और हमारे समाज में लड़कियों/महिलाओं के प्रति दृष्टिकोण में सुधार करना। प्रचार्य डॉ. सुरेंद्र सिंह ठाकुर ने एनएसएस के प्रयासों की सराहना की और कहा कि वर्तमान समय में हमारे समाज और हमारे देश के हर

भाग में महिलाओं की समाज भागीदारी की आवश्यकता है। हम हमेशा महिला सशक्तिकरण की बात करते हैं लेकिन हम इसे तभी हासिल कर सकते हैं जब हम इसकी शुरुआत खुद से करते। उन्होंने अंतर्राष्ट्रीय महिला दिवस के अवसर पर सभी को बधाई दी और कहा कि हमारे समाज में महिलाओं की भूमिका उल्लेखनीय है। इसमें कॉलेज के कुल 10 शिक्षकों और लगभग 70 छात्रों ने भाग लिया।

**दो दिवसीय ऑनलाइन प्रतिज्ञा अभियान आयोजित**

कलकत्ता, 9 मार्च (कृष्ण गिलोहरा): गुरु नानक कॉलेज किल्लियांवाली की एनएसएस इकाई के माध्यम से अंतर्राष्ट्रीय महिला दिवस 2022 मनाते के लिए दो दिवसीय ऑनलाइन प्रतिज्ञा अभियान का आयोजन किया। यह अभियान युवा कार्यक्रम और खेल मंत्रालय, भारत सरकार से प्राप्त निर्देशों के अनुसार 7 से 8 मार्च 2022 तक आयोजित किया गया। एनएसएस प्रभारी आशीष बाघला ने मीडिया को बताया कि भारत के विभिन्न राज्यों से इस ऑनलाइन प्रतिज्ञा अभियान में कुल 387 प्रतिभागियों ने हिस्सा लिया। उन्होंने

कहा कि यह ई-प्रतिज्ञा तीन मानकों पर आधारित थी, पहला लैंगिक समानता को बढ़ावा देना, दूसरा महिलाओं के समाज को बढ़ावा देना और तीसरा आत्मनिरीक्षण करना और हमारे समाज में लड़कियों/महिलाओं के प्रति दृष्टिकोण में सुधार करना। प्रचार्य डॉ. सुरेंद्र सिंह ठाकुर ने एनएसएस के प्रयासों की सराहना की और कहा कि वर्तमान समय में हमारे समाज और हमारे देश के हर भाग में महिलाओं की समाज भागीदारी की आवश्यकता है।

**अजीत समाचार**  
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[http://www.ajitsamachar.com/20220310/26/8/1\\_1.cms](http://www.ajitsamachar.com/20220310/26/8/1_1.cms)

7th to 8th March, 2022.

*Celebration of International Women's Day 2022 by organising E-pledge Campaign from 7th to 8th March, 2022.*

*[News sent on 9th March, 2022]*

**PROCEEDINGS**

**CELEBRATION OF INTERNATIONAL WOMEN'S DAY 2022 BY ORGANISING E-PLEDGE CAMPAIGN FROM 7<sup>TH</sup> TO 8<sup>TH</sup> MARCH 2022**

Guru Nanak College Killianwali through its NSS unit organised 2-days E-pledge campaign to celebrate International Women's Day 2022. This campaign was organised from 7th to 8th March 2022 as per the directions received from Ministry of Youth Affairs and Sports, Government of India. NSS incharge Prof. Ashish Baghla told the media that a total of 387 participants took part in this online pledge campaign from various states of India. He said that this e-pledge was based on three parameters which were one to promote gender equality, second to promote respect for women and third to introspect ourselves and improve the attitude towards girls/ladies in our society. Principal Dr. Surinder Singh Thakur appreciated the efforts of NSS and said that present time requires equal participation of women in every segment of our society and our nation. We always talk about women empowerment but we can achieve it only when we will start it from ourselves. He congratulated everyone on the occasion of international women's day and said that the role of women in our society is remarkable. In this activity, 10 teachers and about 70 students participated.

Participation by teachers:-

1. Mr. Amit Behal
2. Mrs. Usha Goyal
3. Dr. Seema Rani
4. Mrs. Galaxy Gupta
5. Mrs. Manpreet Kaur
6. Ms. Gurbinder Kaur
7. Mr. Prince Singla
8. Mr. Ashish Baghla
9. Ms. Neha Thakur
10. Mrs. Harpreet Kaur

**PRINCIPAL**  
Principal  
G.N. College, Killianwali  
Sri Muktsar Sahib

*9/3/2022*

*Principal*  
N.S.S. (P.O.)



[illegible]

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01st April, 2022

Watching Live telecast of Pariksha  
Pe Charcha 2022 at 11:00 A.M. in  
College Seminar Hall

**PROCEEDINGS OF LIVE TELECAST OF "PARIKSHA PE CHARCHA  
2022" AT 11:00AM ON 01<sup>ST</sup> APRIL, 2022.**

As per the instructions received from the Ministry of Education, Government of India, today students of Guru Nanak College Killianwali watched the live session of Prime Minister Shri Narendra Modi "Pariksha Pe Charcha 2022" in the seminar hall. The session was jointly conducted by the NSS unit and the NCC unit. Principal Dr. Surinder Singh Thakur, IQAC Coordinator Dr. Bharat Bhushan, NCC Incharge Assistant Professor Prince Singla, NSS Programme Officer Ashish Baghla, Assistant Professor Madam Neha Thakur, 34 NSS Volunteers, 15 NCC cadets and 22 other students watched the event. Prime Minister Shri Narendra Modi discussed online and offline methods of learning as a result of Corona. He said that online mode is for teaching and offline mode is for learning. He said that we should be clear with our studies and we should try to reduce the panic by ensuring that we are regular in our studies and the exam is not a tough job for us. He used the term fair Examproof for students appearing in the class 10th and 12th exams. This should be taken as a regular activity and students should try the exam without stress. He also highlighted the role of National Education Policy 2020 according to a student's question. He said that this policy is designed keeping in mind every section of the society and is for the development of all students. Principal Dr. Surinder Singh Thakur said that this session was enlightening for the students as it discussed various issues which are helpful in managing stress at the time of examination. He further said that the central government under the leadership of Prime Minister Shri Narendra Modi is doing a good job for all sections of the society. Talking about the mental health of the students, it is worth appreciating that the leader of a nation is thinking for stress-free life of young minds in our schools, colleges etc.

*Principal*  
01/4/2022  
PRINCIPAL

*Ashish*  
NSS P.O.

*SB*  
NCC CTO





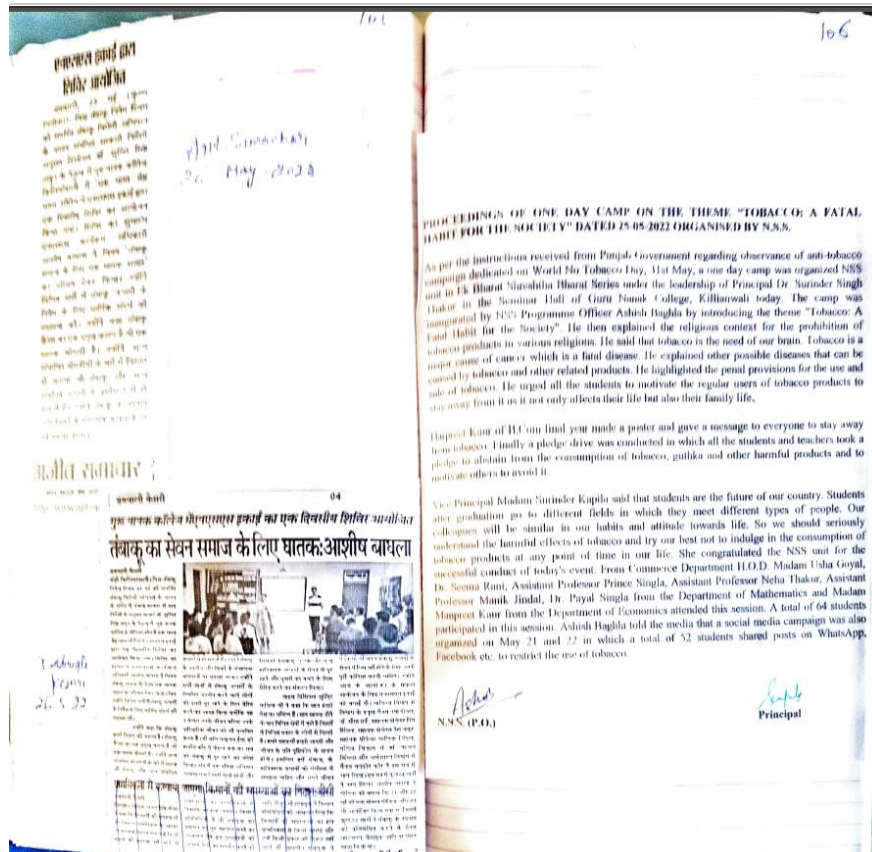
# GURU NANAK COLLEGE

Postgraduate Multi Faculty Premier College

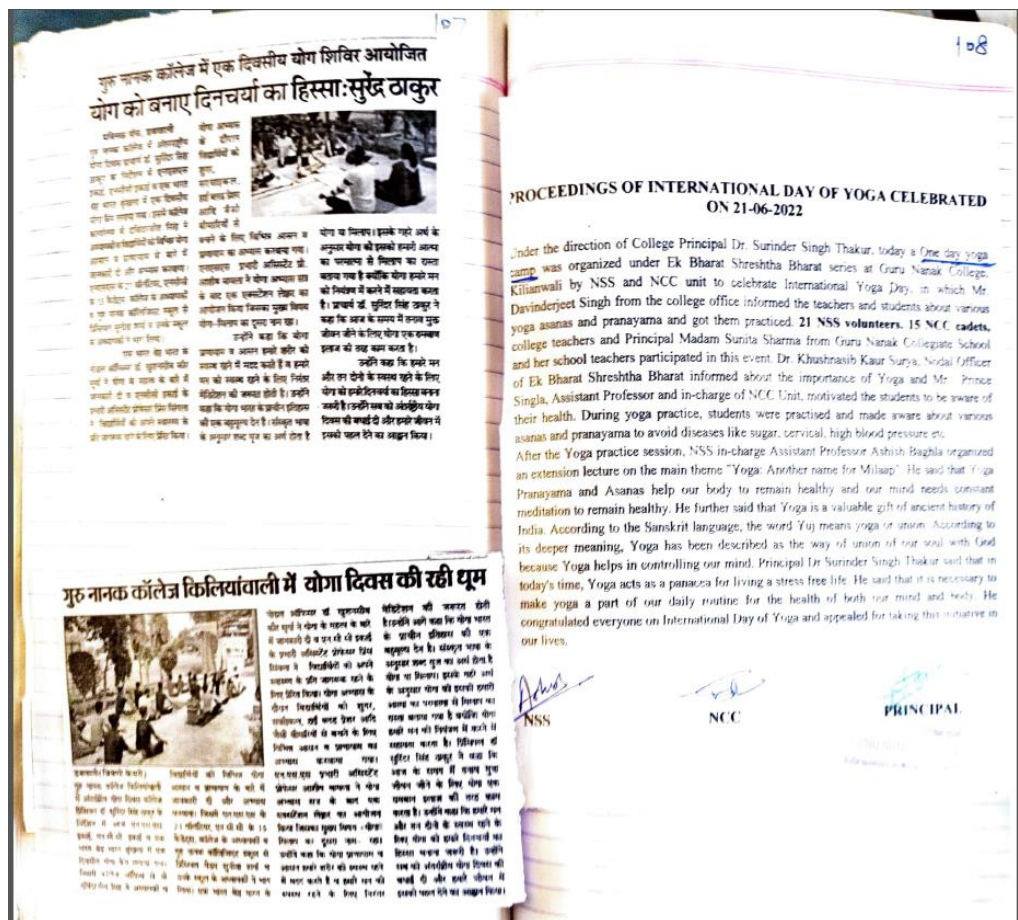
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Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



## 4. Computing Skills

28  
08 March 2022

A meeting was held with Principal  
Sis Dr. S.S. Thakur and IQAC  
Coordinator Sis Dr. Bharat Khosla in  
Principal office. The meeting was regarding  
celebration of Pi Day which falls  
on 14 March every year. It was  
decided in the meeting that this  
year a National Level Online quiz  
will be organized which will go on  
on 12 March 2022 to 14 March 2022.  
For awareness to mathematics  
students, research scholars in  
online Mode. Brochure and google link  
will be made for this.

Dr. S.S. Thakur  
Department of Mathematics

Dr. Bharat Khosla  
IQAC Coordinator

Dr. S.S. Thakur  
Principal



16 March 2022 99

Department of Mathematics in collaboration with IIT Roorkee organized a National Level Online Quiz Competition which held from 12 march to 14 march 2022. For this a information in sms mode was circulated through social media to students, Research scholars on 12 march 2022. For this a link is provided to all to participate in online quiz competition through social media. Total 188 participants participate in online quiz competition and out of this 188 participants only 98 participants scores 80% and above 80% marks. As it was already decided that certificates were issued only to those who gets  $\geq 80\%$  marks. So 98 certificates are issued to qualified participants. Brochure of this is in document file. Quiz was made in google form using email - [payel.singh86@gmail.com](mailto:payel.singh86@gmail.com) with the help of Mr. Anshu Shah (Asst. Prof. Commerce).

**गुरु नानक कॉलेज में ऑनलाइन राष्ट्रीय विज्ञ प्रतियोगिता का आयोजन**

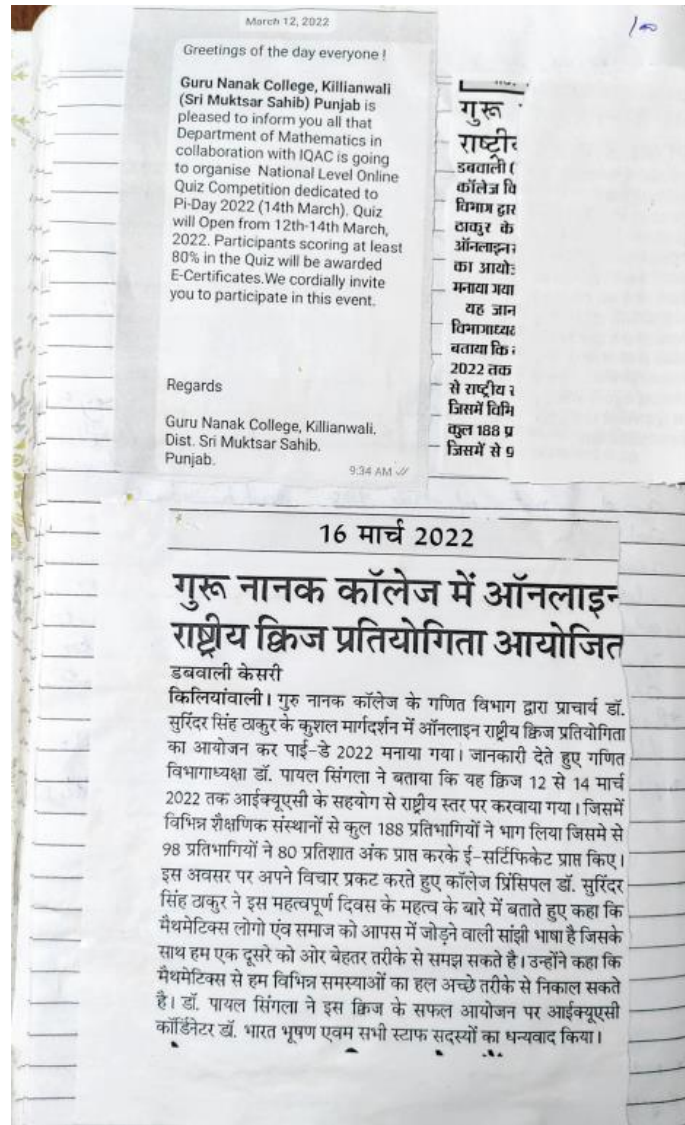
दरम्यान (त्रिमेसी वेबसाईट) पर नए नए क्विज प्रतियोगिताओं का आयोजन किया जा रहा है। इन क्विज प्रतियोगिताओं में भाग लेने वाले छात्रों को नए नए विषयों पर जानकारी मिलेगी और वे अपने ज्ञान को बढ़ा सकते हैं।

यह क्विज प्रतियोगिताएं ऑनलाइन होती हैं और इनमें भाग लेने के लिए आपको किसी भी विशेष उपकरण की आवश्यकता नहीं है। आप अपने घर से या किसी भी जगह से भाग ले सकते हैं।

यह क्विज प्रतियोगिताएं विभिन्न विषयों पर आयोजित की जाती हैं, जैसे कि गणित, विज्ञान, इतिहास, साहित्य, आदि। आप अपनी रुचि के अनुसार क्विज चुन सकते हैं।

यह क्विज प्रतियोगिताएं आपके ज्ञान को बढ़ा देने के लिए हैं और आपको नए नए विषयों पर जानकारी मिलाने का अवसर देती हैं। आप इन क्विज प्रतियोगिताओं में भाग लेकर अपने ज्ञान को बढ़ा सकते हैं और अपने भविष्य के लिए तैयार हो सकते हैं।

Records (e-proof) is in google drive as in email - [payel.singh86@gmail.com](mailto:payel.singh86@gmail.com)





# GURU NANAK COLLEGE

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**GURU NANAK COLLEGE, KILLIANWALI**

**(DIST. SRI MUKTSAR SAHIB), PUNJAB**

Affiliated to Panjab University, Chandigarh

NAAC Accredited Grade 'B'

**DEPARTMENT OF MATHEMATICS**

**IN COLLABORATION WITH IQAC**

ORGANIZING

**NATIONAL LEVEL ONLINE QUIZ COMPETITION**

FROM

**12<sup>th</sup> - 14<sup>th</sup> MARCH, 2022**



Click on the link to participate:

[https://docs.google.com/forms/d/e/1FAIpQLSR7ozg4H8PFIDCqNGZzSC-4\\_0esKDKIA5350XNNGnNPBWA/viewform](https://docs.google.com/forms/d/e/1FAIpQLSR7ozg4H8PFIDCqNGZzSC-4_0esKDKIA5350XNNGnNPBWA/viewform)

**NOTE: E-Certificates will be issued to the participants scoring at least 80% in the quiz.**

Dr. Surinder Singh Thakur  
Principal

Dr. Bharat Bhushan  
IQAC Coordinator

Dr. Payal Singla  
Convener  
Head, Department of Mathematics

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)





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Guru Nanak College, Killianwali (Sri Muktsar Sahib)  
Punjab. National Level Online Quiz Competition  
organised by Department of Mathematics in  
Collaboration with IQAC dedicated to Pi-Day  
2022 (14th March).

Open from 12th-14th March, 2022. Participants scoring at least 80% in the Quiz will be awarded E-Certificates.

Email \*

Valid email

This form is collecting emails. [Change settings](#)

Name



Short answer

Short answer text

☒ Answer key (0 points)



Required ☐

Designation \*

Short answer text

Name of the organisation \*

Short answer text

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1. If  $\alpha, \beta, \gamma$  are the angles of a triangle ABC, then  $\sin(\alpha + \beta) =$  \*

- ☐  $\tan \gamma$
- ☐  $-\cos \gamma$
- ☐  $\cos \gamma$
- ☐  $\sin \gamma$

2. The linear and quadratic functions are examples of \*

- ☐ Polynomial functions
- ☐ Variable function
- ☐ Mean function
- ☐ Constant function

3. The behavior of the function depends upon the behavior of \*

- ☐ double degree
- ☐ zero degree
- ☐ higher degree
- ☐ lower degree

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4. The function behaves as  $x$  assuming larger positive values and negative values is classified as \*

- ☐ Larger direction
- ☐ Ultimate direction
- ☐ Ultimate variables
- ☐ Smaller direction

5. The objectives such as minimizing the total transportation cost and the total delivery are classified as \*

- ☐ Ordination models
- ☐ Transportation models
- ☐ Destination models
- ☐ Origins models

6. The Domain of  $\csc x$  is \*

- ☐  $[-1, 1]$
- ☐  $\mathbb{R}$
- ☐  $\mathbb{R} - \{x/x = (2n+1)\pi/2, n \in \mathbb{Z}\}$
- ☐  $\mathbb{R} - \{x/x = n\pi, n \in \mathbb{Z}\}$







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7. The type of function which contain two independent variables is classified as \*

- ☐ Bivariate Function
- ☐ Univariate Function
- ☐ Variate Function
- ☐ Multivariate Function

8. The notation of mapping input values to output values is written as \*

- ☐  $f : x \rightarrow y$
- ☐  $f : y \rightarrow x$
- ☐  $x : y \rightarrow f$
- ☐  $x : f \rightarrow y$

9. The x - intercept of parabola shows the value of x when the value of \*

- ☐  $c = 2$
- ☐  $y = 0$
- ☐  $a = 2$
- ☐  $b = 2$



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10. The variable in dual problem which can assume the negative values, positive values or zero \*  
values is classified as

- ☐ Unrestricted constant
- ☐ restricted constant
- ☐ Unrestricted variable
- ☐ restricted variable

11. The objective function solution set containing points which has no bound over it is  
considered as \*

- ☐ Multiple point solution
- ☐ Single point solution
- ☐ Unbounded solution
- ☐ Bounded solution

12. The matrix which does not have an inverse by solving it, is classified as \*

- ☐ Unidentified matrix
- ☐ Linear Matrix
- ☐ Non – singular matrix
- ☐ Singular matrix



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13. In the inverse and systems of equations, the matrix inverse for systems of equation is used \*  
to determine

- ☐ Identified set of equation
- ☐ Variable set of equation
- ☐ Solution set of equations
- ☐ Constant set of equations

14. The condition which is signaled as artificial variable appearing at positive value on optimal \*  
basis is classified as

- ☐ No feasible solution condition
- ☐ One feasible solution condition
- ☐ Two feasible solution condition
- ☐ Three feasible solution condition

15. In simplex method basic solution set as  $(n - m)$ , all the variables other than basic are \*  
classified as

- ☐ Constant variable
- ☐ Non positive variables
- ☐ Basic variables
- ☐ Non - Basic variables







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16. The point in parabola where it passes through y – axis is classified as \*

- ☐ a-Intercept of parabola
- ☐ c-Intercept of parabola
- ☐ x- Intercept of parabola
- ☐ y- Intercept of parabola



17. The function of two variables in a way that u is dependent variable and v is independent variable is written as \*

- ☐  $u = f(v)$
- ☐  $f = u(v)$
- ☐  $v = f(u)$
- ☐  $f = v(u)$

18. The feasible region's optimal solution for a linear objective always includes \*

- ☐ Downward point
- ☐ upward point
- ☐ Corner point
- ☐ Front point



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19.  $\{x/x \in \mathbb{N}, x \leq 10\}$  is the

\*

- ☐ set builder notation
- ☐ tabular method
- ☐ descriptive method
- ☐ non - descriptive method

20.  $\{X / x \in \mathbb{N} \text{ and } x < 1\}$  is the

\*

- ☐ Singleton set
- ☐ The set with two points
- ☐ A set with three points
- ☐ Empty set

16 March 2022

**क्या आपका बच्चा ठीक से बोल नहीं पाता**

**तो सम्पर्क करें:-**

**संजीवनी फिजियोथैरेपी एंड रिहैबिलिटेशन सेंटर**

पंजाब बस स्टैंड के सामने ट्रक यूनिनन वाली गली,  
 मंडी किलियांवाली-डबवाली मों. 80545-38807, 99924-40657  
**सुविधाएं:-**

-कान की मशीनें -स्पीच थैरेपी  
 -हकलाने तुतलाने का सम्पूर्ण ईलाज



**नोट: नाक, कान, गले की रोगी, मिलें: सुबह 9 से 5 बजे तक**

## गुरु नानक कॉलेज में ऑनलाइन राष्ट्रीय क्विज प्रतियोगिता का आयोजन

डबवाली (लहू की लौ) गुरु नानक प्रतिष्ठित अंक प्राप्त करके ई-  
 कॉलेज किलियांवाली के गणित सर्टिफिकेट प्राप्त किए।

विभाग द्वारा प्राचार्य डॉ. सुरिंदर सिंह इस अवसर पर अपने विचार प्रकट  
 ठाकुर के कुशल मार्गदर्शन में करते हुए कॉलेज प्रिंसिपल डॉ. सुरिंदर  
 ऑनलाइन राष्ट्रीय क्विज प्रतियोगिता सिंह ठाकुर ने इस महत्वपूर्ण दिवस के  
 का आयोजन कर पाई-डे 2022 महत्व के बारे में बताते हुए कहा कि  
 मनाया गया। मैथमेटिक्स लोगों एवं समाज को

यह जानकारी देते हुए गणित आपस में जोड़ने वाली सांझी भाषा है  
 विभागाध्यक्षा डॉ. पायल सिंगला ने जिसके साथ हम एक दूसरे को ओर  
 बताया कि यह क्विज 12 से 14 मार्च जितने के साथ हम एक दूसरे को ओर  
 2022 तक आईक्यूएसी के सहयोग करते हुए कॉलेज प्रिंसिपल डॉ. सुरिंदर  
 से राष्ट्रीय स्तर पर करवाया गया। सिंह ठाकुर ने इस क्विज के सफल  
 जिसमें विभिन्न शैक्षणिक संस्थानों से आयोजन पर आईक्यूएसी कोऑर्डिनेटर  
 कुल 188 प्रतिभागियों ने भाग लिया डॉ. भारत भूषण एवम सभी स्टाफ  
 जिसमें से 98 प्रतिभागियों ने 80 सदस्यों का धन्यवाद किया।



## त्रिवेणी केसरी

3

### मेडिकल योजन



शिवाली ने किया  
प ने मानसिक रोगियों  
त बंसल ने जर्नल  
मरीजों का इलाज

हुए सभी रोगियों के  
र की जांच फी की

तह के मरीजों को  
जुल मुफ्त दी गई  
इस मौके पर सभी  
यों को नैनो तहल  
ने गई  
त में श्री रंजीत सिंह  
प में सेवा करने के  
किया

## महाराण प्रताप महिला महाविद्यालय में सात दीवसीय एन.एस.एस कैंप का शुभारंभ



डबवाली (त्रिवेणी केसरी)

मंगलवार को महाराण प्रताप

महिला महाविद्यालय में प्राचार्य  
पूनम बधवा एवं एन.एस.एस

प्रभारी डा. उषा के मार्ग अर्शन में  
आर्य समाज धर्मशाला में सात  
दीवसीय एन.एस.एस कैंप का  
शुभारंभ किया गया। इस कार्यक्रम  
में महाविद्यालय की प्रबंधक  
समिति के प्रधान डा. गिरधारी लाल  
बतौर मुख्य अतिथि शामिल हुए।  
उन्होंने अपने संबोधन में स्वयं  
सेविकाओं को कहा कि इस प्रकार  
के कैंप का मुख्य उद्देश्य समस्या  
के साथ जुड़ना है।  
हमें समाज में रहने वाले लोगों की  
समस्याओं को जानना चाहिए व  
उनका समाधान करने का प्रयास  
करना चाहिए। उन्होंने विशेष रूप

से युवाओं में फैल रहे नरों की  
समस्या पर चिंता तज्ज्ञ और कहा  
कि हमें इस समस्या को जड़  
से खत्म करने के लिए प्रयासरत  
रहना है।

उन्होंने कार्य के लिए हर सम्भव  
सहयोग देने की बात कही।

इस अवसर पर प्राचार्य पूनम  
बधवा ने कहा कि छात्रों को  
अपने सर्वांगीण विकास अर्थात  
बौद्धिक, शारीरिक एवं मानसिक  
विकास की और ध्यान देना  
चाहिए। इस अवसर पर छात्रों  
ने बेटी बचाओ बेटी पढ़ाओ विषय  
पर रैली भी निकाली।

## गुरु नानक कॉलेज में ऑनलाइन राष्ट्रीय विद्यार्थी प्रतियोगिता का आयोजन

डबवाली (त्रिवेणी केसरी)

गुरु नानक कॉलेज किल्लियावाली  
के गणित विभाग द्वारा प्राचार्य डॉ.  
सुरिंदर सिंह ठाकुर के कुरुल  
मार्गदर्शन में ऑनलाइन राष्ट्रीय  
विद्यार्थी प्रतियोगिता का आयोजन कर  
पाई-डे 2022 मनाया गया।  
मीडिया को बताते हुए गणित  
विभागाध्यक्ष डॉ. पायल सिंगला ने

बताया कि यह क्रिज 12 से 14  
मार्च 2022 तक आईक्यूएसी के  
सहयोग से राष्ट्रीय स्तर पर करवाया  
गया।

जिसमें विभिन्न शैक्षणिक संस्थानों  
से कुल 188 प्रतिभागियों ने भाग  
लिया जिसमें से 98 प्रतिभागियों ने  
80th अंक प्राप्त करके ई-  
सर्टिफिकेट प्राप्त किए। इस अवसर

पर अपने विचार प्रकट करते हुए  
कॉलेज प्रिंसिपल डॉ. सुरिंदर सिंह  
ठाकुर ने इस महत्वपूर्ण दिवस के  
महत्व के बारे में बताते हुए कहा  
कि मैथमेटिक्स लोगों एवम समाज  
को आपस में जोड़ने वाली सांझी  
भाषा है।

जिस्के साथ हम एक दूसरे को  
और बेहतर तरीके से समझ सकते

हैं व कहा कि मैथमेटिक्स से हम  
विभिन्न समस्याओं का हल अच्छे  
तरीके से निकाल सकते हैं।

डॉ. पायल सिंगला ने इस क्रिज के  
सफल आयोजन पर आई क्यू ए  
सी कॉर्डिनेटर डॉ. भारत भूषण  
एवम सभी स्टाफ सदस्यों का  
धन्यवाद किया।



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## Computing Skills with Vedic Mathematics



**GURU NANAK COLLEGE, KILLIANWALI**

NAAC ACCREDITED GRADE "B"  
RECOGNIZED BY UGC UNDER SECTION 2(F) & 12(B) & PERMANENTLY AFFILIATED TO PANJAB UNIVERSITY CHANDIGARH

Report on Three Day Vedic Mathematics Workshop w.e.f.

30<sup>th</sup> May, 2022 to 1<sup>st</sup> June, 2022



Venue- Seminar Hall, Guru Nanak College Killianwali,

District Sri Muktsar Sahib

Organized by

Department of Mathematics in collaboration with IQAC



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Postgraduate Multi Faculty Premier College  
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## Introduction

Vedic Mathematics is the name given to the ancient system to the Mathematics , which was rediscovered from the Vedas between 1911 and 1918 by Sri Bharti Krishna Tirathji according to his research all of mathematics is based on sixteen sutras or word formulae.

For example vertically and crosswise is one these sutras.

These formulae describe the way the mind naturally works and are therefore a great help in directing the student to the appropriate method of solution Vedic mathematics has been created after some interesting feedback from folks.

Vedic mathematics refers to a technique of calculations based on a set of 16 sutras or aphorisms as algorithms and their UPSC sutras or calories drive from the sutras its enthusiastic advanced the claim that any mathematical problem can be solved mentally with the sutras the workshop on Vedic Mathematics was organised to create interest to study the mathematics among students Vedic Mathematics sutras to solve mathematical mathematics in easy and faster way it consists of 16 which can be used for problems involved in arithmetic algebra geometry calculus conics using regular mathematical steps solving problems sometimes are complex and time consuming but using Vedic Mathematics general technic specific technics and numerical calculations can be done very fast about 50 students of benefited by the workshop this workshop was organised by Department of Mathematics.

## Vision





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The vision behind organising the workshop was to lay a strong foundation for basic mathematics and to get rid of math phobia from students mind.

#### Objectives

Eradicates the fear of Mathematics and instills confidence.

Improves calculation speed and numerical skills

Sharpens the brain

Helpful to crack any scholarship exam and entrance exams.

It also facilitates a habit of analytic thinking towards a problem.

It is useful for everyone – students, professionals, teachers, parents.

To reduce dropouts in Mathematics.



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## Vedic Mathematics workshop

### Day 1

The workshop started at 1:00 a.m. sharp on 30th June 2022. Approximately 40 of the students of Guru Nanak College joined the workshop on the first day. Dr. Payal Singla, Head Department Of Mathematics, started the session with the introduction of Vedic Mathematics. She welcomes the Vice Principal Mrs. Surinder Kapila and IQAC Co-Ordinator Dr. Bharat Bhushan for the presence in the workshop.

Vice Principal Mrs. Surinder Kapila motivated all the participants to participate actively in the workshop and blesses the participants that they improve their memory and boosts self-confidence by learning these Techniques. Dr. Bharat Bhushan said that Vedic Mathematics accelerates our brain, enhances mental agility and intelligence, so all participants should increase their interest in solving problems with short cuts.

Presentation was made by Dr Payal Singla which include different techniques, shortcuts from Vedic Mathematics which accurate and speedy the calculations. Presentation was interactive and informative as all the tricks covered in this presentation is helpful and easy to learn mathematics for the students.

Some of the Sutras with Examples are explained as

### Ekadhikena Purvena (एकाधिकेन पूर्वेण)

The Sutra means: "By one more than the previous one".

पहले से एक अधिक के द्वारा।

1. This sutra is useful to the 'squaring of numbers ending in 5'.

**Example:**  $25^2$ .

For the number 25, the last digit is 5 and the 'previous' digit is 2.

According to formula 'One more than the previous one', that is,  $2+1=3$ .



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## Vedic Mathematics workshop

### Day 2

Second day of workshop on Vedic Mathematics started at 1:00 p.m. with brief revision of the yesterday's tricks. After that doctor Payal Singla started to introduce more techniques with students she started with how to make mathematics easy how remove maths phobia and make mathematics interesting and bring more marks in mathematics.

Some of the Sutras with Examples are explained as

Nikhilam Navatas'charamam Dasatah (निखिलम् नवतश्चरमं दशतः)

The formula simply means: "all from 9 and the last from 10"

सभी नौ में से परन्तु अन्तिम दस में से।

iii. One number is more and the other is less than the base.

In this situation one deviation is positive and the other is negative. So the product of deviations becomes negative. So the right hand side of the answer obtained will therefore have to be subtracted.

$$\begin{array}{r} 14 \quad +4 \\ 08 \quad -2 \\ \hline = 14 - 2 + (+4) \times (-2) \\ \text{or} = 8 + 4 + (+4) \times (-2) \\ = 12 + (-8) \\ = 11 + (10 - 8) \\ = 11 + 2 \\ = 112 \end{array}$$

12 / (-8) = 112 how?

12 / (-8) should be read as 'one two, eight bar'. Here 'one' and 'two' are in normal form. 'Eight' is in complement form (परम मित्र रूप में). So, when





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Dr Payal Singla said that Shri Krishna Bharti had tried to make math easy by Vedic Mathematics in 1971 Krishna Swamy had given 16 formulas on Vedic Mathematics which has been approved by "Worlds Parliament". Dr. Bharat Bhushan said that Vedic Mathematics accelerates our brain, enhances mental agility and intelligence, so all participants should increase their interest in solving problems with short cuts.

The 16 Sutras of Vedic Math

S.No.	Sutras	Translation
1	<i>Ekadhikina Purvena</i> <u>एकधिकेन पूर्वेण</u>	Corollary: Anurupyena By one more than the previous one
2	<i>Nikhilam</i> <i>Navatashcaramam</i> <i>Dashatah</i> <u>निखिल नवतः दशतः</u>	Corollary: Sisyate Sesamajnah All from 9 and the last from 10
3	<i>Urdhva-Tiryagbyham</i> <u>ऊर्ध्व-तिर्यग्भ्याम्</u>	Corollary: Adyamadyenantyamantyena Vertically and crosswise
4	<i>Paraavartya Yojayet</i> <u>परावर्त्य योजयेत्</u>	Corollary: Kevalaih Saptakam Gunyat Transpose and adjust
5	<i>Shunyam</i> <i>Saamyasamuccaye</i> <u>शून्यं साम्यसमुच्चये</u>	Corollary: Vestanam When the sum is the same that sum is zero
6	<i>(Anurupye)</i> <i>Shunyamanyat</i> <u>(आनुरूप्ये) शून्यमन्यत</u>	Corollary: Yavadunam Tavadunam If one is in ratio, the other is zero
7	<i>Sankalana-vyavakalanabhyam</i> <u>संकलन व्यवकलनाभ्याम्</u>	Corollary: Yavadunam Tavadunikritya Varga Yojayet By addition and by subtraction
8	<i>Puranapuranabyham</i> <u>पुराणापुराणभ्याम्</u>	Corollary: Antyayordashake'pi By the completion or non-completion
9	<i>Chalana-Kalanabyham</i> <u>चलनकलनाभ्याम्</u>	Corollary: Antyayoreva Differences and Similarities



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## Vedic Mathematics workshop

### Day 3

Concluding day of the workshop started by Dr. Payal Singla, Head Department Of Mathematics, with the welcome of Principal Dr. Surinder Singh Thakur at 1:00 p.m. .Approximately 50 students during the session were actively participating and were coming up with so many queries which was solved by Dr Payal Singla. Principal Surinder Singh Thakur told that Vedic Mathematics is a collection of formulas to solve mathematical arithmetic in an easy and fast way which was discovered by Indian Mathematician Jagadguru Bharati Krishna Tirtha ji. This workshop has been organized with an aim to solve maths problems in easy and interesting ways. He also explains a well known quotation of Swami Vivekananda "Arise, Awake and Stop Not Till the Goal is Reached".

Some of the Sutras with Examples are explained as

### Urdhva Tiryagbhyam (उर्ध्व तिर्यग्भ्याम्)

It means "Vertically and cross wise."

सीधे और तिरछे दोनो प्रकार से।

Urdhva – tiryagbhyam is the general formula applicable to all cases of multiplication and also in the division of a large number by another large number.

### Example: 12 X 13

The symbols are operated from right to left.

1. Multiply vertically 2X3

$$\begin{array}{r} 12 \\ \times 13 \\ \hline \end{array}$$

2. Multiply crosswise 1X2 and 1X3





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calculations. Principal Dr. Surendra Singh Thakur congratulated to all the participants and Winners. Prizes were given to the winning students.





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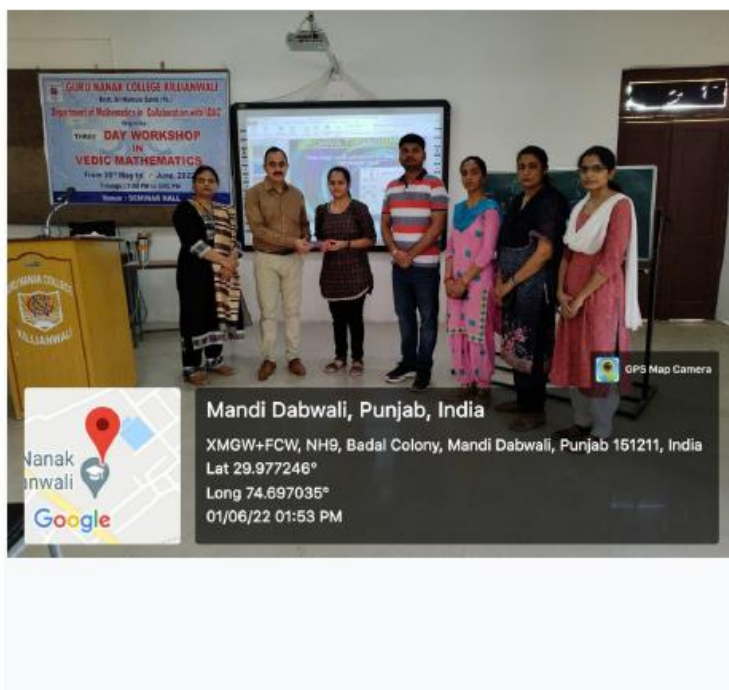




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## गुरु नानक कॉलेज में वैदिक गणित पर तीन दिवसीय कार्यशाला का आयोजन

उदयपुरा साहिब, 31 मई (इसपत्र)। गुरुनानक कॉलेज किलियनवाली में गणित विभाग द्वारा वैदिक गणित पर तीन दिवसीय कार्यशाला का आयोजन किया गया। इस कार्यशाला में प्रमुख अतिथि गणित विभाग के अध्यक्ष डॉ. प्रदीप सिंह ने उद्घाटन किया। उन्होंने कहा कि वैदिक गणित का अध्ययन करने से हमें अपने जीवन में बहुत कुछ सीखने का अवसर मिलेगा। उन्होंने कहा कि वैदिक गणित का अध्ययन करने से हमें अपने जीवन में बहुत कुछ सीखने का अवसर मिलेगा। उन्होंने कहा कि वैदिक गणित का अध्ययन करने से हमें अपने जीवन में बहुत कुछ सीखने का अवसर मिलेगा।



कार्यशाला के अध्यक्ष डॉ. प्रदीप सिंह ने कहा कि वैदिक गणित का अध्ययन करने से हमें अपने जीवन में बहुत कुछ सीखने का अवसर मिलेगा। उन्होंने कहा कि वैदिक गणित का अध्ययन करने से हमें अपने जीवन में बहुत कुछ सीखने का अवसर मिलेगा। उन्होंने कहा कि वैदिक गणित का अध्ययन करने से हमें अपने जीवन में बहुत कुछ सीखने का अवसर मिलेगा।

## कार्यशाला में गणित विषय के प्रति रुचि पैदा करने का किया प्रयास



प्रमुख अतिथि, उदयपुरा साहिब

गुरु नानक कॉलेज किलियनवाली में गणित विभाग द्वारा वैदिक गणित पर आयोजित तीन दिवसीय कार्यशाला के अंतिम दिन गणित विभाग के अध्यक्ष डॉ. प्रदीप सिंह ने प्रतिभागियों को वैदिक गणित के माध्यम से गणित की जटिल समस्याओं को बहुत ही कम समय में हल करने की तकनीक से अवगत कराया।

इस कार्यशाला के दौरान बच्चों में गणित विषय के प्रति रुचि पैदा करने का एक सफल प्रयास किया गया। इस कार्यशाला के दौरान प्रतिभागी छात्र तेजी से और सटीक रूप से गणना करना शुरू कर चुके हैं। आज की कार्यशाला के अंत में एक प्रतियोगिता का प्रबंध भी किया गया जिसमें तीव्रता से सभी गणना करने के लिए बी.बी.म. द्वितीय के

छात्र प्रिंस, दीक्षा, ओशीन मोंगा को पुरस्कृत किया गया।

प्राचार्य डॉ. सुरेंद्र सिंह ठाकुर द्वारा सभी प्रतिभागियों को बधाई दी गई और विजेता विद्यार्थियों को पुरस्कार दिए गए। प्राचार्य ठाकुर ने बताया कि वैदिक गणित, गणितीय अंकगणित को आसान और तेज तरीके से हल करने के लिए सुर्खों का एक संग्रह है जिसे भारतीय गणितज्ञ बगदुर भालू कृष्ण लोथी जी द्वारा खोजा गया था। यह कार्यशाला आसान और रुचिकर तरीकों से गणित की समस्याओं को हल करने के उद्देश्य से आयोजित की गई है। इस कार्यशाला में कॉलेज के लगभग 50 छात्रों ने भाग लिया तथा खूबान्विता हुए। कार्यशाला में महाविद्यालय के अन्य प्राध्यापक भी उपस्थित थे।



वैदिक गणित पर तीन  
दिवसीय कार्यशाला सम्पन्न

हथकड़ी (सबू की री) गुरु  
पाक: कौलेर किलिमनारो ने  
केनित थिगला ड्रान केनिक गथिला  
पर जायकीक रीन दिगसीम  
कर्मकला के अतिम दित गथिला  
थिगलाकला री पाकल थिगला  
ने अतिमरी हथी की रीकिक  
गथिल के पाकम ने गथिल की  
अतिम समलजो की बहुत की  
काम समय में हल कररी की  
ककनीक ले अकल कलाप।

आज का भूखे हैं। आज का कर्मचारी  
के जेब में एक ड्राइंग पेन  
पाया। श्री बिनाश कला निगम

मृगु। प्रयाग प्रभात में अक्षय  
विहारी सिंह, पश्चिम अक्षय  
को, अक्षय, और सेन को

हम कार्यशाला के जल्दिय चर्चाओं में पश्चिम निम्न के प्रति रणिय पैदा करने का एक महत्व प्रयास किया गया। हम कार्यशाला के दौरान प्रतिभाशाली छात्रों को और शरीरक साथ से महत्व कलना हुआ।

अपने भी बिचाया गया जिसमें प्रकाश से बड़ी लगन करने के लिए बी.के.एम. इन्स्टीट्यूट के लिये, प्रकाश, ओमिका, योग को प्रेरणा प्रदान किया गया।

प्रकाश जी, मुझे सिंह लालू के निवेदन के बाद मैंने भी आकाश के

गैंगों, सरसों व जई की किस्मों के लिए प्राइवेट बीज कंपनी के साथ हुआ समझौता

सं  
सुपरी  
सुपरी  
जिले के  
अभिष  
कर्मच  
वही क  
लिए  
समवे  
30

30  
सुप

रा बंजारा  
 ल गुजरा  
 मे जयपुरी  
 न मध्याह्न  
 की हजारा  
 र हजारा  
 का राज्य  
 में ने राजा  
 क हज़ार

त्रिवेणी केसरी

10/10/2022

## त्रिवेण

गुरु नानक कॉलेज में गणित विभाग द्वारा वैदिक गणित पर आयोजित तीन दिवसीय कार्यशाला का समापन

[illegible]

हमारे (विदेशी) के।  
 एक अन्य अतिरिक्त विचार  
 यह है कि हमारे पास बहुत सी चीजें  
 हैं जो अमेरिकी लोग हमारे विदेशी  
 सहायकों से अधिक पैसा हमारे  
 विदेशवासियों से कम देते हैं।  
 अमेरिकी लोग हमारे विदेशी  
 सहायकों से अधिक पैसा हमारे  
 विदेशवासियों से कम देते हैं।  
 अमेरिकी लोग हमारे विदेशी  
 सहायकों से अधिक पैसा हमारे  
 विदेशवासियों से कम देते हैं।

६ है। इसीलिए, हमें अपने जीवन में  
 ७ १०० प्रतिशत की कोशिश करनी चाहिए।  
 ८ १०० प्रतिशत की कोशिश करने से ही हम  
 ९ १०० प्रतिशत की जीत पा सकते हैं।  
 १० १०० प्रतिशत की कोशिश करने से ही हम  
 ११ १०० प्रतिशत की जीत पा सकते हैं।  
 १२ १०० प्रतिशत की कोशिश करने से ही हम  
 १३ १०० प्रतिशत की जीत पा सकते हैं।  
 १४ १०० प्रतिशत की कोशिश करने से ही हम  
 १५ १०० प्रतिशत की जीत पा सकते हैं।



Attendance Sheet for Three Days Workshop on  
"VEDIC MATHEMATICS" held from 30-05-2022 to 01-06-2022 by Department of  
Mathematics in Collaboration with IQAC Guru Nanak College Killianwali  
20/05/22

S.No.	Roll No.	Class	Signature Day 1	Signature Day 2	Signature Day 3	Name
1	1125	B.Com II	Sahil	Sahil	Sahil	Sahil
2	1127	B.Com II	Sahil	Sahil	Sahil	Sahil
3	1128	B.Com II	Sahil	Sahil	Sahil	Sahil
4	1129	B.Com II	Sahil	Sahil	Sahil	Sahil
5	1130	B.Com II	Sahil	Sahil	Sahil	Sahil
6	1131	B.Com II	Sahil	Sahil	Sahil	Sahil
7	1132	B.Com II	Sahil	Sahil	Sahil	Sahil
8	1133	B.Com II	Sahil	Sahil	Sahil	Sahil
9	1134	B.Com II	Sahil	Sahil	Sahil	Sahil
10	1135	B.Com II	Sahil	Sahil	Sahil	Sahil
11	1136	B.Com II	Sahil	Sahil	Sahil	Sahil
12	1137	B.Com II	Sahil	Sahil	Sahil	Sahil
13	1138	B.Com II	Sahil	Sahil	Sahil	Sahil
14	1139	B.Com II	Sahil	Sahil	Sahil	Sahil
15	1140	B.Com II	Sahil	Sahil	Sahil	Sahil
16	1141	B.Com II	Sahil	Sahil	Sahil	Sahil
17	1142	B.Com II	Sahil	Sahil	Sahil	Sahil
18	1143	B.Com II	Sahil	Sahil	Sahil	Sahil
19	1144	B.Com II	Sahil	Sahil	Sahil	Sahil
20	1145	B.Com II	Sahil	Sahil	Sahil	Sahil
21	1146	B.Com II	Sahil	Sahil	Sahil	Sahil
22	1147	B.Com II	Sahil	Sahil	Sahil	Sahil
23	1148	B.Com II	Sahil	Sahil	Sahil	Sahil
24	1149	B.Com II	Sahil	Sahil	Sahil	Sahil
25	1150	B.Com II	Sahil	Sahil	Sahil	Sahil
26	1151	B.Com II	Sahil	Sahil	Sahil	Sahil
27	1152	B.Com II	Sahil	Sahil	Sahil	Sahil
28	1153	B.Com II	Sahil	Sahil	Sahil	Sahil
29	1154	B.Com II	Sahil	Sahil	Sahil	Sahil
30	1155	B.Com II	Sahil	Sahil	Sahil	Sahil
31	1156	B.Com II	Sahil	Sahil	Sahil	Sahil
32	1157	B.Com II	Sahil	Sahil	Sahil	Sahil
33	1158	B.Com II	Sahil	Sahil	Sahil	Sahil
34	1159	B.Com II	Sahil	Sahil	Sahil	Sahil
35	1160	B.Com II	Sahil	Sahil	Sahil	Sahil
36	1161	B.Com II	Sahil	Sahil	Sahil	Sahil
37	1162	B.Com II	Sahil	Sahil	Sahil	Sahil
38	1163	B.Com II	Sahil	Sahil	Sahil	Sahil
39	1164	B.Com II	Sahil	Sahil	Sahil	Sahil
40	1165	B.Com II	Sahil	Sahil	Sahil	Sahil
41	1166	B.Com II	Sahil	Sahil	Sahil	Sahil
42	1167	B.Com II	Sahil	Sahil	Sahil	Sahil
43	1168	B.Com II	Sahil	Sahil	Sahil	Sahil
44	1169	B.Com II	Sahil	Sahil	Sahil	Sahil
45	1170	B.Com II	Sahil	Sahil	Sahil	Sahil
46	1171	B.Com II	Sahil	Sahil	Sahil	Sahil
47	1172	B.Com II	Sahil	Sahil	Sahil	Sahil
48	1173	B.Com II	Sahil	Sahil	Sahil	Sahil
49	1174	B.Com II	Sahil	Sahil	Sahil	Sahil
50	1175	B.Com II	Sahil	Sahil	Sahil	Sahil
51	1176	B.Com II	Sahil	Sahil	Sahil	Sahil
52	1177	B.Com II	Sahil	Sahil	Sahil	Sahil
53	1178	B.Com II	Sahil	Sahil	Sahil	Sahil
54	1179	B.Com II	Sahil	Sahil	Sahil	Sahil
55	1180	B.Com II	Sahil	Sahil	Sahil	Sahil
56	1181	B.Com II	Sahil	Sahil	Sahil	Sahil
57	1182	B.Com II	Sahil	Sahil	Sahil	Sahil
58	1183	B.Com II	Sahil	Sahil	Sahil	Sahil
59	1184	B.Com II	Sahil	Sahil	Sahil	Sahil
60	1185	B.Com II	Sahil	Sahil	Sahil	Sahil
61	1186	B.Com II	Sahil	Sahil	Sahil	Sahil
62	1187	B.Com II	Sahil	Sahil	Sahil	Sahil
63	1188	B.Com II	Sahil	Sahil	Sahil	Sahil
64	1189	B.Com II	Sahil	Sahil	Sahil	Sahil
65	1190	B.Com II	Sahil	Sahil	Sahil	Sahil
66	1191	B.Com II	Sahil	Sahil	Sahil	Sahil
67	1192	B.Com II	Sahil	Sahil	Sahil	Sahil
68	1193	B.Com II	Sahil	Sahil	Sahil	Sahil
69	1194	B.Com II	Sahil	Sahil	Sahil	Sahil
70	1195	B.Com II	Sahil	Sahil	Sahil	Sahil
71	1196	B.Com II	Sahil	Sahil	Sahil	Sahil
72	1197	B.Com II	Sahil	Sahil	Sahil	Sahil
73	1198	B.Com II	Sahil	Sahil	Sahil	Sahil
74	1199	B.Com II	Sahil	Sahil	Sahil	Sahil
75	1200	B.Com II	Sahil	Sahil	Sahil	Sahil



# GURU NANAK COLLEGE

Postgraduate Multi Faculty Premier College  
KILLIANWALI, DISTT. SRI MUKTSAR SAHIB (Pb.) - 151211  
NAAC Accredited Grade "B"

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Mathematics in Collaboration with IQAC Guru Nanak College Killianwali

S.No.	Roll No.	Class	Signature Day 1	Signature Day 2	Signature Day 3	Name
1	1101	1101				Arora
2	1102	1102				Arora
3	1103	1103				Arora
4	1104	1104				Arora
5	1105	1105				Arora
6	1106	1106				Arora
7	1107	1107				Arora
8	1108	1108				Arora
9	1109	1109				Arora
10	1110	1110				Arora
11	1111	1111				Arora
12	1112	1112				Arora
13	1113	1113				Arora
14	1114	1114				Arora
15	1115	1115				Arora
16	1116	1116				Arora
17	1117	1117				Arora
18	1118	1118				Arora
19	1119	1119				Arora
20	1120	1120				Arora
21	1121	1121				Arora
22	1122	1122				Arora
23	1123	1123				Arora
24	1124	1124				Arora
25	1125	1125				Arora
26	1126	1126				Arora
27	1127	1127				Arora
28	1128	1128				Arora
29	1129	1129				Arora
30	1130	1130				Arora
31	1131	1131				Arora
32	1132	1132				Arora
33	1133	1133				Arora
34	1134	1134				Arora
35	1135	1135				Arora
36	1136	1136				Arora
37	1137	1137				Arora
38	1138	1138				Arora
39	1139	1139				Arora
40	1140	1140				Arora
41	1141	1141				Arora
42	1142	1142				Arora
43	1143	1143				Arora
44	1144	1144				Arora
45	1145	1145				Arora
46	1146	1146				Arora
47	1147	1147				Arora
48	1148	1148				Arora
49	1149	1149				Arora
50	1150	1150				Arora
51	1151	1151				Arora
52	1152	1152				Arora
53	1153	1153				Arora
54	1154	1154				Arora
55	1155	1155				Arora
56	1156	1156				Arora
57	1157	1157				Arora
58	1158	1158				Arora
59	1159	1159				Arora
60	1160	1160				Arora
61	1161	1161				Arora
62	1162	1162				Arora
63	1163	1163				Arora
64	1164	1164				Arora
65	1165	1165				Arora
66	1166	1166				Arora
67	1167	1167				Arora
68	1168	1168				Arora
69	1169	1169				Arora
70	1170	1170				Arora
71	1171	1171				Arora
72	1172	1172				Arora
73	1173	1173				Arora
74	1174	1174				Arora
75	1175	1175				Arora
76	1176	1176				Arora
77	1177	1177				Arora
78	1178	1178				Arora
79	1179	1179				Arora
80	1180	1180				Arora
81	1181	1181				Arora
82	1182	1182				Arora
83	1183	1183				Arora
84	1184	1184				Arora
85	1185	1185				Arora
86	1186	1186				Arora
87	1187	1187				Arora
88	1188	1188				Arora
89	1189	1189				Arora
90	1190	1190				Arora
91	1191	1191				Arora
92	1192	1192				Arora
93	1193	1193				Arora
94	1194	1194				Arora
95	1195	1195				Arora
96	1196	1196				Arora
97	1197	1197				Arora
98	1198	1198				Arora
99	1199	1199				Arora
100	1200	1200				Arora

Principal  
Guru Nanak College  
Killianwali (Sri Muktsar Sahib)



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20/06/22 02:56 PM

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Killianwali (Sri Muktsar Sahib)